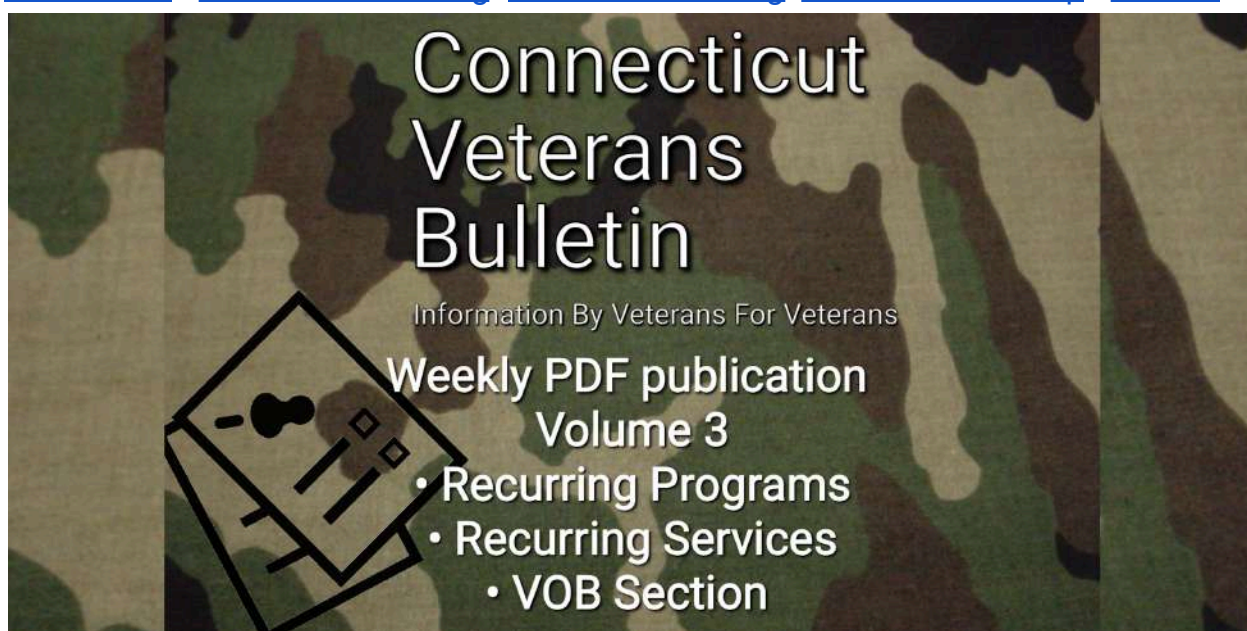




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EASTERN CONNECTICUT VETERANS  
COMMUNITY CENTER

## VETERANS COFFEE HOUSE

Hops 44, 625 Middle Turnpike, Storrs CT  
Wednesdays 9-11am

WATERFORD VETERAN  
COFFEE HOUSE

EVERY SECOND  
TUESDAY OF THE MONTH  
9:00AM-11:00AM

PLEASE JOIN US FOR COFFEE AND CONVERSATION  
ABOUT VETERANS

FILOMENA'S  
282 WESTERN POST RD #1, WATERFORD, CT 06495

CONFESSIONS BY THE COMMANDER: YOUR STORY, YOUR VOICE, YOUR LEGACY. WE'LL BE THERE TO LISTEN AND SHARE YOUR STORY WITH THE WORLD.

## NEWINGTON VETERANS COFFEE HOUSE

AMERICAN LEGION POST 117  
294 WILLARD AVE., NEWINGTON, CT  
860-540-5549 / NEWINGTONVET@GMAIL.COM  
OPEN EVERY WEDNESDAY 9AM-2PM

NYCH IS A COMMUNITY SUPPORT GROUP  
OFFERING INFORMATION AND SUPPORT TO  
VETERANS IN AND AROUND THE TOWN OF  
NEWINGTON

SERVICES ARE FREE AND CONFIDENTIAL  
COME ON IN AND HAVE A CUP OF COFFEE. JOIN  
IN ON CONVERSATION AND COMRADESHIP!

\*\*\*\*\*  
DONATIONS ARE WELCOME AND CAN BE  
SENT TO:  
AL POST 117  
PO BOX 31904  
NEWINGTON, CT 06131-0984

## Veterans' Coffeehouse

Thomas Valley Council for Community Action, Inc.

**NORWICH**  
Every Wednesday  
United Congregational Church  
87 Broadway

**PAWCATUCK**  
2nd & 4th Thursdays  
Pawcatuck Neighborhood Center  
27 Chase St.

**NEW LONDON**  
1st Fridays  
New London Senior Citizens Center  
120 Broad St.

Coffeehouses meet from 9am to 11am

Support for the Veterans' Coffeehouses comes from:

**Chelsea Groton Foundation**  
VFW Foundation  
United Congregational Church  
of Norwich  
Municipal of Mayor

For Information, Contact:  
Executive Director  
CVB Coordinator  
860-425-5617  
info@ctvets.org

Mission Statement  
CVB's 501(c)(3) is to provide information and resources to veterans and their families. We are committed to providing information and resources to veterans and their families. We are committed to providing information and resources to veterans and their families.

THANK YOU  
VETERANS

## East Lyme Veteran Coffee House

Please join us for coffee and conversation!

VFW Post 5849  
39 Columbus Ave  
Niantic, CT 06357  
(860) 739 - 7364

Meetings will be held on the 2nd  
Wednesday at 6pm to 8pm

Veterans Helping Veterans  
on Veterans Issues

WELCOME VETERANS, FAMILY  
MEMBERS, & CAREGIVERS!

CANTON SENIOR CENTER

## VETERANS COFFEE HOUR

Monday, October 25, 2021  
Monday, January 24, 2022  
Monday, February 28, 2022  
Monday, March 28, 2022

~ 10:00AM-11:00AM ~

WE INVITE YOU TO JOIN US  
AT THE CANTON SENIOR  
CENTER FOR A COFFEE  
HOUR MEET & GREET!

COFFEE & TEA PROVIDED

Every 4th Monday of the Month  
- After the holidays -  
Register by calling 860-693-5811

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## Veteran's Coffeehouse Plainfield

Every Thursday 9A.M. - 11 A.M.  
Plainfield Town Hall Auditorium  
8 Community Avenue,  
Plainfield, CT (860)230-3001

Open to Any and All Veterans  
from All Towns Come to a safe environment  
to socialize, share stories,  
rekindle old friendships and create new ones!

## Veteran's Coffee Hour

at the Windsor Senior Center

Last Thursday of each month  
8:30 AM to 10:00 AM | All Ages

Coffee | Conversation | Connection

Give us a call at (860) 285-1992 for more information



Tuesday mornings from 8:30-10:30 a.m.  
Elks Lodge 574, 64 Edmond St. Putnam

**Danielson Veterans Coffeehouse** >

## Manchester Veterans Coffee House

3rd Thursday of the month  
10:00 to 12:30 a.m.  
Army Navy Club, 1090 Main St.,  
Manchester, CT

## The Town of Somers Connecticut

### Veterans Coffee House

last Saturday of the month  
8:30 to 11 a.m.

600 Main Street  
Somers, CT

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Town of *Tolland*  
CONNECTICUT

### Tolland Veterans Coffee House

The Tolland Veterans Recognition Commission is launching a monthly Veterans Coffee House from 10:00 am - 12:00 pm. These will be held the second Tuesday of the month at the United Congregational Church, Fellowship Hall, 45 Tolland Green

Town Offices: 21 Tolland Green, Tolland CT



### Stafford Veterans coffee house

Sponsored by  
American Legion Post 26

First Tuesday Monthly

9 am. To 11 a.m.

American Legion Post 26  
10 Monson Road  
Stafford Springs, CT 06076

Refreshments served



## COFFEE W/ VETERANS



9 AM - 11 AM  
2ND SATURDAY OF EACH MONTH  
AMERICAN LEGION POST 68 CANTEN

COME ENJOY FREE COFFEE, DANISHES & MUFFINS  
GOOD CONVERSATIONS!  
HELP US MAKE THIS A MONTHLY FREE EVENT!  
IF YOU NEED A RIDE PLEASE CONTACT  
MO JORDAN  
8602688969  
AMERICANLEGIONAUXPOST68@GMAIL.COM

154 Porters Pass  
Berlin CT 06037




### VETERANS COFFEE HOUSE OF EASTERN CT MEETS EVERY TUESDAY

DOORS OPEN AT 8:30 am

Meeting at 9:00 to 11:00 am

All veterans from all services!




GRISWOLD SENIOR CENTER, 220 TAYLOR HILL RD,  
GRISWOLD, CT 06361



## United

we stand.

COMING SOON! THIS FALL!

A support group for active military

Wednesday's at 2 PM

Sound Community Services  
21 Montauk Ave.  
New London, CT 06320

This is an opportunity for Active, Guard, and Reserve service members to come together to discuss their experiences and challenges to build supports outside of uniform and off base.

REGISTER NOW!

Call Lisa Moon at 860-439-6421

## 2-1-1

Resource Directory for Connecticut Veterans,  
Active Duty, National Guard and Reserves



**GENERAL VETERANS INFORMATION LINES**  
Connecticut Department of Veterans Affairs  
Benefits Support (for line 2) 860-927-3333 (toll-free) or on the web at [vetsinfo.org](#)

- Veterans Service Office - Torrington ..... 860-498-0504
- Veterans Service Office - Norwich ..... 860-887-2102
- Veterans Service Office - West Haven ..... 203-931-0460
- Veterans Service Office - Bridgeport ..... 203-336-2570
- Veterans Service Office - Waterbury ..... 203-865-5340
- State Veterans Home Healthcare ..... 860-616-5705
- Residential Facility, Veterans Home ..... 860-616-3803
- Substance Abuse Support, Veterans Home ..... 860-616-3803

**UNITED STATES DEPARTMENT OF VETERANS AFFAIRS**  
Information: Toll Free 1-800-827-3300 or [www.va.gov](#)

- VA Healthcare West Haven/Reserve ..... 203-432-5711
- Healthcare For Homeless Veterans ..... 203-479-8043
- VA CT Women Healthcare ..... 203-432-5711
- Connect Community Center West Haven ..... 203-479-8050
- Federal Veterans Readjustment Centers
  - Hartford Vet Center ..... 860-563-8800
  - Bridge Vet Center ..... 203-532-9899
  - Norwich Vet Center ..... 860-887-1755
  - Danbury Vet Center ..... 203-790-0300

**NOTE:** To search for additional resources go to the 2-1-1 Database, [www.211.org](#).

Go to [https://www.211.org/lookup](#) to search for resources for veterans and their families.

