



CONNECTICUT VETERANS BULLETIN

Saturday 20 January 2024 V.1 of 3

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Sunday 28 January 2024 11:00AM - 2:00PM

[VET CLIMB CT](#)

## VET CLIMB CT

SUN 28 JAN 2024  
1100-1400 FREE  
CLIMBING EVENT

CENTRAL ROCK GYM  
259 EASTERN BLVD  
GLASTONBURY

ALL GEAR INCLUDED  
ALL LEVELS

### **REGISTER EMAIL:**

[VETCLIMBCT@GMAIL.COM](mailto:VETCLIMBCT@GMAIL.COM)  
FREE FOR ALL VETERANS &  
FAMILY/CAREGIVERS

### **Hosted by**

[VETCLIMBCT](#)  
[VETCLIMBCT@GMAIL.COM](mailto:VETCLIMBCT@GMAIL.COM)

### **Location**

CENTRAL ROCK GYM  
259 Eastern Blvd,  
Glastonbury, CT 06033

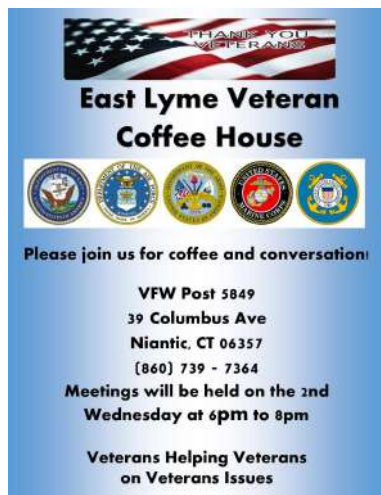
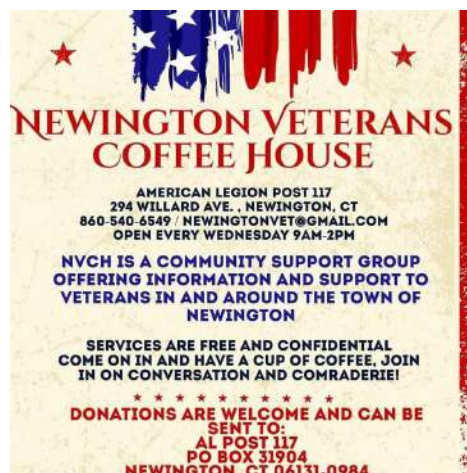


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Tuesday mornings from 8:30-10:30 a.m.  
Elks Lodge 574, 64 Edmond St. Putnam

**Danielson Veterans Coffeehouse** >

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**Military to Machinist**  
 » A Workplace Opportunity.

(203) 610-8141  
[dkeel@workplace.org](mailto:dkeel@workplace.org)

**ARE YOU A VETERAN LIVING IN SOUTHWEST CONNECTICUT AND LOOKING FOR A CAREER IN MANUFACTURING?**

- Virtual classes
- Connect with education and training services
- Receive help to secure apprenticeship and/or employment with local manufacturing companies

No cost to attend. Apply online at  
[www.workplace.org/military-to-machinist](http://www.workplace.org/military-to-machinist)





**FOOD PANTRY AND RESOURCES AVAILABLE**



**Veterans Strong Community Center**  
 Serving Veterans - Past, Present, and Future

111 North Main Street (Bristol City Hall) Bristol, CT 06010  
 Open by appointment Monday – Thursday 8:30 am – 4:00 pm  
 Serving Bristol, Burlington, Harwinton, Plainville, Plymouth, Thomaston and Wolcott

**FOR VETERANS, SERVICE MEMBERS, AND THEIR DEPENDENTS**



THE AMERICAN LEGION  
 MAY-DAVIS STOTZER POST 117

**POST 9/11 SUPPORT GROUP**

Monthly 1st and 4th Wednesday  
 4:30PM - 6:30PM  
 294 Willard Avenue  
 Newington, CT 06111

NEXT CHECK OUT THE ALPHABETICALLY CLASSIFIED SECTION BELOW FOR, DONATIONS NEEDED, FOOD, FUN, MEMBERSHIP OPPORTUNITIES, PROGRAMS, PUBLICATIONS, SERVICES, VETERAN OWNED BUSINESSES, EMERGENCY SERVICES AVAILABLE & MORE TO BE ADDED SOON!!

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## DONATION

[Care Package Drive](#)

### CARE PACKAGE DRIVE



**The WHEELER-YOUNG VETERANS OF FOREIGN WARS**  
Waterbury, Connecticut Post 201

IS ACCEPTING DONATIONS FOR "CARE" PACKAGES IN SUPPORT OF OUR CT NATIONAL GUARD TROOPS DEPLOYED TO AFRICA

SPECIFIC ITEMS REQUESTED BY THOSE TROOPS ARE

PLAYING CARDS - UNO CARDS - TRAVEL SIZE GAMES  
TRAVEL SIZE TOILETRIES - TOOTHPASTE - SHAMPOO - SOAP  
MOUTH WASH - DENTAL FLOSS STICKS - DEODORANT  
BABY WIPES - RAZORS

**PLEASE** - NO AEROSOL CANS

NON-PERISHABLE ITEMS REQUESTED ARE

PEANUT BUTTER AND CRACKERS - CHEESE AND CRACKERS - BEEF JERKY  
TUNA CREATIONS - TUNA IN POUCHES - PRINGLES CHIPS - HARD CANDIES

YOU CAN PROVIDE A MONETARY DONATION FOR US TO PURCHASE AND SHIP THE ITEMS  
OVERSEAS TO VFW POST 201, (**INDICATE TROOP PACKAGES**) - 2205 BALDWIN ST.,  
WATERBURY, CT 06706

THANK YOU FOR SUPPORTING OUR TROOPS

The Waterbury Wheeler-Young Veterans of Foreign Wars Post 201 is having a "CARE PACKAGE DRIVE" to provide comfort items for our own Connecticut National Guard troops who are now deployed to Africa. Currently Accepting Donations For Care Packages For CT. National Guard Troops Deployed To Africa. Any Of The Following Items Will Be Appreciated:

PLAYING CARDS, UNO CARDS, TRAVEL SIZE GAMES, TRAVEL TOILETRIES: TOOTHPASTE, SHAMPOO, SOAP, MOUTH WASH, FLOSS STICKS, DEODORANT, BABY WIPES, RAZORS. PLEASE NO AEROSOL CANS. NON-PERISHABLE FOOD ITEMS: PEANUT BUTTER AND CRACKER, CHEESE AND CRACKERS, BEEF JERKY, TUNA CREATIONS, TUNA IN POUCHES, PRINGLES CHIPS, HARD CANDIES.

OR YOU MAY MAKE A MONETARY DONATION FOR US TO PURCHASE THESE ITEMS AND SHIP THEM OVERSEAS. Items Can Be Dropped Off At Post 201 Or Call

(203) 754-0738

THANK YOU

**Hosted by** [VFW Wheeler - Young Post 201](#)

**Location** 2205 Baldwin Street Waterbury CT, 06706



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**DONATION Ongoing** EASTERSEALS VETERANS RALLY POINT LEGACY BRICKS BUY A BRICK, LEAVE A LEGACY!



### EASTERSEALS VETERANS RALLY POINT: BUY A BRICK, LEAVE A LEGACY!

At our one-of-a-kind center of excellence, Veterans and military families are one step away from getting the services they need with personalized case management.

We help veterans to navigate the difficult path of civilian transition with free life-changing services:

- VA Benefits Consultation
- Behavioral Health
- Employment and resume assistance
- Computer Center
- Educational & Job Skill Training
- Emergency Financial Assessments, and Financial Coaching
- Clothing Closet & Food Pantry
- Caregiver Training & Support
- Case Management
- Transitional Housing
- Peer to Peer Support Groups

#### A New Home

Your support of our Brick Campaign will allow us to expand our Veteran & Military Family Services IMPACT footprint. We are approaching the completion of our long-awaited buildout of an 18,000 square foot comprehensive, Center of Excellence for Connecticut Veterans. Our new home provides Veterans with a one-stop shop of services where members are treated holistically including: a wellness space, employment center, behavioral health suite, medical screening room, fitness center, commercial grade kitchen, makerspace and more.

Your brick will be placed in our flagged courtyard.

To see how Easterseals Veterans Rally Point impacts lives, visit <https://youtu.be/nSL0xcSawLU>

TO DONATE OR BUY A BRICK VISIT...  
[www.polarengraving.com/eastersealscapitalregionandeasternct](http://www.polarengraving.com/eastersealscapitalregionandeasternct) OR SIMPLY SCAN THIS QR CODE



Your support of our Brick Campaign will allow us to expand our Veteran & Military Family Services IMPACT footprint. We are approaching the completion of our long-awaited buildout of an 18,000 square foot comprehensive, Center of Excellence for Connecticut Veterans. Our new home provides Veterans with a one-stop shop of services where members are treated holistically including: a wellness space, employment center, behavioral health suite, medical screening room, fitness center, commercial grade kitchen, makerspace and more. Your brick will be placed in our flagged courtyard.

To see how Easterseals Veterans Rally Point impacts lives, visit <https://youtu.be/nSL0xcSawLU>

TO DONATE OR BUY A BRICK VISIT...