You can find 2-1-1 directly to talk to one of our call specialists, who can also assist you.

Adm: Change References to Connecticut 2-1-1 (Bookend Of Health, and Stress Services)  
Contact: Thomas Raybeck at 860-471-0503 or [thomasraybeck@state.ct.us](#)



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### Military to Machinist

» A Workplace Opportunity.



(203) 610-8141  
[dkeel@workplace.org](mailto:dkeel@workplace.org)

ARE YOU A VETERAN LIVING IN  
SOUTHWEST CONNECTICUT AND  
LOOKING FOR A  
CAREER IN MANUFACTURING?

- Virtual classes
- Connect with education and training services
- Receive help to secure apprenticeship and/or employment with local manufacturing companies

No cost to attend. Apply online at  
[www.workplace.org/military-to-machinist](http://www.workplace.org/military-to-machinist)



### THE MILITARY FAMILY CONNECTION

ALL VETERAN, ACTIVE DUTY AND RESERVE FAMILIES ARE INVITED TO JOIN KIM, A COMBAT VETERAN'S WIFE AND MOM OF TWO

**3 Venues**

- 1.) EVERY FIRST & THIRD THURSDAY  
EAST GRANBY FARMS  
RECREATION BUILDING  
79 NORTH MAIN STREET  
10 AM - 11 AM
- 2.) EVERY SECOND FRIDAY  
INNER RESOURCE 392 S. MAIN STREET STE. 7  
COLCHESTER CT  
6:30PM - 7:30PM
- 3.) LAST TUESDAY EVERY MONTH  
1ST OCCURRENCE 31 MARCH  
STARBUCKS 930 HOPMEADOW RD  
SIMSBURY, CONNECTICUT 06070  
6:30PM - 7:30PM

CHILDREN ARE WELCOME  
COFFEE, TEA AND LIGHT SNACKS WILL BE PROVIDED.

FOR MORE INFORMATION AND TO RSVP,  
PLEASE CONTACT KIM AT: [k157598@gmail.com](mailto:k157598@gmail.com)  
GROUP REGISTRATION IS WELCOME.  
FOLLOW ALONG ON FACEBOOK AT FACEBOOK.COM/MFCCT

### FOOD PANTRY AND RESOURCES AVAILABLE



## Veterans Strong Community Center

Serving Veterans - Past, Present, and Future

111 North Main Street (Bristol City Hall) Bristol, CT 06010

Open by appointment Monday - Thursday 8:30 am - 4:00 pm

Serving Bristol, Burlington, Harwinton, Plainville, Plymouth, Thomaston and Wolcott

FOR VETERANS, SERVICE MEMBERS, AND THEIR DEPENDENTS



THE AMERICAN LEGION  
MAY-DAVIS STOTZER POST 117

## POST 9/11 SUPPORT GROUP

Monthly 1st and 4th Wednesday  
4:30PM - 6:30PM  
294 Willard Avenue  
Newington, CT 06111

FOR ALL  
SERVICEMEMBERS,  
VETERANS, AND  
FAMILY MEMBERS

The support group offers support services to all military members and their families who have been affected by the events of 9/11. The group is open to all military members and their families who have been affected by the events of 9/11. The group is open to all military members and their families who have been affected by the events of 9/11.

NEXT CHECK OUT THE ALPHABETICALLY CLASSIFIED SECTION BELOW FOR, DONATIONS NEEDED, FOOD, FUN, MEMBERSHIP OPPORTUNITIES, PROGRAMS, PUBLICATIONS, SERVICES, VETERAN OWNED BUSINESSES, EMERGENCY SERVICES AVAILABLE & MORE TO BE ADDED SOON!!

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## DONATION

[Care Package Drive](#)

### CARE PACKAGE DRIVE



**The WHEELER-YOUNG VETERANS OF FOREIGN WARS**  
Waterbury, Connecticut Post 201

IS ACCEPTING DONATIONS FOR "CARE" PACKAGES IN SUPPORT OF OUR CT NATIONAL GUARD TROOPS DEPLOYED TO AFRICA

SPECIFIC ITEMS REQUESTED BY THOSE TROOPS ARE

PLAYING CARDS - UNO CARDS - TRAVEL SIZE GAMES  
TRAVEL SIZE TOILETRIES - TOOTHPASTE - SHAMPOO - SOAP  
MOUTH WASH - DENTAL FLOSS STICKS - DEODORANT  
BABY WIPES - RAZORS

**PLEASE** - NO AEROSOL CANS

NON-PERISHABLE ITEMS REQUESTED ARE

PEANUT BUTTER AND CRACKERS - CHEESE AND CRACKERS - BEEF JERKY  
TUNA CREATIONS - TUNA IN POUCHES - PRINGLES CHIPS - HARD CANDIES

YOU CAN PROVIDE A MONETARY DONATION FOR US TO PURCHASE AND SHIP THE ITEMS  
OVERSEAS TO VFW POST 201, (**INDICATE TROOP PACKAGES**) - 2205 BALDWIN ST.,  
WATERBURY, CT 06706

THANK YOU FOR SUPPORTING OUR TROOPS

The Waterbury Wheeler-Young Veterans of Foreign Wars Post 201 is having a "CARE PACKAGE DRIVE" to provide comfort items for our own Connecticut National Guard troops who are now deployed to Africa. Currently Accepting Donations For Care Packages For CT. National Guard Troops Deployed To Africa. Any Of The Following Items Will Be Appreciated:

PLAYING CARDS, UNO CARDS, TRAVEL SIZE GAMES, TRAVEL TOILETRIES: TOOTHPASTE, SHAMPOO, SOAP, MOUTH WASH, FLOSS STICKS, DEODORANT, BABY WIPES, RAZORS. PLEASE NO AEROSOL CANS. NON-PERISHABLE FOOD ITEMS: PEANUT BUTTER AND CRACKER, CHEESE AND CRACKERS, BEEF JERKY, TUNA CREATIONS, TUNA IN POUCHES, PRINGLES CHIPS, HARD CANDIES.

OR YOU MAY MAKE A MONETARY DONATION FOR US TO PURCHASE THESE ITEMS AND SHIP THEM OVERSEAS. Items Can Be Dropped Off At Post 201 Or Call

(203) 754-0738

THANK YOU

**Hosted by** [VFW Wheeler - Young Post 201](#)

**Location** 2205 Baldwin Street Waterbury CT, 06706



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**DONATION Ongoing** EASTERSEALS VETERANS RALLY POINT LEGACY BRICKS BUY A BRICK, LEAVE A LEGACY!

**BUY A BRICK, LEAVE A LEGACY!**

**EASTERSEALS VETERANS RALLY POINT:  
BUY A BRICK, LEAVE A LEGACY!**

At our one-of-a-kind center of excellence, Veterans and military families are one step away from getting the services they need with personalized case management.

We help veterans to navigate the difficult path of civilian transition with free life-changing services:

- VA Benefits Consultation
- Behavioral Health
- Employment and resume assistance
- Computer Center
- Educational & Job Skill Training
- Emergency Financial Assessments, and Financial Coaching
- Clothing Closet & Food Pantry
- Caregiver Training & Support
- Case Management
- Transitional Housing
- Peer to Peer Support Groups

**A New Home**  
 Your support of our Brick Campaign will allow us to expand our Veteran & Military Family Services IMPACT footprint. We are approaching the completion of our long-awaited buildout of an 18,000 square foot comprehensive, Center of Excellence for Connecticut Veterans. Our new home provides Veterans with a one-stop shop of services where members are treated holistically including: a wellness space, employment center, behavioral health suite, medical screening room, fitness center, commercial grade kitchen, makerspace and more.

Your brick will be placed in our flagged courtyard.

To see how Easterseals Veterans Rally Point impacts lives, visit <https://youtu.be/nSL0xcSawLU>

**TO DONATE OR BUY A BRICK VISIT...**  
[www.polarengraving.com/eastersealscapitalregionandeasternct](http://www.polarengraving.com/eastersealscapitalregionandeasternct) **OR SIMPLY SCAN THIS QR CODE**

Your support of our Brick Campaign will allow us to expand our Veteran & Military Family Services IMPACT footprint. We are approaching the completion of our long-awaited buildout of an 18,000 square foot comprehensive, Center of Excellence for Connecticut Veterans. Our new home provides Veterans with a one-stop shop of services where members are treated holistically including: a wellness space, employment center, behavioral health suite, medical screening room, fitness center, commercial grade kitchen, makerspace and more. Your brick will be placed in our flagged courtyard.

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**TO DONATE OR BUY A BRICK VISIT...**  
[www.polarengraving.com/eastersealscapitalregionandeasternct](http://www.polarengraving.com/eastersealscapitalregionandeasternct)  
**OR SIMPLY SCAN THE QR CODE**

**Location Virtual**  
**Hosted by [Veterans Rally Point](#)** (860)859-4148 x1

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**FOOD** Sundays 8:30AM - 11:00AM

[Sunday Morning Breakfast @ Post 14's Bistro](#)



Every Sunday Morning  
Breakfast @ Post 14's  
Bistro 8:30 -11 AM.  
\*PRICES VARY

Breakfast made to order.  
great menu!!!