[www.polarengraving.com/eastersealscapitalregionandeasternct](http://www.polarengraving.com/eastersealscapitalregionandeasternct)

OR SIMPLY SCAN THE QR CODE

Location Virtual  
Hosted by [Veterans Rally Point](#) (860)859-4148 x1

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**FOOD** Sundays 8:30AM - 11:00AM

[Sunday Morning Breakfast @ Post 14's Bistro](#)

	<p>Every Sunday Morning Breakfast @ Post 14's Bistro 8:30 -11 AM. *PRICES VARY</p> <p>Breakfast made to order. great menu!!!</p> <p>Includes:</p> <p>Eggs Pancakes Hashbrowns Sausage Bacon French Toast Mimosa's &amp; Bloody Mary's</p> <p>*Hope to see you bring the Family!!!</p> <p><b>Location</b> 114 West St, Vernon, CT 06066 <b>Hosted by</b> <a href="#">American Legion Post 14</a> (860)875-1091</p>
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**FOOD** 1st Sunday Every Month 8:00AM - 10:30AM

[Wallingford VFW Post 591 Sunday Breakfast](#)

<p><b>BREAKFAST IS BACK</b></p> <p>AT THE</p> <p><b>WALLINGFORD V F W POST 591</b></p> <p><b>FIRST SUNDAY EVERY MONTH</b></p> <p>STARTING</p> <p><b>SUNDAY FEBRUARY 5, 2023</b></p> <p><b>\$10.00 pp - CHILDREN 12 and under FREE</b></p> <p><b>8:00 TO 10:30 AM</b></p> <p><b>SERVED BUFFET STYLE</b></p> <p><b>EGGS TO ORDER OR SCRAMBLED</b></p> <p><b>BACON</b></p> <p><b>HASH BROWNS</b></p> <p><b>TOAST</b></p> <p><b>WAFFLES</b></p> <p><b>FRUIT CUP</b></p> <p><b>ORANGE OR TOMATO JUICE</b></p> <p><b>COFFEE &amp; TEA</b></p> <p><b>23 PRINCE STREET, WALLINGFORD</b></p>	<p>BREAKFAST IS BACK AT THE WALLINGFORD VFW POST 591 FIRST SUNDAY EVERY MONTH STARTING SUNDAY FEBRUARY 5, 2023</p> <p>\$10.00 pp - CHILDREN 12 and under FREE 8:00 TO 10:30 AM SERVED BUFFET STYLE</p> <ul style="list-style-type: none"> <li>• EGGS TO ORDER OR SCRAMBLED</li> <li>• BACON</li> <li>• HASH BROWNS</li> <li>• TOAST</li> <li>• WAFFLES</li> <li>• FRUIT CUP</li> <li>• ORANGE OR TOMATO JUICE</li> <li>• COFFEE &amp; TEA</li> </ul> <p><b>Hosted by</b> <a href="#">WALLINGFORD VFW POST 591</a> (203) 269-7114 <b>Location</b> 23 PRINCE STREET, WALLINGFORD</p>
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**FOOD 2nd Sunday Every Month 2022 8:00AM - 11:00AM**

[VFW Post 1724 Breakfast](#)



## VFW POST 1724 BREAKFAST

2<sup>ND</sup> SUNDAY OF EVERY MONTH

OMELETES (MADE TO ORDER)

EGGS (MADE TO ORDER)

PANCAKES: PLAIN, BLUEBERRY, CRANBERRY, CHOCOLATE CHIP, BANANA, WALNUT

FRENCH TOAST

BACON

SAUSAGE

CORNERD BEEF HASH

HOME FRIES

SAUSAGE GRAVY, AND BISCUITS

TOAST: WHITE, WHEAT, OR RYE

COFFEE, TEA, MILK, WATER, OR JUICE

8:00AM-11:00AM (PLEASE NO EARLY BIRDS)

**ADULTS \$12.00 - SENIORS AND VETERANS \$10.00**



VFW POST 1724 BREAKFAST  
2ND SUNDAY OF EVERY  
MONTH

- OMELETES (MADE TO ORDER)
- EGGS (MADE TO ORDER)
- PANCAKES: PLAIN, BLUEBERRY, CRANBERRY, CHOCOLATE CHIP, BANANA, WALNUT
- FRENCH TOAST
- BACON
- SAUSAGE
- CORNERD BEEF HASH
- HOME FRIES
- SAUSAGE GRAVY, AND BISCUITS
- TOAST: WHITE, WHEAT, OR RYE
- COFFEE, TEA, MILK, WATER, OR JUICE

8:00AM-11:00AM (PLEASE NO  
EARLY BIRDS)

ADULTS \$12.00 - SENIORS AND  
VETERANS \$10.00

**Hosted by** [VFW 1724](#)

(860)423-0209

**Location** 1415 W Main St,  
Willimantic, CT 06226

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**Food \*EVERY TUESDAY 4:00PM - 6:00PM**

[AMERICAN LEGION POST 68 BERLIN PASTA DINNER](#)

ALL YOU CAN EAT  
PASTA \$9  
ADD MEATBALL \$1 EACH  
SAUSAGE \$3 EACH  
\*\*BYOB\*\*  
GRAB AND GO IS STILL AN OPTION.

*Pasta Tuesdays*

**NEW TIMES!!!!  
STARTING NOV 7TH  
4PM- 6PM !  
PLEASE HELP US  
SPREAD THE  
WORD!**

*American Legion  
Post 68 Berlin*

154 Porters Pass  
Berlin, CT 06037  
(860) 828-9102

[AMERICAN LEGION](#)

[POST 68](#)

[BERLIN PASTA DINNER](#)

DINE IS NOW OPEN!

**\*EVERY TUESDAY**

4:00-6:00 PM

***\*Dinners pause for  
the month of August.  
Dinners resume in  
September.***

**ALL YOU CAN  
EAT PASTA \$9**

ADD MEATBALL \$1 EACH  
SAUSAGE \$3 EACH  
COME ENJOY A MEAL AND  
CONVERSATIONS.

**\*\*BYOB\*\***

GRAB AND GO IS STILL AN  
OPTION.

Hosted by [AMERICAN  
LEGION POST 68](#)

(860)828-9102

**Location** 154 Porters Pass,  
Kensington, CT 06037



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**FOOD** Starting Thursday 15 April 2021 12:00PM - 6:00PM [VFW Post 10004 Canteen Menu](#)

## THE CANTEEN

★★★★ FIRST TOUR ★★★★★

**BULLETS**  
Hand cut fries  
Add extra clip (bacon & cheese) +\$2 / +\$3  
\$3 (small) / \$5 (large)

**TORPEDOS**  
Breaded mozzarella sticks (6)  
\$7

**GRUNTS**  
Tempura fried onion petals served with Calvary sauce  
\$6

**FLYBOYS**  
Breaded chicken tenders (5)  
Choice of buffalo, BBQ, Thai chili, honey sriracha  
\$7

★★★★ SECOND TOUR ★★★★★  
add fries to any sandwich for \$2!

**THE GENERAL**  
8oz. fresh beef patty cooked to your liking, bacon, fried onions, smoked cheddar & BBQ sauce  
\$8

**THE PRIVATE**  
8oz. fresh beef patty cooked to your liking, cheddar, lettuce, tomato, onion  
\$6

**THE MARINE**  
Shaved rib-eye, onions, peppers, smoked cheddar, *Cavalry* sauce  
\$10

**THE COLONEL**  
Fried chicken breast, lettuce, tomato, cheddar, honey sriracha  
\$7

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Please notify your server of any allergies.

VFW Post 10004 Canteen Menu will run each week with specials on Friday nights all prepared by Chef William.

\*\*\*\* FIRST TOUR \*\*\*\*

**BULLETS**  
Hand cut fries Add extra clip (bacon & cheese) +\$2 +\$3 \$3(small) /\$5(large)

**TORPEDOS**  
Breaded mozzarella sticks(6) \$7

**GRUNTS**  
Tempura fried onion petals served with Calvary sauce \$6

**FLYBOYS**  
Breaded chicken tenders (5)  
Choice of buffalo, BBQ, Thai chili, honey sriracha \$7

\*\*\*\* SECOND TOUR \*\*\*\*

add fries to any sandwich for \$2

**THE GENERAL**  
8oz. fresh beef patty cooked to your liking, bacon, fried onions, smoked cheddar & BBQ sauce \$8

**THE PRIVATE**  
8oz. fresh beef patty cooked to your liking. cheddar, lettuce, tomato, onion \$6

**THE MARINE**  
Shaved ribeye, onions, peppers, smoked cheddar, Cavalry sauce \$10

**THE COLONEL**  
Fried chicken breast, lettuce, tomato, cheddar, honey sriracha \$7

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions, please notify your server of any allergies.

**Location** 263 Taylor Hill Rd, Jewett City, CT 06351

**Hosted by** [The Canteen at VFW Post 10004 Jewett City CT](#)

(860)376-5226





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**Food** [Thursdays and Fridays 2023 4:00PM - 9:00PM](#) [Duke's Canteen Thursday and Friday Dinners](#)

The poster has a black background. On the left, a red oval contains the text "DUKE'S" in large yellow letters and "Canteen" in smaller white letters below it. To the right of the oval, the text "Thursday and Friday Dinners" is in white, "4:00-9:00pm" is in white, and "At the Suffield VFW" is in yellow. Below this, the text "Have you been to the VFW for Dinner? Come on down be our guests." is written in white, slanted upwards. On the right side of the poster is a large, detailed image of the Veterans of Foreign Wars (VFW) emblem, which is a Maltese cross with a central circular seal featuring an eagle and the text "VETERANS OF FOREIGN WARS OF THE UNITED STATES".