Includes:

Eggs Pancakes  
Hashbrowns Sausage  
Bacon French Toast  
Mimosa's & Bloody Mary's

\*Hope to see you bring the Family!!!

**Location** 114 West St, Vernon, CT 06066  
**Hosted by** [American Legion Post 14](#) (860)875-1091



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**FOOD** 1st Sunday Every Month 8:00AM - 10:30AM

[Wallingford VFW Post 591 Sunday Breakfast](#)

 <p style="text-align: center;"><b>BREAKFAST IS BACK</b></p> <p style="text-align: center;">AT THE <b>WALLINGFORD V F W POST 591</b> <b>FIRST SUNDAY EVERY MONTH</b> STARTING <b>SUNDAY FEBRUARY 5, 2023</b> <b>\$10.00 pp - CHILDREN 12 and under FREE</b> <b>8:00 TO 10:30 AM</b> <b>SERVED BUFFET STYLE</b> <b>EGGS TO ORDER OR SCRAMBLED</b></p> <p style="text-align: center;"><b>BACON</b> <b>HASH BROWNS</b> <b>TOAST</b> <b>WAFFLES</b> <b>FRUIT CUP</b> <b>ORANGE OR TOMATO JUICE</b> <b>COFFEE &amp; TEA</b></p> <p style="text-align: center; font-size: small;">23 PRINCE STREET, WALLINGFORD</p>	<p>BREAKFAST IS BACK AT THE WALLINGFORD VFW POST 591 FIRST SUNDAY EVERY MONTH STARTING SUNDAY FEBRUARY 5, 2023</p> <p>\$10.00 pp - CHILDREN 12 and under FREE 8:00 TO 10:30 AM SERVED BUFFET STYLE</p> <ul style="list-style-type: none"> <li>• EGGS TO ORDER OR SCRAMBLED</li> <li>• BACON</li> <li>• HASH BROWNS</li> <li>• TOAST</li> <li>• WAFFLES</li> <li>• FRUIT CUP</li> <li>• ORANGE OR TOMATO JUICE</li> <li>• COFFEE &amp; TEA</li> </ul> <p><b>Hosted by</b> <a href="#">WALLINGFORD VFW POST 591</a> (203) 269-7114 <b>Location</b> 23 PRINCE STREET, WALLINGFORD</p>
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**FOOD 2nd Sunday Every Month 2022 8:00AM - 11:00AM**

[VFW Post 1724 Breakfast](#)

 <p><b>VFW POST 1724 BREAKFAST</b></p> <p><b>2<sup>ND</sup> SUNDAY OF EVERY MONTH</b></p> <p>OMELETES (MADE TO ORDER)</p> <p>EGGS (MADE TO ORDER)</p> <p>PANCAKES: PLAIN, BLUEBERRY, CRANBERRY, CHOCOLATE CHIP, BANANA, WALNUT</p> <p>FRENCH TOAST</p> <p>BACON</p> <p>SAUSAGE</p> <p>CORNER BEEF HASH</p> <p>HOME FRIES</p> <p>SAUSAGE GRAVY, AND BISCUITS</p> <p>TOAST: WHITE, WHEAT, OR RYE</p> <p>COFFEE, TEA, MILK, WATER, OR JUICE</p> <p>8:00AM-11:00AM (PLEASE NO EARLY BIRDS)</p> <p><b>ADULTS \$12.00 - SENIORS AND VETERANS \$10.00</b></p> 	<p>VFW POST 1724 BREAKFAST 2ND SUNDAY OF EVERY MONTH</p> <ul style="list-style-type: none"> <li>• OMELETES (MADE TO ORDER)</li> <li>• EGGS (MADE TO ORDER)</li> <li>• PANCAKES: PLAIN, BLUEBERRY, CRANBERRY, CHOCOLATE CHIP, BANANA, WALNUT</li> <li>• FRENCH TOAST</li> <li>• BACON</li> <li>• SAUSAGE</li> <li>• CORNER BEEF HASH</li> <li>• HOME FRIES</li> <li>• SAUSAGE GRAVY, AND BISCUITS</li> <li>• TOAST: WHITE, WHEAT, OR RYE</li> <li>• COFFEE, TEA, MILK, WATER, OR JUICE</li> </ul> <p>8:00AM-11:00AM (PLEASE NO EARLY BIRDS)</p> <p>ADULTS \$12.00 - SENIORS AND VETERANS \$10.00</p> <p><b>Hosted by <a href="#">VFW 1724</a></b> (860)423-0209</p> <p><b>Location</b> 1415 W Main St, Willimantic, CT 06226</p>
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**Food \*EVERY TUESDAY 4:00PM - 6:00PM**

[AMERICAN LEGION POST 68 BERLIN PASTA DINNER](#)

ALL YOU CAN EAT  
PASTA \$9  
ADD MEATBALL \$1 EACH  
SAUSAGE \$3 EACH  
\*\*BYOB\*\*  
GRAB AND GO IS STILL AN OPTION.

*Pasta Tuesdays*  
**NEW TIMES!!!!  
STARTING NOV 7TH  
4PM- 6PM !  
PLEASE HELP US  
SPREAD THE  
WORD!**

*American Legion  
Post 68 Berlin*  
154 Porters Pass  
Berlin, CT 06037  
(860) 828-9102

[AMERICAN LEGION](#)

[POST 68](#)

[BERLIN PASTA DINNER](#)

DINE IS NOW OPEN!

**\*EVERY TUESDAY**

4:00-6:00 PM

*\*Dinners pause for  
the month of August.  
Dinners resume in  
September.*

**ALL YOU CAN  
EAT PASTA \$9**

ADD MEATBALL \$1 EACH  
SAUSAGE \$3 EACH  
COME ENJOY A MEAL AND  
CONVERSATIONS.

\*\*BYOB\*\*

GRAB AND GO IS STILL AN  
OPTION.

Hosted by [AMERICAN  
LEGION POST 68](#)

(860)828-9102

**Location** 154 Porters Pass,  
Kensington, CT 06037

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**FOOD** Starting Thursday 15 April 2021 12:00PM - 6:00PM [VFW Post 10004 Canteen Menu](#)

## THE CANTEEN

★★★★ FIRST TOUR ★★★★★

**BULLETS**  
Hand cut fries  
Add extra clip (bacon & cheese) +\$2 / +\$3  
\$3 (small) / \$5 (large)

**TORPEDOS**  
Breaded mozzarella sticks (6)  
\$7

**GRUNTS**  
Tempura fried onion petals served with Calvary sauce  
\$6

**FLYBOYS**  
Breaded chicken tenders (5)  
Choice of buffalo, BBQ, Thai chili, honey sriracha  
\$7

★★★★ SECOND TOUR ★★★★★  
add fries to any sandwich for \$2!

**THE GENERAL**  
8oz. fresh beef patty cooked to your liking, bacon, fried onions, smoked cheddar & BBQ sauce  
\$8

**THE PRIVATE**  
8oz. fresh beef patty cooked to your liking, cheddar, lettuce, tomato, onion  
\$6

**THE MARINE**  
Shaved rib-eye, onions, peppers, smoked cheddar, *Cavalry* sauce  
\$10

**THE COLONEL**  
Fried chicken breast, lettuce, tomato, cheddar, honey sriracha  
\$7

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Please notify your server of any allergies.

VFW Post 10004 Canteen Menu will run each week with specials on Friday nights all prepared by Chef William.

\*\*\*\* FIRST TOUR \*\*\*\*

**BULLETS**  
Hand cut fries Add extra clip (bacon & cheese) +\$2 +\$3 \$3(small) /\$5(large)

**TORPEDOS**  
Breaded mozzarella sticks(6) \$7

**GRUNTS**  
Tempura fried onion petals served with Calvary sauce \$6

**FLYBOYS**  
Breaded chicken tenders (5)  
Choice of buffalo, BBQ, Thai chili, honey sriracha \$7

\*\*\*\* SECOND TOUR \*\*\*\*

add fries to any sandwich for \$2

**THE GENERAL**  
8oz. fresh beef patty cooked to your liking, bacon, fried onions, smoked cheddar & BBQ sauce \$8

**THE PRIVATE**  
8oz. fresh beef patty cooked to your liking. cheddar, lettuce, tomato, onion \$6

**THE MARINE**  
Shaved ribeye, onions, peppers, smoked cheddar, Cavalry sauce \$10

**THE COLONEL**  
Fried chicken breast, lettuce, tomato, cheddar, honey sriracha \$7

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions, please notify your server of any allergies.

**Location** 263 Taylor Hill Rd, Jewett City, CT 06351

**Hosted by** [The Canteen at VFW Post 10004 Jewett City CT](#)

(860)376-5226

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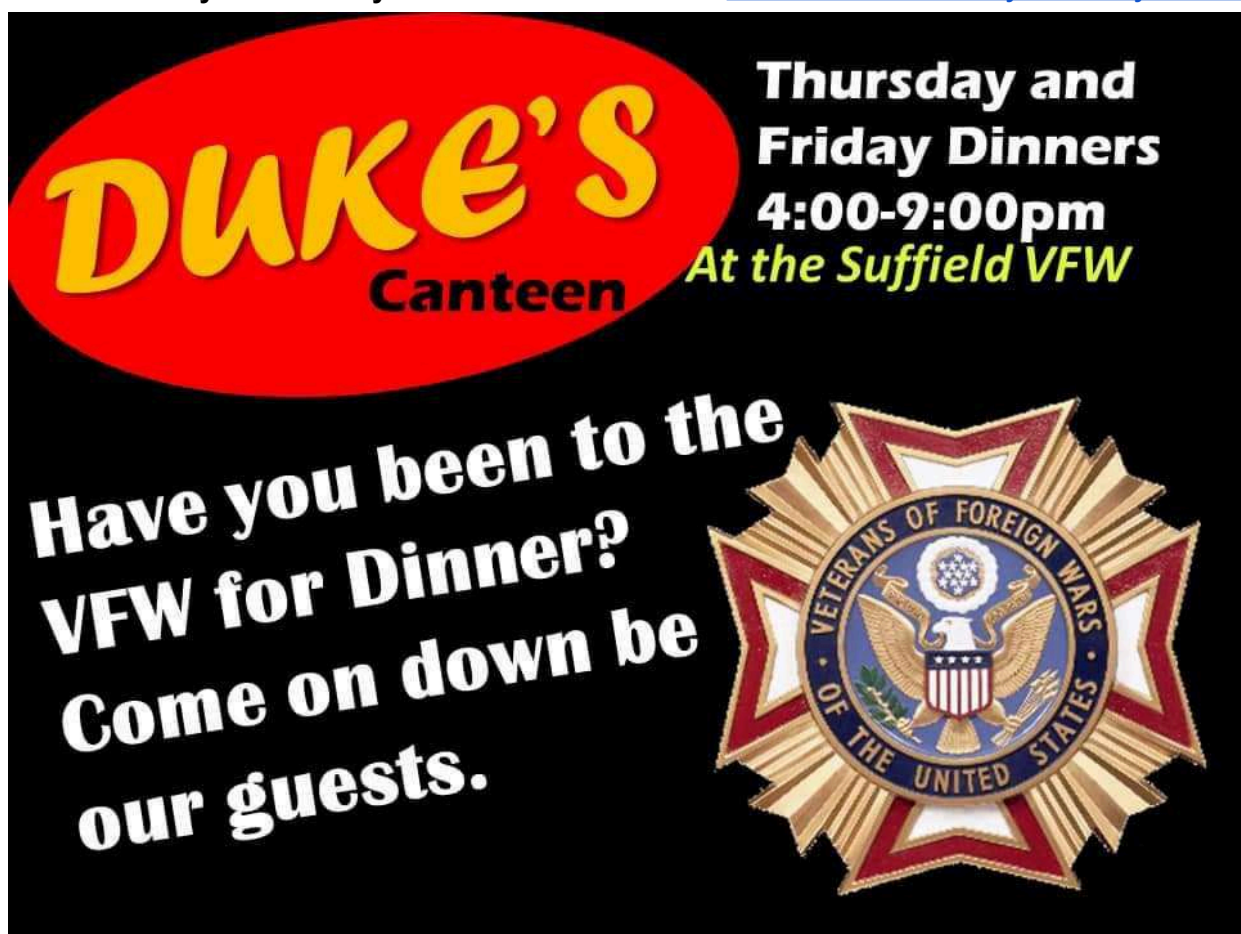


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**Food** [Thursdays and Fridays 2023 4:00PM - 9:00PM](#) [Duke's Canteen Thursday and Friday Dinners](#)



[Duke's Canteen Thursday and Friday Dinners](#)

4:00 - 9:00PM At the Suffield VFW

Hosted by [Suffield VFW Post 9544](#) (860) 668-4922

Location 972 Sheldon St, West Suffield, CT 06093

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**FOOD** Fridays 6:00PM

[Steak Night At The VFW](#)



**STEAK NIGHT**  
EVERY FRIDAY NIGHT

**AT THE VFW - ROCKY HILL CT POST - 2138**

**PREMIUM QUALITY SIRLOIN STEAK  
BAKED POTATO, SALAD, DINNER ROLL**

**FROM 6PM**

**ONLY \$20**

**SUPPORT YOUR VETERANS**

**THANKS TO OUR SUPPORTERS**

**COLES ROAD BREWING** **WEST SIDE Marketplace** **All-GAS**

## [Steak Night At The VFW](#)

EVERY FRIDAY NIGHT  
AT THE VFW -  
ROCKY HILL CT POST -  
2138  
FROM 6PM

PREMIUM QUALITY  
SIRLOIN STEAK BAKED  
POTATO, SALAD,  
DINNER ROLL  
**ONLY \$20**

THANKS TO OUR  
SUPPORTERS  
[COLES ROAD BREWING](#)  
[WEST SIDE Marketplace](#)  
[All-GAS](#)  
SUPPORT YOUR VETERANS

**Hosted by** [VFW Post 2138](#)  
(860) 563-8876  
**Location** 3272 Main St,  
Rocky Hill, CT 06067

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**FUN** Every Other Sunday 2022 1:00PM

Music BINGO



[American Legion Post 112](#) Music BINGO!

1 PM Every Other Sunday

Hosted by [Bill Bauer](#) & [American Legion Post 112](#) (860)848-1394

Location 89 Pink Row Montville CT

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**FUN** Every Thursday 2022 5:30PM

[Thursday Night VFW Cruise](#)

## THURSDAY NIGHT V.F.W. CRUISE

5:30 PM EVERY WEEK

### SMALLEY BROTHERS V.F.W. POST 6123 36 FAIRVIEW ST. WINDSOR LOCKS, CT.



RPM CLUB ON  
FACEBOOK



### [THURSDAY NIGHT V.F.W. CRUISE](#)

5:30 PM EVERY  
WEEK SMALLEY  
BROTHERS  
V.F.W. POST  
6123 36  
FAIRVIEW ST.  
WINDSOR  
LOCKS, CT.

RPM CLUB ON  
FACEBOOK

Hosted by [SMALLEY  
BROTHERS V.F.W. POST  
6123](#) (860)623-6856

**Location** SMALLEY  
BROTHERS V.F.W. POST  
6123 36 FAIRVIEW ST.  
WINDSOR LOCKS, CT.

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**FUN** 1st/ 3rd Thursday of Month 6:00PM - 7:30PM

[Soldier Songs and Voices](#)

# SOLDIER SONGS *and* VOICES

## FREE MUSIC LESSONS & SONGWRITING WORKSHOP



***Soldier Songs and Voices organization bringing music to local Veterans in Suffield, CT for Northern CT/ Western MA***

**WHEN:** 1st/ 3rd Thursday of Month, 6:00-7:30 Upstairs Hall

**WHERE:** Suffield VFW 9544, 972 Sheldon Street, Suffield, CT.

All Veterans WELCOME. No songwriting experience necessary and you do not need to know how to play and instrument.

**Contact:** Eddie Gautier 860-422-5192 [saintshouse@icloud.com](mailto:saintshouse@icloud.com)

[SOLDIER SONGS and VOICES](#). FREE MUSIC LESSONS & SONGWRITING WORKSHOP.

Soldier Songs and Voices organization bringing music to local Veterans in Suffield, CT for Northern CT/ Western MA. All Veterans WELCOME.

No songwriting experience is necessary and you do not need to know how to play an instrument.

**Contact:** Eddie Gautier (860)422-5192 [saintshouse@icloud.com](mailto:saintshouse@icloud.com)

**Hosted by** [Suffield VFW 9544](#) (860)668-4922

**Location** Suffield VFW 9544, 972 Sheldon Street, Suffield, CT

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**FUN 3rd Thursday monthly 2023 12:30PM**

[Veterans Coffee HOUSE](#)

<p>Veterans and Spouses/Significant Others are invited to the</p> <p><b>Veterans Coffee HOUSE</b></p> <p>3rd Thursday of each month 10am – 12:30pm</p> <p>at Army &amp; Navy Club 1090 Main St., Manchester, CT</p> <p>SERVING Commaraderie, Networking, Coffee, and Refreshments</p> <p>★ All Veterans Welcome! ★</p> <p>For more info: Paul Scappaticci   <a href="mailto:pscappaticci7750@att.net">pscappaticci7750@att.net</a>   cell phone 860-490-8193</p> <p>Supported By Manchester Veterans Advisory Committee   Veterans Task Force and</p> <div style="display: flex; justify-content: space-around;"> </div>	<p>Veterans and Spouses/Significant Others are invited to the <a href="#">Veterans Coffee HOUSE</a> 3rd Thursday of each month, 2023 10am - 12:30pm</p> <p>SERVING Camaraderie, Networking, Coffee, and Refreshments ★All Veterans Welcome! ★ Supported By Manchester Veterans Advisory Committee   Veterans Task Force and</p> <ul style="list-style-type: none"> <li>• Elks Lodge 1893 Manchester</li> <li>• Varca-Lechause Chapter 17 Disabled American Veterans</li> <li>• Anderson-Shea Post 2046 Veterans of Foreign War</li> <li>• Dillworth-Cornell-Quey Post 102 American Legion</li> </ul> <p><b>For more info:</b> Paul Scappaticci   <a href="mailto:pscappaticci7750@att.net">pscappaticci7750@att.net</a>   cell phone 860-490-8193</p> <p><b>Hosted by</b> <a href="#">Army &amp; Navy Club</a> (860) 646-9133</p> <p><b>Location</b> Army &amp; Navy Club 1090 Main St., Manchester, CT</p>
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**FUN** Friday Nights 8:00PM - 12:00AM

[VFW 5095 Karaoke Friday Nights](#)



## [VFW 5095 East Hampton Karaoke](#)

**Friday Nights 8PM - 12PM (In The Bar Room)**

Hosted by [VFW POST 5095 East Hampton](#) (860) 267-8837

Location 20 North Maple Street, East Hampton, CT 06424

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**FUN** Every Friday and Saturday evening 2022 6:30PM [American Legion Post 165 Family Bingo](#)



Doors open at 4:30 and games begin at 6:30pm. Admission is \$15. We have 2-progressives, 2-winner take all games, a quickie and bonanza games. All specials are \$1 per strip. We have Pull Tabs and Pull Tab game events available. The kitchen is open and hosts a variety of food and snacks. The parking is ample and well lit. Come on out for some fun and who knows you could go home a big winner. Proceeds help to support our veterans, military, their families and the community.