[Duke's Canteen Thursday and Friday Dinners](#)

4:00 - 9:00PM At the Suffield VFW

Hosted by [Suffield VFW Post 9544](#) (860) 668-4922

Location 972 Sheldon St, West Suffield, CT 06093

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**FOOD** Fridays 6:00PM

[Steak Night At The VFW](#)

## [Steak Night At The VFW](#)

EVERY FRIDAY NIGHT  
AT THE VFW -  
ROCKY HILL CT POST -  
2138  
FROM 6PM

PREMIUM QUALITY  
SIRLOIN STEAK BAKED  
POTATO, SALAD,  
DINNER ROLL  
**ONLY \$20**

THANKS TO OUR  
SUPPORTERS  
[COLES ROAD BREWING](#)  
[WEST SIDE Marketplace](#)  
[All- GAS](#)  
SUPPORT YOUR VETERANS

**Hosted by** [VFW Post 2138](#)  
(860) 563-8876  
**Location** 3272 Main St,  
Rocky Hill, CT 06067

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**FUN** Every Other Sunday 2022 1:00PM

Music BINGO



[American Legion Post 112](#) Music BINGO!

1 PM Every Other Sunday

Hosted by [Bill Bauer](#) & [American Legion Post 112](#) (860)848-1394

Location 89 Pink Row Montville CT

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**FUN** Every Thursday 2022 5:30PM

[Thursday Night VFW Cruise](#)

# THURSDAY NIGHT V.F.W. CRUISE 5:30 PM EVERY WEEK SMALLEY BROTHERS V.F.W. POST 6123 36 FAIRVIEW ST. WINDSOR LOCKS, CT.



## [THURSDAY NIGHT V.F.W. CRUISE](#)

5:30 PM EVERY  
WEEK SMALLEY  
BROTHERS  
V.F.W. POST  
6123 36  
FAIRVIEW ST.  
WINDSOR  
LOCKS, CT.

RPM CLUB ON  
FACEBOOK

Hosted by [SMALLEY  
BROTHERS V.F.W. POST  
6123](#) (860)623-6856

**Location** SMALLEY  
BROTHERS V.F.W. POST  
6123 36 FAIRVIEW ST.  
WINDSOR LOCKS, CT.

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**FUN** 1st/ 3rd Thursday of Month 6:00PM - 7:30PM

[Soldier Songs and Voices](#)

# SOLDIER SONGS *and* VOICES

## FREE MUSIC LESSONS & SONGWRITING WORKSHOP



***Soldier Songs and Voices organization bringing music to local Veterans in Suffield, CT for Northern CT/ Western MA***

**WHEN:** 1st/ 3rd Thursday of Month, 6:00-7:30 Upstairs Hall

**WHERE:** Suffield VFW 9544, 972 Sheldon Street, Suffield, CT.

All Veterans WELCOME. No songwriting experience necessary and you do not need to know how to play and instrument.

**Contact:** Eddie Gautier 860-422-5192 [saintshouse@icloud.com](mailto:saintshouse@icloud.com)

[SOLDIER SONGS and VOICES](#). FREE MUSIC LESSONS & SONGWRITING WORKSHOP.

Soldier Songs and Voices organization bringing music to local Veterans in Suffield, CT for Northern CT/ Western MA. All Veterans WELCOME.

No songwriting experience is necessary and you do not need to know how to play an instrument.

**Contact:** Eddie Gautier (860)422-5192 [saintshouse@icloud.com](mailto:saintshouse@icloud.com)

**Hosted by** [Suffield VFW 9544](#) (860)668-4922

**Location** Suffield VFW 9544, 972 Sheldon Street, Suffield, CT

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**FUN 3rd Thursday monthly 2023 12:30PM**

[Veterans Coffee HOUSE](#)

<p>Veterans and Spouses/Significant Others are invited to the</p>  <p><b>Veterans Coffee HOUSE</b></p> <p><b>3rd Thursday of each month 10am – 12:30pm</b></p> <p>at <b>Army &amp; Navy Club</b> 1090 Main St., Manchester, CT</p> <p><b>SERVING</b> <i>Commaraderie, Networking, Coffee, and Refreshments</i></p> <p><b>★ All Veterans Welcome! ★</b></p> <p>For more info: Paul Scappaticci   pscappaticci7750@att.net   cell phone 860-490-8193</p> <p>Supported By <b>Manchester Veterans Advisory Committee   Veterans Task Force and</b></p> <div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  <p><small>Elks Lodge 1893 Manchester</small></p> </div> <div style="text-align: center;">  <p><small>Varca-Lechausse Chapter 17 Disabled American Veterans</small></p> </div> <div style="text-align: center;">  <p><small>Army &amp; Navy Club</small></p> </div> <div style="text-align: center;">  <p><small>Anderson-Shea Post 2046 Veterans of Foreign Wars</small></p> </div> <div style="text-align: center;">  <p><small>Dillworth-Cornell- Quey Post 102 American Legion</small></p> </div> </div>	<p>Veterans and Spouses/Significant Others are invited to the <a href="#">Veterans Coffee HOUSE</a> 3rd Thursday of each month, 2023 10am - 12:30pm</p> <p><b>SERVING</b> Camaraderie, Networking, Coffee, and Refreshments ★All Veterans Welcome! ★ Supported By Manchester Veterans Advisory Committee   Veterans Task Force and</p> <ul style="list-style-type: none"> <li>• Elks Lodge 1893 Manchester</li> <li>• Varca-Lechausse Chapter 17 Disabled American Veterans</li> <li>• Anderson-Shea Post 2046 Veterans of Foreign War</li> <li>• Dillworth-Cornell-Quey Post 102 American Legion</li> </ul> <p><b>For more info:</b> Paul Scappaticci   pscappaticci7750@att.net   cell phone 860-490-8193 <b>Hosted by</b> <a href="#">Army &amp; Navy Club</a> (860) 646-9133 <b>Location</b> Army &amp; Navy Club 1090 Main St., Manchester, CT</p>
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**FUN** Friday Nights 8:00PM - 12:00AM

[VFW 5095 Karaoke Friday Nights](#)



## [VFW 5095 East Hampton Karaoke](#)

**Friday Nights 8PM - 12PM (In The Bar Room)**

Hosted by [VFW POST 5095 East Hampton](#) (860) 267-8837

Location 20 North Maple Street, East Hampton, CT 06424

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**FUN** Every Friday and Saturday evening 2022 6:30PM [American Legion Post 165 Family Bingo](#)



Doors open at 4:30 and games begin at 6:30pm. Admission is \$15. We have 2-progressives, 2-winner take all games, a quickie and bonanza games. All specials are \$1 per strip. We have Pull Tabs and Pull Tab game events available. The kitchen is open and hosts a variety of food and snacks. The parking is ample and well lit. Come on out for some fun and who knows you could go home a big winner. Proceeds help to support our veterans, military, their families and the community.

**Hosted by** [American Legion Post 165](#) (203)879-1090

**Location** 1253 Wolcott Rd, Wolcott, CT 06716

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**FUN** Every Friday Evening 2022 Doors Open 7:00PM

[Stafford American Legion Bingo](#)



Stafford American Legion, 10 Monson Rd, Stafford Springs. Every Friday. First game starts at 7:00, doors open at 5:00. The American Legion Auxiliary also has hotdogs, soda, water, chips and candy for sale. A fun, affordable night!

Hosted by [Stafford Springs American Legion](#).

Location Stafford American Legion, 10 Monson Rd, Stafford Springs, CT

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**FUN** 1st & 3rd Friday Monthly 6:00PM

[VFW Post 10004 Music Bingo Night & Trivia Night](#)



1st Friday  
Every Month  
6:00PM

[VFW Post 10004  
Music Bingo](#)

3rd Friday  
Every Month  
6:00PM

[VFW Post 10004  
Trivia Night](#)

- Prizes
- Drink Specials
- Open to the Public

Hosted by [VFW Post 10004](#)  
Location 263 Taylor Hill Rd, Jewett  
City, CT 06351

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**FUN** Open Saturdays & Sundays 10:00AM- 4:00PM [SUBASE NEW LONDON MWR | AUTO HOBBY SHOP](#)

SUBASE NEW LONDON MWR | AUTO HOBBY SHOP

## AUTO HOBBY SHOP

Building: 460

REOPENING

Open Saturdays & Sundays 10am-4pm

Open to all authorized base patrons on a first-come-first-served basis

\$5 an hour - \$10 overnight

Accepted payment methods Debit, Credit Cards,  
Apple Pay & Samsung Pay. *No cash*

The Auto Hobby Shop provides do-it-yourselfers the  
opportunity to perform routine auto maintenance indoors,  
year-round, in a safe, well equipped environment.

860-694-3582

NavyLifeNL.com

### AUTO HOBBY SHOP REOPENING

Open to all authorized base patrons on a first-come-first-served basis

\$5 an hour - \$10 overnight

Accepted payment methods Debit, Credit Cards, Apple Pay & Samsung Pay. No cash

The Auto Hobby Shop provides do-it-yourselfers the opportunity to perform routine auto maintenance indoors, year-round, in a safe, well equipped environment.

MR AUTO HELLS 860-694-3582 Building: 460

[NavyLifeNL.com](http://NavyLifeNL.com)

**Location** Bldg. 460 Thresher Avenue Groton, Connecticut 06349 (860) 694-3582

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**MEMBERSHIP** [The American Legion Riders Member Information Form/Application for Membership](#)

 <h2 style="text-align: center;">The American Legion Riders</h2> <h3 style="text-align: center;">Member Information Form/Application for Membership</h3> <p><b>About You:</b> Complete this section in its entirety.</p> <p>Last Name: _____ First Name: _____</p> <p>Nickname/Rider Name: _____</p> <p>Home Address: _____ Apt: _____</p> <p>City: _____ State: _____ Zip: _____</p> <p>Home Phone: ( ) - _____ Cell Phone: ( ) - _____</p> <p>Spouse: _____</p> <p>Birth Date: ____/____/____ Email address: _____</p> <p>Check one:          Member of: <input type="checkbox"/> Legion <input type="checkbox"/> SAL <input type="checkbox"/> Auxiliary at Post # _____ AL/SAL/Aux Member#: _____</p> <p>Emergency Contact Name: _____ Phone: ( ) - _____  <small>This is who we would contact should something happen to you.</small></p> <p><b>About your bike:</b> Complete this section if you will be riding a motorcycle with the ALR. Cross it out if you will be a passenger.</p> <p>Make: _____ Model: _____ Displacement: _____</p> <p><input type="checkbox"/> I do not own a bike and will be joining as a passenger.</p> <p><b>About the law:</b> Check the box alongside the appropriate statement below, and sign and date BOTH sections.</p> <p><input type="checkbox"/> "I, the undersigned, certify that the motorcycle listed above is registered in my name and in accordance with state, city, and/or local licensing and registration requirements. I further certify that I carry property and liability insurance for myself, my passengers, and my motorcycle which meets at least the minimum state, city, and/or local insurance requirements. I also certify that I carry a valid driver's license with either a cycle endorsement or a valid Motorcycle Temporary Instruction Permit in accordance with state, city, and/or local laws. If my status changes, I will request, complete, and submit a new Member Information Form."</p> <p><input type="checkbox"/> "I am joining as a passenger of the following Rider: _____ I will not be operating a motorcycle as an American Legion Rider, but may be participating in American Legion Rider events as a passenger. If my status changes, I will request, complete, and submit a new Member Information Form."</p> <p>Signed: _____ Date: _____  <small>All members must signify their understanding and certification of the relative section above by signing and dating here.</small></p> <p>"I, the undersigned, agree that the American Legion, and the American Legion Motorcycle Association (henceforth referred to as 'The American Legion Riders' or simply as 'Riders'), shall not be liable or responsible for damage to property or injury to persons including myself during any Riders activities, even where the damage or injury is caused by negligence (except willful neglect). I understand and agree that all Riders members and their guests participate voluntarily, and at their own risk in all Riders activities. I release and hold the Riders officers and the American Legion harmless for any injury loss to my person or property that may result through my participation in the Riders and/or their activities. I understand that this means that I agree not to sue the Riders officers, whether local, state or national, nor the American Legion for any injury resulting to myself or my property in connection with and Riders activities."</p> <p>Signed: _____ Date: _____  <small>All members must signify their understanding of and agreement with the above by signing and dating here.</small></p> <p>Form ALR/MP20040615 ALR Membership Number: _____ To be renewed annually and kept on file</p>	<p><a href="#">The American Legion Riders Member Information Form/Application for Membership</a></p> <p>Hello, We're looking for legion riders and vfw riders in the northeast corner of the state to join America Legion Post 91 Riders. I am the District 4 Commander for the American Legion and VFW. Plus post commander of Post 91 Moosup. We also host the VJ Day Parade. Thank you. Please download the <a href="#">Member Information Form/Application for Membership</a></p> <p>Hosted by <a href="#">Commander Tony Rendon American Legion Post 91 Moosup</a>          (860)564-8005  <b>Location</b> Northeast corner of the state, CT</p>
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Please Click Image Above or [here](#) To Download & Print PDF

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## PROGRAM Ongoing Veterans Program

## [Veterans Base Camp](#)

### Veterans Base Camp



Acoustic Instrument Building Program for veterans with PTSD, traumatic brain injuries, range of motion difficulties and parent/child family rebonding after deployment.

Veterans Base Camp Inc., 108 England Road Chaplin, CT 06238  
[www.veteransbasecampinc.org](http://www.veteransbasecampinc.org) 860-786-7163



Our Veterans Base Camp Instrument Program centers on improving the self-confidence and range of motion issues found in PTSD and traumatic brain injuries found in veterans of all services. Additionally, the program can be used to reconnect parent/child relationships after long periods of deployment.

The program is free to applicable veterans and children and is funded entirely by donations and the sale of donated used instruments that were refurbished in our workshop.

We have a range of instruments available for individual classes to include acoustic guitars, electric guitars, mandolins, ukeleles and

mountain dulcimers. Each style of instrument has its own skill-level and we can suggest the appropriate instrument for the veterans abilities.

To our knowledge our workshop is unique among veteran programs and offers a tangible reward while focusing on the veteran's abilities and pace of construction.

The instructor himself is a combat veteran, providing a closer relationship and bond between the student and teacher in many instances.

What may seem impossible to the entering student becomes a source of self confidence when the instrument is completed.

Acoustic Instrument Building Program for veterans with PTSD, traumatic brain injuries, range of motion difficulties and parent/child family rebonding after deployment.  
**GUITAR BUILDING SCHOOL**

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**Location Veterans Base Camp Inc., 108 England Road Chaplin, CT 06238**

[www.veteransbasecampinc.org](http://www.veteransbasecampinc.org) 860-786-7163

**Hosted by Veterans Base Camp Inc. 860-786-7163**



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### **PROGRAM** Online Anytime

[American Legion Training Online Course](#)

The American Legion's official training program for officers, members, Legion College applicants and those who simply want to expand their knowledge of the nation's largest veterans service organization is now available online. Already taken the old course? The American Legion Extension Institute has been rewritten, updated, streamlined and enhanced with videos, digital photos, clickable links, a historical timeline and additional features. The program should take less than two hours to complete. It is divided into six sections, with a quiz at the end of each one, followed by a final exam.



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## PROGRAM

[Heal Her Art](#)



### American Legion Family Announces

**FREE Facebook Live Art Sessions**  
Starting April 12, 2020



Daily sessions at 4:00 pm PDT.  
Step-by-step professionally led  
art activities for all ages.  
No skills necessary.

**HOW TO PARTICIPATE**

1. Get a Facebook (FB) account. It's free.
2. Search for HEAL HER Art in FB.
3. "Like" the HEAL HER Art page.
4. On HEAL HER Art FB page (left side of page) click on "Events". The events calendar will populate.
5. Select a specific event to see artwork and read event details to include recommended materials.
6. On date/time of event, log into FB & open HEAL HER Art FB page.
7. Paint, Draw, Create & Watch live!



We all need positive distractions during this time. Here's a great idea from Heal Her Art. They are hosting daily painting classes on their Facebook page.

<https://www.facebook.com/HEALHERArt/>

**This Program Is Sponsored By**










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## PROGRAM Ongoing Program

## [Mission Roll Call White Star Families](#)

 <p><b>ONE MISSION. ONE VOICE.</b></p> <p>missionrollcall.org</p>	<p>A White Star Family is one who lost a close relative that served in the military to suicide. Whether they were active duty, reserve, or retired from the military, the single purpose of the White Star program is to honor those fallen service members and provide care and support to the families.</p>
<p><b>White Star Families</b></p> <p>A White Star Family is one who lost a close relative that served in the military to suicide. Whether they were active duty, reserve, or retired from the military, the single purpose of the White Star program is to honor those fallen service members and provide care and support to the families.</p> <p>At Mission Roll Call, our main priority is to end the epidemic of suicide among veterans. We've seen time and time again, service takes its toll, and it's not always evenly dispersed among its constituents. We've also seen that the Department of Veterans Affairs is either incapable of properly caring for its members or is undisturbed by the weight of this epidemic. That's why we're leveraging the power and resources of a grassroots movement, including the deafening voice of the American people, to stand up and proactively speak out against veteran suicide. Others among us have, are, and will do the same until we see the system currently in place changed for the better. Our veterans deserve more.</p> <p>If you or your family members have been affected by veteran suicide, please reach out directly, as we'd like to help you tell your story.</p>	<p>At Mission Roll Call, our main priority is to end the epidemic of suicide among veterans. We've seen time and time again, service takes its toll, and it's not always evenly dispersed among its constituents. We've also seen that the Department of Veterans Affairs is either incapable of properly caring for its members or is undisturbed by the weight of this epidemic. That's why we're leveraging the power and resources of a grassroots movement, including the deafening voice of the American people, to stand up and proactively speak out against veteran suicide. Others among us have, are, and will do the same until we see the system currently in place changed for the better. Our veterans deserve more.</p> <p>If you or your family members have been affected by veteran suicide, please <a href="#">reach out directly</a>, as we'd like to help you tell your story.</p> <p><b>Location Online</b> <b>Presented by</b> <a href="#">Mission Roll Call</a></p>

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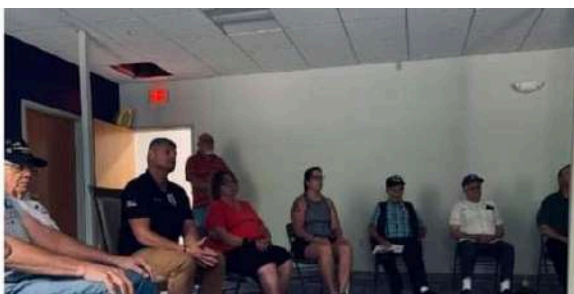
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**PROGRAM** Ongoing Program

[Vets Peer to Peer Meetup Group](#)



EASTERSEALS VETERANS RALLY POINT

# Vets Peer to Peer Meetup Groups

Hosted weekly by trained and certified VRP Staff Members



## Have you heard about our Veteran Peer-to-Peer Meetup Groups?

Veterans from all generations and services draw on their own journey and experiences. Our staff is uniquely equipped to create an environment where your peers serve as a trusted guide, offering a forum for hope, inspiration and insight. With a common foundation of service to our country, our weekly meetings create lasting bonds in an open, inviting environment here at Veterans Rally Point. Join us for conversations & refreshments! No topic is off limits. To attend a meeting, email Lori Marriott at [lmariott@escrec.org](mailto:lmariott@escrec.org) Together we stand!