**Hosted by** [American Legion Post 165](#) (203)879-1090

**Location** 1253 Wolcott Rd, Wolcott, CT 06716

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**FUN** Every Friday Evening 2022 Doors Open 7:00PM

[Stafford American Legion Bingo](#)



Stafford American Legion, 10 Monson Rd, Stafford Springs. Every Friday. First game starts at 7:00, doors open at 5:00. The American Legion Auxiliary also has hotdogs, soda, water, chips and candy for sale. A fun, affordable night!

Hosted by [Stafford Springs American Legion](#).

Location Stafford American Legion, 10 Monson Rd, Stafford Springs, CT

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**MEMBERSHIP** [The American Legion Riders Member Information Form/Application for Membership](#)

<div style="text-align: center;">  <h2 style="margin: 0;">The American Legion Riders</h2> </div> <p style="text-align: center;"><b>Member Information Form/Application for Membership</b></p> <p><i>About You:</i> Complete this section in its entirety.</p> <p>Last Name: _____ First Name: _____</p> <p>Nickname/Rider Name: _____</p> <p>Home Address: _____ Apt: _____</p> <p>City: _____ State: _____ Zip: _____</p> <p>Home Phone: ( ) - _____ Cell Phone: ( ) - _____</p> <p>Spouse: _____</p> <p>Birth Date: ____/____/____ Email address: _____</p> <p>Check one: Member of: <input type="checkbox"/> Legion <input type="checkbox"/> SAL <input type="checkbox"/> Auxiliary at Post # _____ AL/SAL/Aux Member#: _____</p> <p>Emergency Contact Name: _____ Phone: ( ) - _____</p> <p><i>About your bike:</i> Complete this section if you will be riding a motorcycle with the ALR. Cross it out if you will be a passenger.</p> <p>Make: _____ Model: _____ Displacement: _____</p> <p><input type="checkbox"/> I do not own a bike and will be joining as a passenger.</p> <p><i>About the law:</i> Check the box alongside the appropriate statement below, and sign and date BOTH sections.</p> <p><input type="checkbox"/> "I, the undersigned, certify that the motorcycle listed above is registered in my name and in accordance with state, city, and/or local licensing and registration requirements. I further certify that I carry property and liability insurance for myself, my passengers, and my motorcycle which meets at least the minimum state, city, and/or local insurance requirements. I also certify that I carry a valid driver's license with either a cycle endorsement or a valid Motorcycle Temporary Instruction Permit in accordance with state, city, and/or local laws. If my status changes, I will request, complete, and submit a new Member Information Form."</p> <p><input type="checkbox"/> "I am joining as a passenger of the following Rider: _____ I will not be operating a motorcycle as an American Legion Rider, but may be participating in American Legion Rider events as a passenger. If my status changes, I will request, complete, and submit a new Member Information Form."</p> <p>Signed: _____ Date: _____</p> <p><small>All members must signify their understanding and certification of the relative section above by signing and dating here.</small></p> <p>"I, the undersigned, agree that the American Legion, and the American Legion Motorcycle Association (hereinafter referred to as "The American Legion Riders" or simply as "Riders"), shall not be liable or responsible for damage to property or injury to persons including myself during any Riders activities, even where the damage or injury is caused by negligence (except willful neglect). I understand and agree that all Riders members and their guests participate voluntarily, and at their own risk in all Riders activities. I release and hold the Riders officers and the American Legion harmless for any injury loss to my person or property that may result through my participation in the Riders and/or their activities. I understand that this means that I agree not to sue the Riders officers, whether local, state or national, nor the American Legion for any injury resulting to myself or my property in connection with and Riders activities."</p> <p>Signed: _____ Date: _____</p> <p><small>All members must signify their understanding of and agreement with the above by signing and dating here.</small></p> <p style="font-size: small;">Form ALR(MF)20040615</p> <p style="text-align: center;">ALR Membership Number: _____ To be renewed annually and kept on file</p>	<p><a href="#">The American Legion Riders Member Information Form/Application for Membership</a></p> <p>Hello, We're looking for legion riders and vfw riders in the northeast corner of the state to join America Legion Post 91 Riders. I am the District 4 Commander for the American Legion and VFW. Plus post commander of Post 91 Moosup. We also host the VJ Day Parade. Thank you. Please download the <a href="#">Member Information Form/Application for Membership</a></p> <p><b>Hosted by</b> <a href="#">Commander Tony Rendon American Legion Post 91 Moosup</a> (860)564-8005 <b>Location</b> Northeast corner of the state, CT</p>
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**PROGRAM** Ongoing Program [American Legion Post 12 Veteran of the Month Flag Ceremony](#)



**First Sunday Monthly** AT 11 AM – 12 PM

## **Veteran of the Month Flag Ceremony**

Public · Event by American Legion Post 12 Norwalk CT

For 30+ years, the American Legion in Norwalk has honored a deceased veteran on the first Sunday of the month. Stop by the American Legion to witness this time-honored event, which is a cornerstone program of Post 12 in Norwalk. There will be a reception following the ceremony.

60 County St, Norwalk, CT 06851 (203) 866-8249

### [American Legion Post 12 Veteran of the Month Flag Ceremony](#)

For 30+ years, the American Legion in Norwalk has honored a deceased veteran on the first Sunday of the month. Stop by the American Legion to witness this time-honored event, which is a cornerstone program of Post 12 in Norwalk. There will be a reception following the ceremony.

**Hosted by:**

[American Legion Post 12](#)  
(203) 866-8249

**Location:**

60 County St,  
Norwalk, CT 06851

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## PROGRAM Ongoing Veterans Program

## [Veterans Base Camp](#)

### Veterans Base Camp



Acoustic Instrument Building Program for veterans with PTSD, traumatic brain injuries, range of motion difficulties and parent/child family rebonding after deployment.

Veterans Base Camp Inc., 108 England Road Chaplin, CT 06238  
[www.veteransbasecampinc.org](http://www.veteransbasecampinc.org) 860-786-7163



Our Veterans Base Camp Instrument Program centers on improving the self-confidence and range of motion issues found in PTSD and traumatic brain injuries found in veterans of all services. Additionally, the program can be used to reconnect parent/child relationships after long periods of deployment.

The program is free to applicable veterans and children and is funded entirely by donations and the sale of donated used instruments that were refurbished in our workshop.

We have a range of instruments available for individual classes to include acoustic guitars, electric guitars, mandolins, ukeleles and

mountain dulcimers. Each style of instrument has its own skill-level and we can suggest the appropriate instrument for the veterans abilities.

To our knowledge our workshop is unique among veteran programs and offers a tangible reward while focusing on the veteran's abilities and pace of construction.

The instructor himself is a combat veteran, providing a closer relationship and bond between the student and teacher in many instances.

What may seem impossible to the entering student becomes a source of self confidence when the instrument is completed.

Acoustic Instrument Building Program for veterans with PTSD, traumatic brain injuries, range of motion difficulties and parent/child family rebonding after deployment.  
GUITAR BUILDING SCHOOL

Our Veterans Base Camp Instrument Program centers on improving the self confidence and range of motion issues found in PTSD and traumatic brain injuries found in veterans of all services. Additionally, the program can be used to reconnect parent/child relationships after long periods of deployment.

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**Location Veterans Base Camp Inc., 108 England Road Chaplin, CT 06238**

[www.veteransbasecampinc.org](http://www.veteransbasecampinc.org) 860-786-7163

**Hosted by Veterans Base Camp Inc. 860-786-7163**



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## **PROGRAM Online Anytime**

[American Legion Training Online Course](#)

The American Legion's official training program for officers, members, Legion College applicants and those who simply want to expand their knowledge of the nation's largest veterans service organization is now available online. Already taken the old course? The American Legion Extension Institute has been rewritten, updated, streamlined and enhanced with videos, digital photos, clickable links, a historical timeline and additional features. The program should take less than two hours to complete. It is divided into six sections, with a quiz at the end of each one, followed by a final exam.



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## PROGRAM

[Heal Her Art](#)



### American Legion Family Announces

**FREE Facebook Live Art Sessions**  
Starting April 12, 2020



Daily sessions at 4:00 pm PDT.  
Step-by-step professionally led art activities for all ages.  
No skills necessary.



**HOW TO PARTICIPATE**

1. Get a Facebook (FB) account. It's free.
2. Search for HEAL HER Art in FB.
3. "Like" the HEAL HER Art page.
4. On HEAL HER Art FB page (left side of page) click on "Events". The events calendar will populate.
5. Select a specific event to see artwork and read event details to include recommended materials.
6. On date/time of event, log into FB & open HEAL HER Art FB page.
7. Paint, Draw, Create & Watch live!

We're looking for sponsors to continue this program through May 2020. For details email alaunit62az@gmail.com.

**This Program Is Sponsored By**






We all need positive distractions during this time.

Here's a great idea from Heal Her Art.

They are hosting daily painting classes on their Facebook page.