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**PROGRAM** Ongoing Program

[US Vet Connect Inc.'s- Veterans Outdoors Resource Hub](#)



[US Vet Connect Inc.'s- Veterans Outdoors Resource Hub](#)

At [www.usvetconnect.com](http://www.usvetconnect.com), We are trying to combat veterans' suicide by offering up activities and service dog providers all in one place that are all over the United States. We are providing a place online to come together to find that military comradery in outdoor experiences. The mission of US Vet Connect.com is simple: it is to raise awareness for organizations that have a direct impact on veterans' lives and to make it as user friendly as possible for the veteran to find their next adventure.

Warmly,

Theresa Walters  
Founder/CEO - US Vet Connect Inc.

[www.usvetconnect.com](http://www.usvetconnect.com)  
[www.facebook.com/usvetconnect](https://www.facebook.com/usvetconnect)

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## PROGRAM Ongoing Veterans Program

## Horse Feathers Veterans Program

<div style="text-align: center;">  <p><b>FREE</b></p> <p><b>Do You Like Animals?</b></p> <p><b>The Horse Feathers Veterans Program</b></p> <p>A <b>FREE</b> program for veterans at <b>Ray of Light Farm</b>, a horse, donkey, and animal rescue facility located at <b>232 Town Street in East Haddam, CT</b>. The program involves pairing veterans and first responders with horses and other animals to promote wellness for all, including those who may be affected by physical trauma or post traumatic stress.</p> <p><b>Horse Feathers</b> offers a variety of activities, including:</p> <ul style="list-style-type: none"> <li>• Grooming, walking, horse turnout and basic animal care activities</li> <li>• Driving horses/mules in carts</li> <li>• Cultivating our Veterans Garden</li> <li>• Helping with maintaining our facilities</li> <li>• Participating in get-togethers such as picnics, holiday parties, etc.</li> <li>• Other volunteer opportunities at the farm</li> </ul> <p>Phone: 860-873-1895  <a href="mailto:HorseFeathers@rayoflightfarm.org">HorseFeathers@rayoflightfarm.org</a></p>  </div>	<p>Our Horse Feathers Veterans Program has begun again for 2022. We meet every Wednesday from 10:00 a.m. to 1:00 p.m. All veterans and first responders are welcome. Call our coordinator, Jackie, at 860-550-1955 for more info.</p> <p>Horse Feathers Veterans Program at Ray of Light Farm in East Haddam, CT is an equine learning and wellness program helping veterans or first responders with post traumatic stress.</p> <p>Horse Feathers pledges to:</p> <ul style="list-style-type: none"> <li>• promote emotional well-being for veterans and first responders through a connection with rescue horses</li> <li>• inspire self-confidence through learning about horse related care and activities</li> <li>• emphasize individual goals such as harnessing expertise, cart or wagon driving, barn management, grooming</li> <li>• provide the opportunity to continue in the program as a volunteer for future clients</li> </ul> <p>Horse Feathers is our largest active volunteer and participant group at the farm. Begun in 2015, Horse Feathers is an animal assisted wellness program that meets once a week to teach driving and horsemanship skills. The program also includes small animal assisted learning and has an active gardening group as well.</p> <p>Our veteran volunteers have become active in many areas of the farm, especially bonding and working with our older sanctuary animals. They also help out with other areas of therapeutic horsemanship, not to mention the wonderful help our Veterans give us during our annual fundraisers.</p> <p>The Horse Feathers group is entirely funded out of contributions. No charge is assessed to any member.</p> <p><b>Location</b> Ray of Light Farm          232 Town Street,          East Haddam, CT 06423  <b>Hosted by</b> <a href="#">Ray of Light Farm</a>          (860)873-1895</p>
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## PROGRAM

## [Veterans Equine Therapy Services](#)

 <p><b>V.E.T.S.</b> VETERANS EQUINE THERAPEUTIC SERVICES</p> <p> <a href="#">CLICK HERE TO LEARN ABOUT PROGRAMS</a></p> <p> <a href="#">CLICK HERE TO DONATE TO V.E.T.S. - WE NEED YOUR HELP</a></p>	<p>At <a href="#">Veterans Equine Therapeutic Services</a>, veterans help veterans navigate post-service life.</p> <p><a href="#">V.E.T.S.</a> provides a serene place for military veterans to go that provides therapeutic healing through equine-related activities by highly skilled instructors, staff and trained volunteers.</p> <p><a href="#">V.E.T.S.</a> exists with the goal to provide our services at no charge to our clients. Some of our volunteers and staff are veterans themselves, and understand the challenges veterans face reintegrating into domestic life after experiencing the psychological trauma and physical wounds of war or life after service.</p> <p><a href="#">V.E.T.S.</a> is totally supported by your donations and our volunteers. Please use the link below to financially support our efforts that allow us to bring services to our veterans at no charge to them ever.</p> <p><b>Contact:</b>  <a href="#">Veterans Equine Therapeutic Services</a>          PO Box 621          New London, CT          06320          860-941-7129</p>
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**PROGRAM** Wednesdays 3:30PM - 4:30PM

[Veterans Support Group](#)

 <p style="text-align: center;"><b>VETERANS SUPPORT GROUP</b> STARTING WEDNESDAY, MAY 17, 2023</p> <p style="text-align: center;">Peer-led Veteran Clinical Support Group Service is not easy. Looking for support and a place to start?</p> <p style="text-align: center;"><b>Group topics include:</b></p> <ul style="list-style-type: none"> <li>• Veteran Socialization</li> <li>• Healthy Coping Skills</li> <li>• Stress Management</li> <li>• Addiction</li> <li>• Gripping Sessions</li> <li>• Reintegration</li> </ul> <p style="text-align: center;"><b>Wednesdays   15:30 - 16:30 (3:30pm - 4:30pm)</b> Sound Community Services Oasis Clubhouse 21 Montauk Ave., New London</p> <p style="text-align: center;"><b>Group Facilitators:</b></p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p><b>Lisa Moon, LCSW</b> USAR, Medical Corps</p> </div> <div style="text-align: center;"> <p><b>Nathan Ferrance</b> CTARNG, Infantry</p> </div> </div> <p style="text-align: center;">Accepting referrals now. We take Tricare and all major health insurance plans. To find out more information or to schedule an intake today, please call our main office at 860.439.6400 and a Client Access Representative will connect you.</p>	<p><a href="#">Veterans Support Group</a> <b>STARTING WEDNESDAY, MAY 17, 2023</b> Sound Community Services Peer-led Veteran Clinical Support Group Service is not easy. Looking for support and a place to start?</p> <p><b>Group topics include:</b></p> <ul style="list-style-type: none"> <li>• Veteran Socialization</li> <li>• Healthy Coping Skills</li> <li>• Stress Management</li> <li>• Addiction</li> <li>• Gripping Sessions</li> <li>• Reintegration</li> </ul> <p><b>Wednesdays</b> <b>15:30-16:30 (3:30pm - 4:30pm)</b></p> <p>Group Facilitators: Lisa Moon, LCSW USAR, Medical Corps Nathan Ferrance CTARNG, Infantry Accepting referrals now. We take Tricare and all major health insurance plans. To find out more information or to schedule an intake today, please call our main office at 860.439.6400 and a Client Access Representative will connect</p> <p><b>Hosted <a href="#">Sound Community Services</a> (860)439-6400</b> <b>Location</b> Sound Community Services Oasis Clubhouse 21 Montauk Ave., New London</p>
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## PROGRAM Ongoing Veterans Program

## WARRIORS FOR WARRIORS



# PTSD?

## SUICIDAL THOUGHTS?

"Sometimes even to live is an act of courage."  
*Seneca*

**Comprehensive Individual Acupuncture Treatment and PTSD Wellness Counseling for Veteran Suicide Prevention and Holistic Wellness – at NO COST!**

Since Covid prevented us from continuing our 7-year program of twice-monthly group acupuncture treatments, we have offered ongoing comprehensive individual care for struggling veterans. Once the Covid situation allows, we will continue to offer these individual treatments, and also restart the CAV program.

**No red tape! No wait! No delays! We've got you!!  
Call now: 860-739-5102**

### CONTACT US



**Phone.**  
860-739-5102



**Web Site.**  
[warriorsforwarriors.us](http://warriorsforwarriors.us)



**Address.**  
339 Flanders Road, Suite 107  
East Lyme, Connecticut 06333

### OUR SERVICES

Veterans being treated will receive an expert full-hour intake diagnostic visit and explanation of treatment options and services, and a course of acupuncture treatments at no cost.

Qualified veterans include those with:

- Suicidal ideation
- Post Traumatic Stress from combat, military sexual trauma, and certain other service-connected situations
- Illness or injury from combat (including agent orange or other chemical exposures)
- Addiction related to service

All treatments are with David LoPriore Sensei, L.Ac. one of few national experts on treating veterans with PTSD, suicidal ideation and other veterans issues using acupuncture and warriorship-based holistic wellness counseling.

If you or someone you know may qualify for these services, please call us at 860-739-5102.



**WARRIORS FOR WARRIORS**  
[WWW.WARRIORSFORWARRIORS.US](http://WWW.WARRIORSFORWARRIORS.US)



### WARRIORS FOR WARRIORS

[www.WARRIORSFORWARRIORS.US](http://WWW.WARRIORSFORWARRIORS.US)

#### PTSD? SUICIDAL THOUGHTS?

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All treatments are with David LoPriore Sensei, L.Ac. one of few national experts on treating veterans with PTSD, suicidal ideation and other veterans issues using acupuncture and warriorship-based holistic wellness counseling. If you or someone you know may qualify for these services, please call us at 860-739-5102.

**CONTACT US**

**Phone. 860-739-5102**

339 Flanders Road, Suite 107  
East Lyme, Connecticut 06333  
[WWW.WARRIORSFORWARRIORS.US](http://WWW.WARRIORSFORWARRIORS.US)

⋮ Veterans Crisis Line  
1-800-273-8255 S

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**PUBLICATION**

[The Society of Forty Men and Eight Horses Voyageur Briefs](#)

**Voiture Nationale 40&8**

***VOYAGEUR BRIEFS***



[The Society of Forty Men and Eight Horses Voyageur Briefs](#)

Presented by [VOITURE NATIONALE](#) (317)634-1804

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## SERVICES

## Connecticut Department of Labor Veterans Services

<div style="text-align: center;">      </div> <h3 style="text-align: center;">CONNECTICUT DEPARTMENT OF LABOR VETERANS SERVICES OVERVIEW</h3> <p>The Connecticut Department of Labor Veterans Services provides employment services assistance to eligible veterans and spouses.</p> <p>Services may include, but are not limited to, the following:</p> <table border="0" style="width: 100%;"> <tr> <td><i>Resume preparation/revision</i></td> <td><i>Job leads</i></td> <td><i>Job search strategies</i></td> <td><i>Interviewing tips/resources</i></td> </tr> <tr> <td><i>Peer support</i></td> <td><i>Locating resources</i></td> <td><i>Case management</i></td> <td><i>Career planning</i></td> </tr> </table> <h3 style="text-align: center;">HOW DO I SCHEDULE AN APPOINTMENT?</h3> <p>Veterans and eligible spouses who are interested in scheduling an appointment, and or receiving services, should complete the following tasks in order:</p> <ol style="list-style-type: none"> <li>1) Register for a free CT Hires account by accessing the following link  <a href="https://www.cthires.com/vosnet/loginintro.aspx">https://www.cthires.com/vosnet/loginintro.aspx</a> Select individual registration and be sure to review questions thoroughly and enter all military information completely.</li> <li>2) Call or email one of the Disabled Veterans Outreach Program Specialist at the below contact information.</li> </ol> <p>To learn more visit our webpage at: <a href="http://www.ctdol.state.ct.us/veterans/default.htm">http://www.ctdol.state.ct.us/veterans/default.htm</a></p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;"> <p><b>Ryan Barry</b>            CT Dept. of Labor Veterans Services            3580 Main Street            Hartford CT, 06120            (203) 455 – 2711  <a href="mailto:ryan.barry@ct.gov">ryan.barry@ct.gov</a></p> </td> <td style="width: 50%;"> <p><b>Ronald Catania</b>            CT Dept. of Labor Veterans Services            3580 Main Street            Hartford CT, 06120            (860) 256 – 3711  <a href="mailto:ronald.catania@ct.gov">ronald.catania@ct.gov</a></p> </td> </tr> </table> <p style="text-align: center;"><b>CT Department of Labor Veteran Employment Services Eastern Region</b></p> <p><b>Representatives: Dana Hyatt USMC Ret. and Jon Pierce USN Ret.</b>            American Job Center Montville Office 601 Norwich New London Turnpike (Rt 32), Suite 1 Uncasville, CT 06382            Work #: 860-848-5264(Hyatt)/5267(Pierce) Email: <a href="mailto:dana.hyatt@ct.gov">dana.hyatt@ct.gov</a>; <a href="mailto:jon.pierce@ct.gov">jon.pierce@ct.gov</a></p>	<i>Resume preparation/revision</i>	<i>Job leads</i>	<i>Job search strategies</i>	<i>Interviewing tips/resources</i>	<i>Peer support</i>	<i>Locating resources</i>	<i>Case management</i>	<i>Career planning</i>	<p><b>Ryan Barry</b>            CT Dept. of Labor Veterans Services            3580 Main Street            Hartford CT, 06120            (203) 455 – 2711  <a href="mailto:ryan.barry@ct.gov">ryan.barry@ct.gov</a></p>	<p><b>Ronald Catania</b>            CT Dept. of Labor Veterans Services            3580 Main Street            Hartford CT, 06120            (860) 256 – 3711  <a href="mailto:ronald.catania@ct.gov">ronald.catania@ct.gov</a></p>	<p>The Connecticut Department of Labor Veterans Services provides employment services assistance to eligible veterans and spouses. 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<i>Resume preparation/revision</i>	<i>Job leads</i>	<i>Job search strategies</i>	<i>Interviewing tips/resources</i>								
<i>Peer support</i>	<i>Locating resources</i>	<i>Case management</i>	<i>Career planning</i>								
<p><b>Ryan Barry</b>            CT Dept. of Labor Veterans Services            3580 Main Street            Hartford CT, 06120            (203) 455 – 2711  <a href="mailto:ryan.barry@ct.gov">ryan.barry@ct.gov</a></p>	<p><b>Ronald Catania</b>            CT Dept. of Labor Veterans Services            3580 Main Street            Hartford CT, 06120            (860) 256 – 3711  <a href="mailto:ronald.catania@ct.gov">ronald.catania@ct.gov</a></p>										

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## SERVICES

[Eastern CT Veterans Community Center](#)

# EASTERN CT VETERANS COMMUNITY CENTER

**EASTERN CT VETERANS COMMUNITY CENTER**  
Our mission is to support our veterans and our military families and to advocate for their interests while providing them a safe, positive environment to meet, learn and grow.

**Some of Our Programs:**  
Coffee House-every Wed  
Women's Group  
Sobriety for Soldiers  
Hiking, fishing  
Billiards & ping pong  
Start Your Business  
Job Skills Development  
VA Benefits Assistance  
Martial Arts Training  
Family Nights  
Visit Our Vets

**FREEDOM FEST CONCERT**  
Saturday, July 31  
3:00-5:00 PM  
Jillson Square, Shaboo Stage  
Main, St., Willimantic

**WHISKEY TREATY ROADSHOW**  
Help us raise funds for our new center while enjoying some Americana, folk, rock music by this amazing band at our annual Freedom Fest concert.  
\$20 per person

1320 Main St., Suite 27, Willimantic, CT 06226  
[www.EasternCTVeteransCommunityCenter.com](http://www.EasternCTVeteransCommunityCenter.com)  
860-423-9949 follow us on facebook!

**MARTIAL ARTS  
FOR VETERANS &  
THEIR FAMILY**

Tuesdays & Thursdays  
5:30-7:00 PM  
\$50 per month (\$40 Vets)  
Master Dan Arnini

EASTERN CT VETERANS COMMUNITY CENTER  
1320 Main St., Suite 27, Willimantic, CT

**SOLDIERS  
FOR  
SOBRIETY**

AA Meeting for Veterans  
Every Tuesday  
11:30AM-12:30 PM

EASTERN CT VETERANS COMMUNITY CENTER  
1320 Main St., Suite 27, Willimantic, CT





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**VETERAN OWNED BUSINESS** [SERVICE DISABLED VETERAN OWNED SMALL BUSINESS](#)

**Danté, LLC**  
Custom Woodworking  
*SERVICE DISABLED VETERAN OWNED SMALL BUSINESS*

*Danté Louis Grassi - President*  
E-mail: [dantellc@sbcglobal.net](mailto:dantellc@sbcglobal.net)  
[www.dantellc.net](http://www.dantellc.net)  
DUNS Number 831789016

633 Plainfield Road  
Griswold, CT 06351-1025  
Phone (860) 376-0204  
Fax (860) 383-0762

Danté, LLC

Custom Woodworking

SERVICE DISABLED VETERAN OWNED SMALL BUSINESS

[www.dantellc.net](http://www.dantellc.net)

DUNS Number 831789016

Phone (860) 376-0204 Fax (860) 383-0762

Location 633 Plainfield Road, Griswold, CT 06351

Owned by Danté Louis Grassi - President E-mail: [dantellc@sbcglobal.net](mailto:dantellc@sbcglobal.net)

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**VETERAN OWNED BUSINESS**

[VETERAN OWNED BUSINESS](#)

**Patriot Performance Shooting**

## PISTOL PERMIT COURSE

**I conduct a thorough and  
comprehensive pistol permit course.  
You will have good understanding of  
firearms and safety.**

The course is a USCCA Basic Handgun Safety and Shooting course required by the State of CT to apply for your pistol permit.

I conduct a no stress course with lots of personal attention paid to each student.

**[www.PatriotPerformanceShooting.com](http://www.PatriotPerformanceShooting.com)**

Hosted by [Patriot Performance Shooting](#) (860)969-0890 Location Middletown, CT. 06457.

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### VETERAN OWNED BUSINESS

[Brandon's Lawn Care Services](#)



BRANDON'S LAWN CARE & SERVICES VETERAN OWNED

MOWING-EDGING-DEBRIS REMOVAL FREE ESTIMATES 860-682-2191

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### VETERAN OWNED BUSINESS

### [JDog Junk Removal & Hauling Fairfield](#)



(203) 927-6318 [smgreen@jdog.com](mailto:smgreen@jdog.com)

<https://www.jdogjunkremoval.com/>

JDog Junk Removal & Hauling is a Veteran and Military family owned and operated junk removal and hauling company. We serve our residential and commercial customers the Military way - with Respect, Integrity & Trust. Waste Management Company

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**VETERAN OWNED BUSINESS**

[DR. House CT Contractors LLC](#)



With the skill and accuracy of a surgeon our craftsmen take pride in applying a clinical approach to solving your problems. Our attention to detail and pride in all aspects of your project ensure our mutual success.