<https://www.facebook.com/HEALHERArt/>

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Bringing Veterans Together



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## PROGRAM Ongoing Program

## [Mission Roll Call White Star Families](#)

	<p>A White Star Family is one who lost a close relative that served in the military to suicide. Whether they were active duty, reserve, or retired from the military, the single purpose of the White Star program is to honor those fallen service members and provide care and support to the families.</p>
	<p>At Mission Roll Call, our main priority is to end the epidemic of suicide among veterans. We've seen time and time again, service takes its toll, and it's not always evenly dispersed among its constituents. We've also seen that the Department of Veterans Affairs is either incapable of properly caring for its members or is undisturbed by the weight of this epidemic. That's why we're leveraging the power and resources of a grassroots movement, including the deafening voice of the American people, to stand up and proactively speak out against veteran suicide. Others among us have, are, and will do the same until we see the system currently in place changed for the better. Our veterans deserve more.</p>
<h3>White Star Families</h3>	<p>If you or your family members have been affected by veteran suicide, please <a href="#">reach out directly</a>, as we'd like to help you tell your story.</p>
<p>A White Star Family is one who lost a close relative that served in the military to suicide. Whether they were active duty, reserve, or retired from the military, the single purpose of the White Star program is to honor those fallen service members and provide care and support to the families.</p>	<p><b>Location</b> Online <b>Presented by</b> <a href="#">Mission Roll Call</a></p>
<p>At Mission Roll Call, our main priority is to end the epidemic of suicide among veterans. We've seen time and time again, service takes its toll, and it's not always evenly dispersed among its constituents. We've also seen that the Department of Veterans Affairs is either incapable of properly caring for its members or is undisturbed by the weight of this epidemic. That's why we're leveraging the power and resources of a grassroots movement, including the deafening voice of the American people, to stand up and proactively speak out against veteran suicide. Others among us have, are, and will do the same until we see the system currently in place changed for the better. Our veterans deserve more.</p>	
<p>If you or your family members have been affected by veteran suicide, please reach out directly, as we'd like to help you tell your story.</p>	

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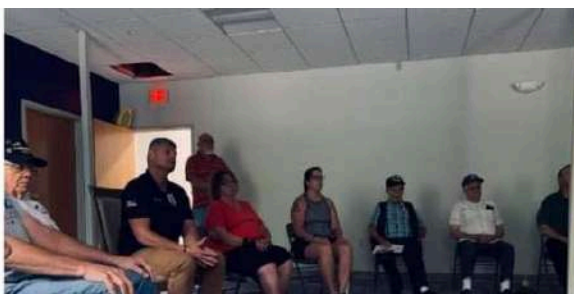
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**PROGRAM** Ongoing Program

[Vets Peer to Peer Meetup Group](#)



EASTERSEALS VETERANS RALLY POINT

## Vets Peer to Peer Meetup Groups

Hosted weekly by trained and certified VRP Staff Members



### Have you heard about our Veteran Peer-to-Peer Meetup Groups?

Veterans from all generations and services draw on their own journey and experiences. Our staff is uniquely equipped to create an environment where your peers serve as a trusted guide, offering a forum for hope, inspiration and insight. With a common foundation of service to our country, our weekly meetings create lasting bonds in an open, inviting environment here at Veterans Rally Point. Join us for conversations & refreshments! No topic is off limits. To attend a meeting, email Lori Marriott at [lmariott@escrec.org](mailto:lmariott@escrec.org) Together we stand!

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**PROGRAM** Ongoing Program

[US Vet Connect Inc.'s- Veterans Outdoors Resource Hub](#)



[US Vet Connect Inc.'s- Veterans Outdoors Resource Hub](#)

At [www.usvetconnect.com](http://www.usvetconnect.com), We are trying to combat veterans' suicide by offering up activities and service dog providers all in one place that are all over the United States. We are providing a place online to come together to find that military comradery in outdoor experiences. The mission of US Vet Connect.com is simple: it is to raise awareness for organizations that have a direct impact on veterans' lives and to make it as user friendly as possible for the veteran to find their next adventure.

Warmly,

Theresa Walters  
Founder/CEO - US Vet Connect Inc.

[www.usvetconnect.com](http://www.usvetconnect.com)  
[www.facebook.com/usvetconnect](https://www.facebook.com/usvetconnect)

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## PROGRAM Ongoing Veterans Program

## Horse Feathers Veterans Program



Do You Like Animals?

### The Horse Feathers Veterans Program

A **FREE** program for veterans at **Ray of Light Farm**, a horse, donkey, and animal rescue facility located at **232 Town Street in East Haddam, CT**. The program involves pairing veterans and first responders with horses and other animals to promote wellness for all, including those who may be affected by physical trauma or post traumatic stress.

**Horse Feathers** offers a variety of activities, including:

- Grooming, walking, horse turnout and basic animal care activities
- Driving horses/mules in carts
- Cultivating our Veterans Garden
- Helping with maintaining our facilities
- Participating in get-togethers such as picnics, holiday parties, etc.
- Other volunteer opportunities at the farm

Phone: 860-873-1895  
[HorseFeathers@rayoflightfarm.org](mailto:HorseFeathers@rayoflightfarm.org)



Our Horse Feathers Veterans Program has begun again for 2022. We meet every Wednesday from 10:00 a.m. to 1:00 p.m. All veterans and first responders are welcome. Call our coordinator, Jackie, at 860-550-1955 for more info.

Horse Feathers Veterans Program at Ray of Light Farm in East Haddam, CT is an equine learning and wellness program helping veterans or first responders with post traumatic stress.

Horse Feathers pledges to:

- promote emotional well-being for veterans and first responders through a connection with rescue horses
- inspire self-confidence through learning about horse related care and activities
- emphasize individual goals such as harnessing expertise, cart or wagon driving, barn management, grooming
- provide the opportunity to continue in the program as a volunteer for future clients

Horse Feathers is our largest active volunteer and participant group at the farm. Begun in 2015, Horse Feathers is an animal assisted wellness program that meets once a week to teach driving and horsemanship skills. The program also includes small animal assisted learning and has an active gardening group as well.

Our veteran volunteers have become active in many areas of the farm, especially bonding and working with our older sanctuary animals. They also help out with other areas of therapeutic horsemanship, not to mention the wonderful help our Veterans give us during our annual fundraisers.

The Horse Feathers group is entirely funded out of contributions. No charge is assessed to any member.

**Location** Ray of Light Farm  
 232 Town Street,  
 East Haddam, CT 06423  
**Hosted by** [Ray of Light Farm](#)  
 (860)873-1895

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## PROGRAM

## Veterans Equine Therapy Services

 <p><b>V.E.T.S.</b> VETERANS EQUINE THERAPEUTIC SERVICES</p> <p> <a href="#">CLICK HERE TO LEARN ABOUT PROGRAMS</a></p> <p> <a href="#">CLICK HERE TO DONATE TO V.E.T.S. - WE NEED YOUR HELP</a></p>	<p>At <a href="#">Veterans Equine Therapeutic Services</a>, veterans help veterans navigate post-service life.</p> <p><a href="#">V.E.T.S.</a> provides a serene place for military veterans to go that provides therapeutic healing through equine-related activities by highly skilled instructors, staff and trained volunteers.</p> <p><a href="#">V.E.T.S.</a> exists with the goal to provide our services at no charge to our clients. Some of our volunteers and staff are veterans themselves, and understand the challenges veterans face reintegrating into domestic life after experiencing the psychological trauma and physical wounds of war or life after service.</p> <p><a href="#">V.E.T.S.</a> is totally supported by your donations and our volunteers. Please use the link below to financially support our efforts that allow us to bring services to our veterans at no charge to them ever.</p> <p><b>Contact:</b>  <a href="#">Veterans Equine Therapeutic Services</a>          PO Box 621          New London, CT          06320          860-941-7129</p>
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**PROGRAM** Wednesdays 3:30PM - 4:30PM

[Veterans Support Group](#)

 <div style="display: flex; justify-content: center; align-items: center; gap: 10px;">  <h2 style="margin: 0;">VETERANS SUPPORT GROUP</h2> </div> <p style="color: #D4AF37; font-weight: bold;">STARTING WEDNESDAY, MAY 17, 2023</p> <p style="color: #0070C0; font-weight: bold;">Peer-led Veteran Clinical Support Group</p> <p style="color: #0070C0;">Service is not easy. Looking for support and a place to start?</p> <p style="color: #D4AF37; font-weight: bold;">Group topics include:</p> <ul style="list-style-type: none"> <li>Veteran Socialization</li> <li>Healthy Coping Skills</li> <li>Stress Management</li> <li>Addiction</li> <li>Gripping Sessions</li> <li>Reintegration</li> </ul> <p style="color: #D4AF37; font-weight: bold;">Wednesdays   15:30 - 16:30 (3:30pm - 4:30pm)</p> <p style="color: #0070C0;">Sound Community Services Oasis Clubhouse 21 Montauk Ave., New London</p> <p style="color: #D4AF37; font-weight: bold;">Group Facilitators:</p> <div style="display: flex; justify-content: space-around; margin: 10px 0;"> <div style="text-align: center;"> <p style="color: #0070C0; font-weight: bold;">Lisa Moon, LCSW</p> <p style="color: #0070C0;">USAR, Medical Corps</p> </div> <div style="text-align: center;"> <p style="color: #0070C0; font-weight: bold;">Nathan Ferrance</p> <p style="color: #0070C0;">CTARNG, Infantry</p> </div> </div> <p style="color: #0070C0; font-size: small;">Accepting referrals now.</p> <p style="color: #0070C0; font-size: small;">We take Tricare and all major health insurance plans. To find out more information or to schedule an intake today, please call our main office at 860.439.6400 and a Client Access Representative will connect you.</p>	<p style="color: #0070C0; font-weight: bold; text-decoration: underline;">Veterans Support Group</p> <p style="color: #0070C0; font-weight: bold;">STARTING WEDNESDAY, MAY 17, 2023</p> <p style="color: #0070C0;">Sound Community Services Peer-led Veteran Clinical Support Group Service is not easy. Looking for support and a place to start?</p> <p style="color: #0070C0; font-weight: bold; text-decoration: underline;">Group topics include:</p> <ul style="list-style-type: none"> <li>Veteran Socialization</li> <li>Healthy Coping Skills</li> <li>Stress Management</li> <li>Addiction</li> <li>Gripping Sessions</li> <li>Reintegration</li> </ul> <p style="color: #0070C0; font-weight: bold;">Wednesdays 15:30-16:30 (3:30pm - 4:30pm)</p> <p style="color: #0070C0; font-size: small;">Group Facilitators: Lisa Moon, LCSW USAR, Medical Corps Nathan Ferrance CTARNG, Infantry Accepting referrals now. We take Tricare and all major health insurance plans. To find out more information or to schedule an intake today, please call our main office at 860.439.6400 and a Client Access Representative will connect</p> <p style="color: #0070C0; font-weight: bold; text-decoration: underline;">Hosted <a href="#">Sound Community Services</a> (860)439-6400</p> <p style="color: #0070C0; font-weight: bold;">Location Sound Community Services Oasis Clubhouse 21 Montauk Ave., New London</p>
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## PROGRAM Ongoing Veterans Program

## WARRIORS FOR WARRIORS



**WARRIORS FOR WARRIORS**  
WWW.WARRIORSFORWARRIORS.US

# PTSD?

## SUICIDAL THOUGHTS?


"Sometimes even to live is an act of courage."  
*Seneca*

**Comprehensive Individual Acupuncture Treatment and PTSD Wellness Counseling for Veteran Suicide Prevention and Holistic Wellness – at NO COST!**


Since Covid prevented us from continuing our 7-year program of twice-monthly group acupuncture treatments, we have offered ongoing comprehensive individual care for struggling veterans. Once the Covid situation allows, we will continue to offer these individual treatments, and also restart the CAV program.

**No red tape! No wait! No delays! We've got you!!  
Call now: 860-739-5102**


**CONTACT US**




**Phone.**  
860-739-5102



**Web Site.**  
warriorsforwarriors.us



**Address.**  
339 Flanders Road, Suite 107  
East Lyme, Connecticut 06333



## OUR SERVICES


Veterans being treated will receive an expert full-hour intake diagnostic visit and explanation of treatment options and services, and a course of acupuncture treatments at no cost.

Qualified veterans include those with:


- Suicidal ideation
- Post Traumatic Stress from combat, military sexual trauma, and certain other service-connected situations
- Illness or injury from combat (including agent orange or other chemical exposures)
- Addiction related to service

All treatments are with David LoPriore Sensei, L.Ac. one of few national experts on treating veterans with PTSD, suicidal ideation and other veterans issues using acupuncture and warriorship-based holistic wellness counseling.

If you or someone you know may qualify for these services, please call us at 860-739-5102.



**WARRIORS FOR WARRIORS**  
WWW.WARRIORSFORWARRIORS.US



### WARRIORS FOR WARRIORS

[www.WARRIORSFORWARRIORS.US](http://www.WARRIORSFORWARRIORS.US)

#### PTSD? SUICIDAL THOUGHTS?

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**CONTACT US**

**Phone. 860-739-5102**

339 Flanders Road, Suite 107  
East Lyme, Connecticut 06333  
[WWW.WARRIORSFORWARRIORS.US](http://WWW.WARRIORSFORWARRIORS.US)

⋮ Veterans Crisis Line  
1-800-273-8255 S

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## PROGRAM

## [Shepard Meadows Veterans Program](#)



[Shepard Meadows](#). 733 Hill Street, Bristol, CT 06010 (860)314-0007

### Attention Southington Veterans

[Shepard Meadows](#) is a 501(c) (3) non-profit corporation located on a tranquil 26-acre farm in Bristol, CT with the mission to support the growth and well-being of all individuals, including those with special needs, by providing Equine-Assisted Services (EAS) in a safe, caring and professional environment. Through the efforts of [Southington American Legion Auxiliary unit 72](#) Southington Veterans can sign up for FREE About [Shepard Meadows Veterans Program](#), "Our Veterans Programs are provided at no cost to Veterans and their families. We provide both mounted and unmounted horsemanship programs for physical, emotional, social, recreational and educational gains. We also offer an optional blacksmithing combined program - double the fun and come work in the blacksmith shop with friends, then stay on for horsemanship and/or volunteering around the farm. We need your help!"

**To sign up please contact** Emily Eschner, Program director, Shepard Meadows Equestrian Center Bristol CT, 860-314-0007 [info@shepardmeadows.org](mailto:info@shepardmeadows.org) [website](#) [Veterans Program](#)

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**PROGRAM Tuesdays 2024 4:30PM - 6:30PM**

[VRP BROADCASTING STUDIO TRAINING & INTERNSHIP](#)

**A Partnership Between:**





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## VRP BROADCASTING STUDIO TRAINING & INTERNSHIP

Are you passionate about sharing stories, advocating for causes, and making your voice heard?  
This Veterans Rally Point Broadcasting Course is exclusively available for VRP members who are looking to excel in a career of broadcasting, reporting, or podcasting!

**COURSE INCLUDES:**

- Career skills that will empower you to thrive in the dynamic world of media
- Engaging workshops and practical training sessions
- 40hr Internship placement offering real hands-on experience in producing and editing
- \$250 stipend upon successful completion of training & internship experiences

**TUESDAYS, 4:30PM-6:30PM  
BEGINNING APRIL 30, 2024**

### VRP BROADCASTING STUDIO TRAINING & INTERNSHIP

A Partnership Between  
\$250 Stipend  
VRP BROADCASTING STUDIO TRAINING & INTERNSHIP

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BEGINNING APRIL 30, 2024

**In Partnership**  
[COMCAST NBC UNIVERSAL](#)  
& [EASTERSEALS VETERANS RALLY POINT](#)

**Location**  
218 Cheshire Road, Prospect,  
CT, 06712

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## PUBLICATION

[The Society of Forty Men and Eight Horses Voyageur Briefs](#)

**Voiture Nationale 40&8**

# *VOYAGEUR BRIEFS*



[The Society of Forty Men and Eight Horses Voyageur Briefs](#)

Presented by [VOITURE NATIONALE](#) (317)634-1804

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## SERVICES

## Connecticut Department of Labor Veterans Services

### CONNECTICUT DEPARTMENT OF LABOR VETERANS SERVICES



#### OVERVIEW

The Connecticut Department of Labor Veterans Services provides employment services assistance to eligible veterans and spouses.

Services may include, but are not limited to, the following:

<i>Resume preparation/revision</i>	<i>Job leads</i>	<i>Job search strategies</i>	<i>Interviewing tips/resources</i>
<i>Peer support</i>	<i>Locating resources</i>	<i>Case management</i>	<i>Career planning</i>

#### HOW DO I SCHEDULE AN APPOINTMENT?

Veterans and eligible spouses who are interested in scheduling an appointment, and or receiving services, should complete the following tasks in order:

- 1) Register for a free CT Hires account by accessing the following link <https://www.cthires.com/vosnet/loginintro.aspx> Select individual registration and be sure to review questions thoroughly and enter all military information completely.
- 2) Call or email one of the Disabled Veterans Outreach Program Specialist at the below contact information.

**Ryan Barry**  
CT Dept. of Labor Veterans Services  
60 Weston Street  
Hartford CT, 06120  
(203) 455 – 2711  
[ryan.barry@ct.gov](mailto:ryan.barry@ct.gov)

**Ronald Catania**  
CT Dept. of Labor Veterans Services  
60 Weston Street  
Hartford CT, 06120  
(860) 256 – 3711  
[ronald.catania@ct.gov](mailto:ronald.catania@ct.gov)

To learn more visit our webpage at: <http://www.ctdol.state.ct.us/veterans/default.htm>

The Connecticut Department of Labor Veterans Services provides employment services assistance to eligible veterans and spouses. Services may include, but are not limited to the following: Job leads, Locating resources, Job search strategies, Case management, Resume preparation/revision, Peer support, Interviewing tips/resources, Career planning

#### HOW DO I SCHEDULE AN APPOINTMENT?

Veterans and eligible spouses who are interested in scheduling an appointment, and or receiving services, should complete the following tasks in order:

- 1) Register for a free CT Hires account by accessing the following link <https://www.cthires.com/vosnet/loginintro.aspx> Select individual registration and be sure to review questions thoroughly and enter all military information completely.
- 2) Call or email one of the Disabled Veterans Outreach Program Specialist at the above contact information.

To learn more visit our webpage at: <http://www.ctdol.state.ct.us/veterans/default.htm>

#### Contacts

CT Dept. of Labor Veterans Services,  
3580 Main Street, Hartford CT, 06120

- Ryan Barry (203)455-2711  
[ryan.barry@ct.gov](mailto:ryan.barry@ct.gov)
- Ronald Catania (860) 256 3711  
[ronald.catania@ct.gov](mailto:ronald.catania@ct.gov)



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## SERVICES

[Eastern CT Veterans Community Center](#)

# EASTERN CT VETERANS COMMUNITY CENTER

**EASTERN CT VETERANS COMMUNITY CENTER**  
Our mission is to support our veterans and our military families and to advocate for their interests while providing them a safe, positive environment to meet, learn and grow.

**Some of Our Programs:**  
Coffee House-every Wed  
Women's Group  
Sobriety for Soldiers  
Hiking, fishing  
Billiards & ping pong  
Start Your Business  
Job Skills Development  
VA Benefits Assistance  
Martial Arts Training  
Family Nights  
Visit Our Vets

**FREEDOM FEST CONCERT**  
Saturday, July 31  
3:00-5:00 PM  
Jillson Square, Shaboo Stage  
Main, St., Willimantic

**WHISKEY TREATY ROADSHOW**  
Help us raise funds for our new center while enjoying some Americana, folk, rock music by this amazing band at our annual Freedom Fest concert.  
\$20 per person

1320 Main St., Suite 27, Willimantic, CT 06226  
[www.EasternCTVeteransCommunityCenter.com](http://www.EasternCTVeteransCommunityCenter.com)  
860-423-9949 follow us on facebook!