**services include;** Drywall installation, Drywall repair

Exterior painting, Flooring, General repairs, Gutter cleaning, Install flooring, Installation, Paint indoors, Remodeling, Repair flooring, TV mounting, Tile work installation, Tile work replacement, Waterproofing, Hardwood flooring refinishing, Smart Home Adaptation, Smart house feature install

**Call (860)481-5729**

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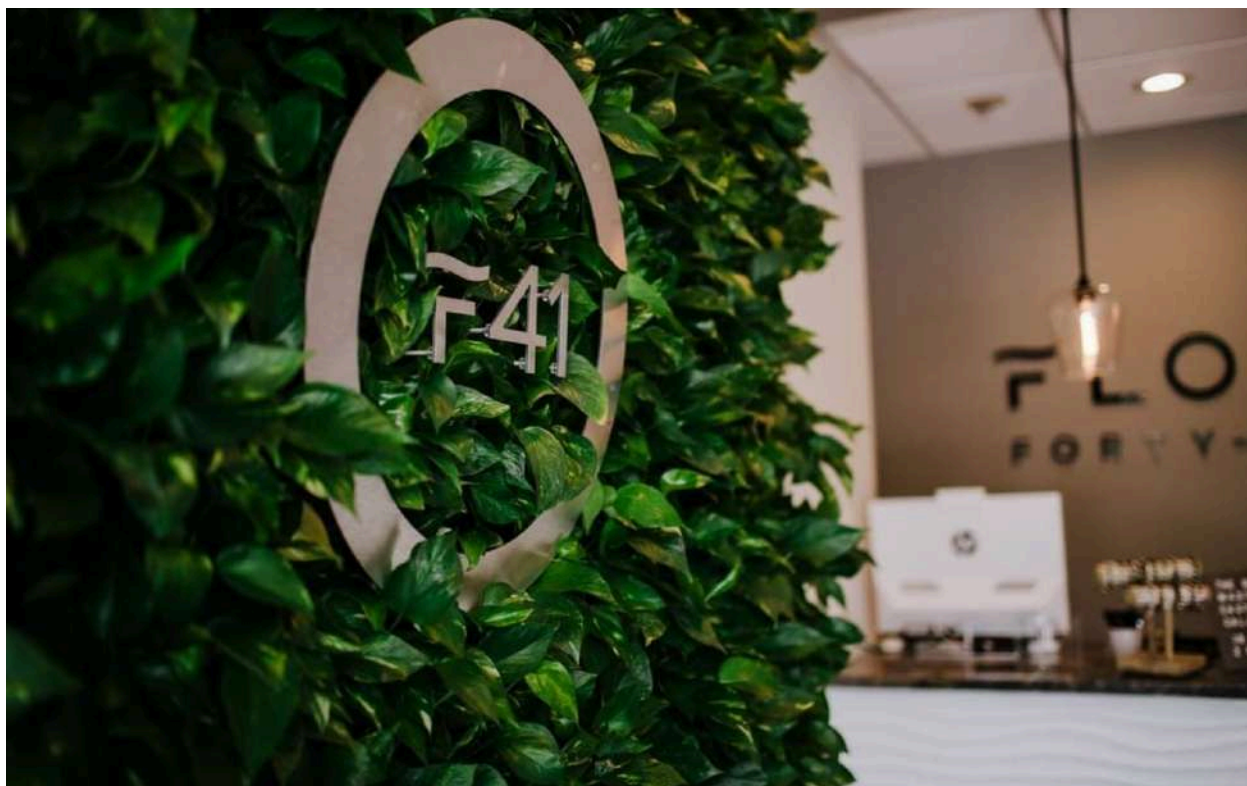
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## VETERAN OWNED BUSINESS

[Float 41 West Hartford](#)



Float Therapy Benefits STRESS, ANXIETY & DEPRESSION. Floating in complete darkness is a pure experience unlike any other on Earth. The water temperature and pressure are set at 93.5 degrees Fahrenheit, almost as if you were losing the sense that your body ends there while everything else begins underwater; we have soundproof rooms with adjustable lights or mood music so no external stimuli will affect this environment except what's around us-and even then it may not seem real! <https://www.float41.com/>

**Booking & Pricing** <https://www.float41.com/pricing>

345 N Main St West Hartford CT 860-819-2949

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#### VETERAN OWNED BUSINESS

[Deland Tree & Landscaping, LLC](#)

## Deland Tree & Landscaping, LLC

(860)484-4049

Deland Tree & Landscaping, LLC is a veteran owned local business. We are fully licensed and Insured. Offering Tree removal, Stump grinding, Storm cleanup, Lawncare / Landscaping, Spring and Fall cleanup. Emergency services are available

<https://www.delandtreeandlandscaping.com/>

Deland Tree & Landscaping, LLC is a veteran owned local business. We are fully licensed and Insured, and we offer: Tree removal, Stump grinding, Storm cleanup, Lawncare / Landscaping, Spring and Fall cleanup. Emergency services are available

(860)484-4049 <https://www.delandtreeandlandscaping.com/>

CT business license #13300383

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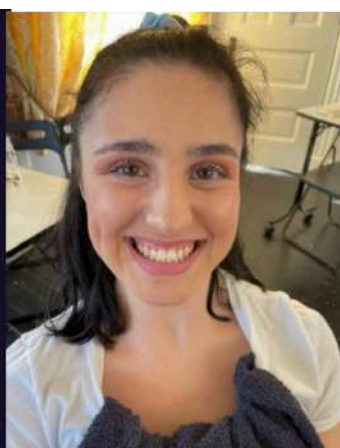
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## VETERAN OWNED BUSINESS

[Living Water Aesthetics](#)



Marine Corps Veteran Kathryn Mazzucco

### Facials:

Anti-Acne- \$28.00  
Anti-Aging Facial - \$28.00  
Back Facial - \$26.00  
Gentleman's Facial - \$22.00  
Microdermabrasion - \$53.00  
Paraffin/Contour Facial - \$30.00  
Peels- \$43.00  
Sensitive Skin Facial - \$30.00  
Spa Facial - \$22.00  
Teen Facial - \$16.00  
Signature Facial - \$44.00

### Makeup:

Makeup Application - \$16.00  
Eyebrow Tinting - \$10.00  
Band Lash Application - \$10.00

Body treatments: Body wrap - \$35.00

### Hair removal:

Underarm Wax - 15.00  
Lip Wax - \$5.00  
Half Leg Wax - \$30.00  
Full Leg Wax - \$40.00  
Full Face Wax - \$25.00  
Chin Wax - \$6.00  
Bikini Wax - \$25.00  
Back Wax - \$30.00  
Arm Wax - \$25.00  
Eyebrow Wax - \$7.00

### Facial add ons:

Eye treatment - \$10.00  
Hand treatment - \$8.00  
Ionization - \$12.00  
Lactic Acid Treatment - \$20.00  
Lip Treatment \$10.00

### Marine Corps Veteran

[Kathryn Mazzucco](#), owner of [Living Water Aesthetics](#)

Provides the following services:

#### Facials:

Anti-Acne- \$28.00  
Anti-Aging Facial - \$28.00  
Back Facial - \$26.00  
Gentleman's Facial - \$22.00  
Microdermabrasion - \$53.00  
Paraffin/Contour Facial - \$30.00  
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Sensitive Skin Facial - \$30.00  
Spa Facial - \$22.00  
Teen Facial \$16.00 -  
Signature Facial - \$44.00

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Makeup Application - \$16.00  
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Band Lash Application - \$10.00

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Lip Wax - \$5.00  
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Back Wax - \$30.00  
Arm Wax - \$25.00  
Eyebrow Wax - \$7.00

#### Facial add ons:

Eye treatment - \$10.00  
Hand treatment - \$8.00  
Ionization - \$12.00  
Lactic Acid Treatment - \$20.00  
Lip Treatment \$10.00

**Location** Seymour CT Area

### Contact

[Facebook Messenger](#) or  
Text (229)296-7880



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## VETERAN OWNED BUSINESS

[Connecticut Veteran Construction LLC](#)



Whether it's getting your home remodeled or fixing damage that's been done to your home, we're here to help you every step of the way. We provide all phases of home improvements to Connecticut Residents.

Austin Woodworth and Kyle Dugas have over 13 years experience, so we really mean it when we say we're here to help you.

**We are a Veteran Owned and Operated company.**

Let Us Serve You Again.

### Services Provided

- Asphalt Roofing
- Vinyl Siding
- Pressure Treated Decks
- Composite Deck
- Exterior Trim
- Gutters
- Exterior Doors Installations
- Additions
- Custom Cabinets
- Kitchen Remodeling
- Bathroom Remodeling
- Basement Remodeling
- Window Installations
- Patio Door Installations
- Indoor & Outdoor Painting

**Call (860)367-2303**

**Voluntown Connecticut**





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## VETERAN OWNED BUSINESS

## [Veteran Electrical Contractors](#)

VETERAN ELECTRICAL CONTRACTORS Disabled

Service Veteran Owned Small Business Service SDVOSB

CHRISTOPHER MATTHEWS CO-OWNER, MATT HALL CO-OWNER

61 CLOVERDALE DRIVE, EAST HARTFORD CT 06118

P: (860) 726-8889

E: MATT@VETERANELECTRICALCONTRACTORS.COM

W: [WWW.VETERANELECTRICALCONTRACTORS.COM](http://WWW.VETERANELECTRICALCONTRACTORS.COM) CT ELC-0206940-E1



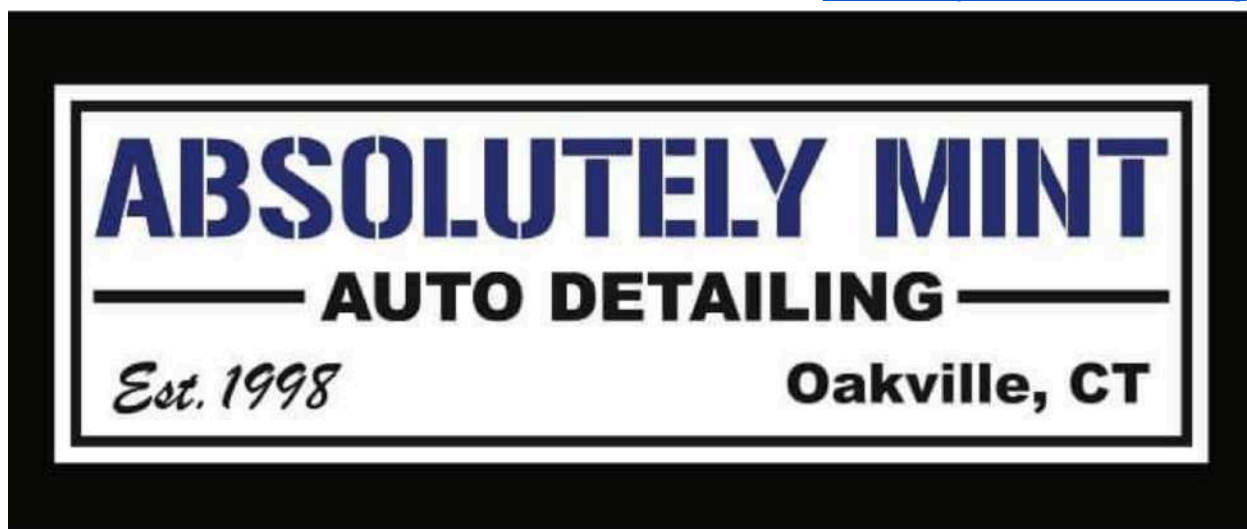
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#### VETERAN OWNED BUSINESS

[Absolutely Mint Auto Detailing](#)



IT'S NOT DETAILED TILL IT'S ABSOLUTELY MINT. Absolutely Mint Auto Detailing Is A Veteran Owned And Operated Business With Over 26 Years Of Professional Detailing Experience

- Top Rated In State
- 9,000ft<sup>2</sup> Facility
- Certified Ceramic Coating Installer

TONY is Chief Executive Officer Of Absolutely Mint Auto Detailing, Tony Is A United States Military Veteran & Master Detailer With 26 Years Of Detailing Experience

(203)518-0602

15 McLennan Dr, Oakville, CT 06779

<https://absolutelymintad.com/>

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### VETERAN OWNED BUSINESS

[Mitch Westcott Elmwood Barbershop](#)

## Mitch Westcott Veteran USMC

### ELMWOOD BARBER SHOP

1145 New Britain Ave, West Hartford CT

(860) 899-4708

BY APPOINTMENT ONLY.

BOOK ONLINE AT [www.ELMWOODBARBER.COM](http://www.ELMWOODBARBER.COM)

FB & IG @mitchwestcottbarbering

Email [mitchwestcottbarbering@gmail.com](mailto:mitchwestcottbarbering@gmail.com)

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## VETERAN OWNED BUSINESS

## [Radical Roots Farm](#)



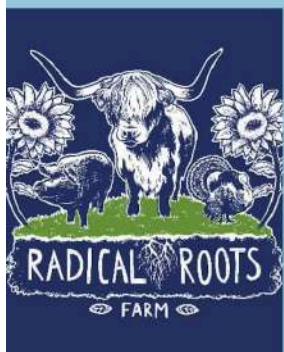
MONTHLY PROTEIN BOX  
PASTURED MOO - OINK - CLUCK

**SIGN UPS OPEN  
NOW**

8 LBS OR 18 LBS

\$105/MO OR \$220/MO

CASH/CHECK/SNAP/EBT/CREDIT/DEBIT



family owned, woman and  
veteran operated



## [Radical Roots Farm](#)

Veteran owned  
and operated.

Sign ups for our monthly  
meat shares are now  
open for 2023.

Our animals are raised  
regeneratively, utilizing  
rotational grazing  
techniques. Our beef is  
100% grass fed and  
finished, pork and  
chicken given non-gmo  
feed from another local  
farm. Animals are born  
and raised on our farm,  
no auction meat here!

They are raised like  
nature intended. When  
purchasing our heritage  
meat you are getting the  
highest quality proteins  
available with your  
family's health in mind.  
Everything tastes better  
on grass :)

[Website](#)

[www.radicalrootsct.com/shop-products](http://www.radicalrootsct.com/shop-products)

(931) 241-3325

[radicalroots.llc@gmail.com](mailto:radicalroots.llc@gmail.com)

Canterbury & Sterling, CT  
Contact to schedule a visit

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**VETERAN OWNED BUSINESS**

[Farmington Valley Auto Body](#)



**Veteran-owned, Disabled-owned, Women-owned**



**(860) 693-4647**  
Mobile



**jenng@fvautobody.com**  
Email

**2 Cheryl Dr, Canton, CT 06019**

[FARMINGTON VALLEY AUTOBODY](#)

Veteran-owned, Disabled-owned, Women-owned

**Mobile** (860) 693-4647 **Email** [jenng@fvautobody.com](mailto:jenng@fvautobody.com)

2 Cheryl Dr, Canton, CT 06019

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**VETERAN OWNED BUSINESS.**

[Eastern CT Veterans Community Center](#)



Postal Address: 47 Crescent ST, Willimantic, Connecticut, 06226

Physical Address 150 Thornbush Road, 47 Crescent ST, Willimantic, CT, 06226

Telephone (860) 423-6389. E-mail [easternctveteranscenter@gmail.com](mailto:easternctveteranscenter@gmail.com)

<https://easternctveteranscommunitycenter.com/>

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The graphic has a dark green background. On the left, there is a rolled-up scroll tied with a string and a small blue ribbon. The title "A Message From The Editor;" is written in a large, stylized, yellow-green font. Below the title, the text "Dear Active Military, Veterans, Families and VSOs," is written in a smaller, yellow-green font. Further down, the text "At CONNECTICUT VETERANS BULLETIN, YOU are our priority!! With this said, CVB will adapt and overcome whatever lies ahead, in order to provide a valuable service to our readers, with CVB content shifting to current needs." is written in the same yellow-green font. At the bottom, the text "Many current listings are subject to cancellation. Please verify with the venues listed for up to date cancellation information. Please be safe and well." is written in the same yellow-green font.

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CONNECTICUT VETERANS BULLETIN

Saturday 20 January 2024 V.1 of 3

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## Subscribe To CVB'S Weekly PDF For Email Delivery.

CVB serves Connecticut's military/veteran community by researching and promoting events of interest from numerous resources. Each CVB event is listed with a dedicated page in bulletin format and remains listed in all subsequent issues, up to the Saturday before the event or the Saturday of the event.

Please inform your fellow Soldiers, Marines, Sailors and Airmen of Connecticut's premier mil/vet events calendar.

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▶ Check your inbox every Saturday morning. CVB should be delivered to your inbox no later than 8:00AM every Saturday.

▶ Enjoy, request a listing, benefit, participate in events, and disseminate each edition broadly via email, text, posts, word of mouth, printing & distributing.

▶ If not in your inbox, please check your spam folder. If it's not in your spam or junk folder, please review the above steps before requesting support.

Please support your local Military/Veterans initiatives by sharing, printing & physically posting, liking and commenting.

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**Connecticut's Premiere Military & Veterans Event Calendar Publication**





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## Post Your Mil/Vet Related Event In CVB

1. Requests for postings are not guaranteed to make the next edition and must meet minimum requirements.
2. Requests must be received no later than 0700 on Thursdays in order to be eligible for publication in the next Saturday edition. Requests received after Thursday 0700 will be included in the following week's edition, if the event has not yet occurred.
3. Post Requests can be made by clicking the [Submit-Your-Listing](#) link.  
<https://form.jotform.com/CTVETSBULLETIN/submit-your-listing>
  - All Posting requests **MUST INCLUDE**;
    - The Date and time of the event
    - The title of the event
    - The coordinator's name or Coordinating organization name
    - Contact information
    - Individual, organization or program benefiting by the donation proceeds
      - *(mandatory if donations are solicited. Not required otherwise)*
  - Optional inclusions;
    - Links to Facebook event, tickets, more information.
    - Images in jpeg format.



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**JOIN CVB GROUP ON Facebook/FOLLOW CVB'S MEMORIAL PAGE On Facebook**

	<p><b><a href="#">Join CVB Group On Facebook</a> &amp; Share Mil/Vet Postings Of Interest Visit;</b></p> <p><a href="https://www.facebook.com/Connecticut.Veterans.Bulletin/">https://www.facebook.com/Connecticut.Veterans.Bulletin/</a></p> <p><b>FOLLOW CVB'S MEMORIAL PAGE AS WE HONOR OUR NATIONAL HEROES ON BIRTHDAYS AND ANNIVERSARIES.</b></p> <p>Add your hero to the memorial page. Submit a military or best available electronic image of your hero, their full name, highest earned grade, their birth and angelversary dates. CVB Memorial page will post on each birthday and angelversary of your hero.</p> <p><a href="https://www.facebook.com/Connecticut.Veterans.Bulletin/">https://www.facebook.com/Connecticut.Veterans.Bulletin/</a></p>
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