**MARTIAL ARTS FOR VETERANS & THEIR FAMILY**  
Tuesdays & Thursdays  
5:30-7:00 PM  
\$50 per month (\$40 Vets)  
Master Dan Arnini



**SOLDIERS FOR SOBRIETY**  
AA Meeting for Veterans  
Every Tuesday  
11:30AM-12:30 PM

EASTERN CT VETERANS COMMUNITY CENTER  
1320 Main St., Suite 27, Willimantic, CT



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**CVB's Connecticut Veteran Owned Business Directory  
has been upgraded and has moved.**

**[CLICK HERE TO ACCESS CVB's Connecticut Veteran Owned Business Directory](#)**

# CONNECTICUT VETERAN OWNED BUSINESS DIRECTORY/HOME



**CT VOB DIRECTORY**

Connecticut Veteran Owned  
Business Directory/Home

## HOME

## CVB CT VETERAN OWNED



Saturday 27 April 2024

# Connecticut Veterans Bulletin

Information By Veterans For Veterans  
Bringing Veterans Together

CTVETSBULLETIN.ORG

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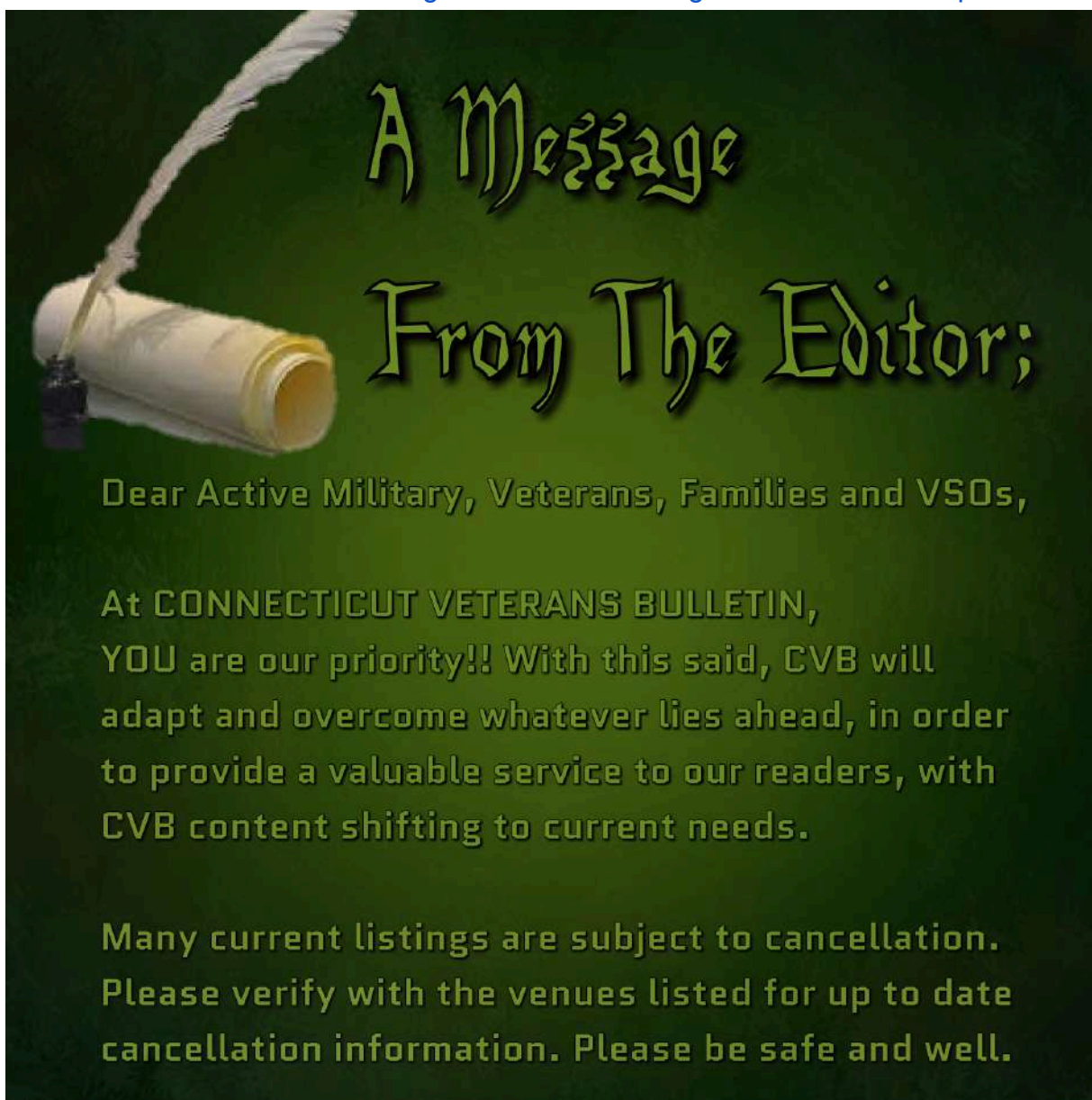
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## A Message From The Editor;

Dear Active Military, Veterans, Families and VSOs,

At CONNECTICUT VETERANS BULLETIN,  
YOU are our priority!! With this said, CVB will  
adapt and overcome whatever lies ahead, in order  
to provide a valuable service to our readers, with  
CVB content shifting to current needs.

Many current listings are subject to cancellation.  
Please verify with the venues listed for up to date  
cancellation information. Please be safe and well.

Connecticut's Premiere Military & Veterans Event Calendar Publication



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## Subscribe To CVB'S Weekly PDF For Email Delivery.

CVB serves Connecticut's military/veteran community by researching and promoting events of interest from numerous resources. Each CVB event is listed with a dedicated page in bulletin format and remains listed in all subsequent issues, up to the Saturday before the event or the Saturday of the event.

Please inform your fellow Soldiers, Marines, Sailors and Airmen of Connecticut's premier mil/vet events calendar.

## Subscribe For Free Weekly Email Delivery of CVB PDF Publications

For weekly email delivery visit; [▶ https://ctvetsbulletin.org/subscribe/](https://ctvetsbulletin.org/subscribe/)

▶ Enter your email address.

▶ Add donotreply@wordpress.com to your safe list

▶ Check your inbox every Saturday morning. CVB should be delivered to your inbox no later than 8:00AM every Saturday.

▶ Enjoy, request a listing, benefit, participate in events, and disseminate each edition broadly via email, text, posts, word of mouth, printing & distributing.

▶ If not in your inbox, please check your spam folder. If it's not in your spam or junk folder, please review the above steps before requesting support.

Please support your local Military/Veterans initiatives by sharing, printing & physically posting, liking and commenting.

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**Connecticut's Premiere Military & Veterans Event Calendar Publication**



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## Post Your Military/Veteran Related Event In CVB'S Connecticut Veterans Calendar Publication.

# Posting Guidance

## CONNECTICUT VETERANS BULLETIN,

Requests for postings are not guaranteed to make the next edition and must meet minimum requirements for inclusion.

1. Requests must be received no later than Wednesday 5:00PM, preceding the next edition, in order to be eligible for publication in the next edition. Requests received after 5:00PM Wednesday will be included in the following week's edition.
2. Post Requests can be made by clicking the [Submit-Your-Listing](#) link.
  - All Posting requests **MUST INCLUDE**;
    - The Date and time of the event
    - The title of the event
    - The coordinator's name or Coordinating organization name
    - Contact information
    - Event details
    - \*Individual, organization or program benefiting by the donation proceeds
      - (\*mandatory if donations are solicited. Not required otherwise)
    - A promotional Image. (You may request a CVB generated image)
  - Optional inclusions;
    - Links to a website, Facebook page/group, event link, ticket link, more information.

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**JOIN CVB GROUP ON Facebook/FOLLOW CVB'S MEMORIAL PAGE On Facebook**

**[Join CVB Group On Facebook](#) & Share Mil/Vet Postings Of Interest.**

**[FOLLOW CVB'S MEMORIAL PAGE AS WE HONOR OUR NATIONAL HEROES ON BIRTHDAYS AND ANNIVERSARIES.](#)**

<https://www.facebook.com/Connecticut.Veterans.Bulletin/>

Add your hero to the memorial page. Submit a military or best available electronic image of your hero, their full name, highest earned grade, their birth and anniversary dates. CVB Memorial page will post on each birthday and anniversary of your hero.

<https://www.facebook.com/Connecticut.Veterans.Bulletin/>

**Connecticut's Premiere Military & Veterans Event Calendar Publication**



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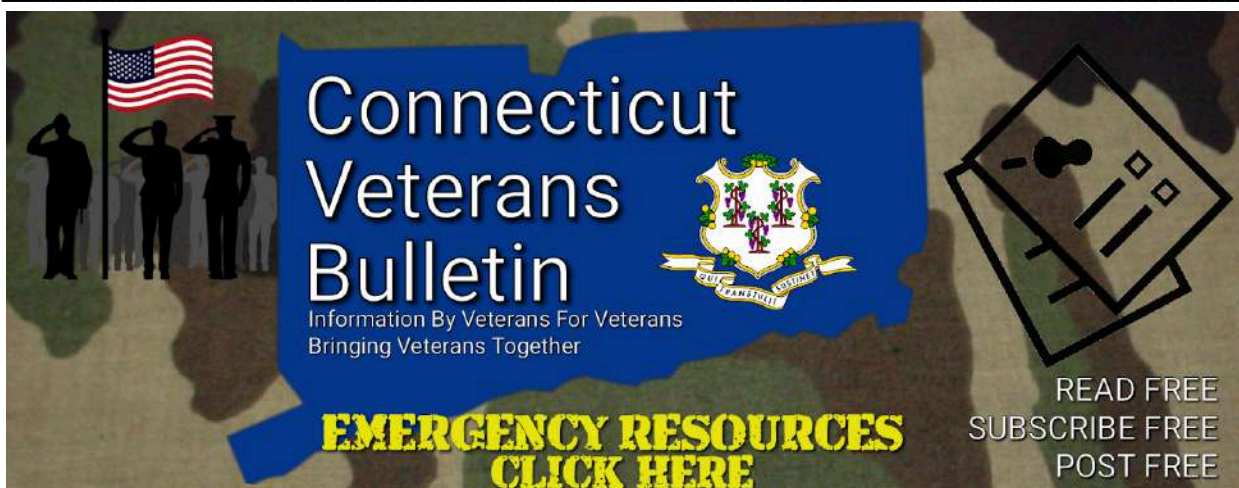
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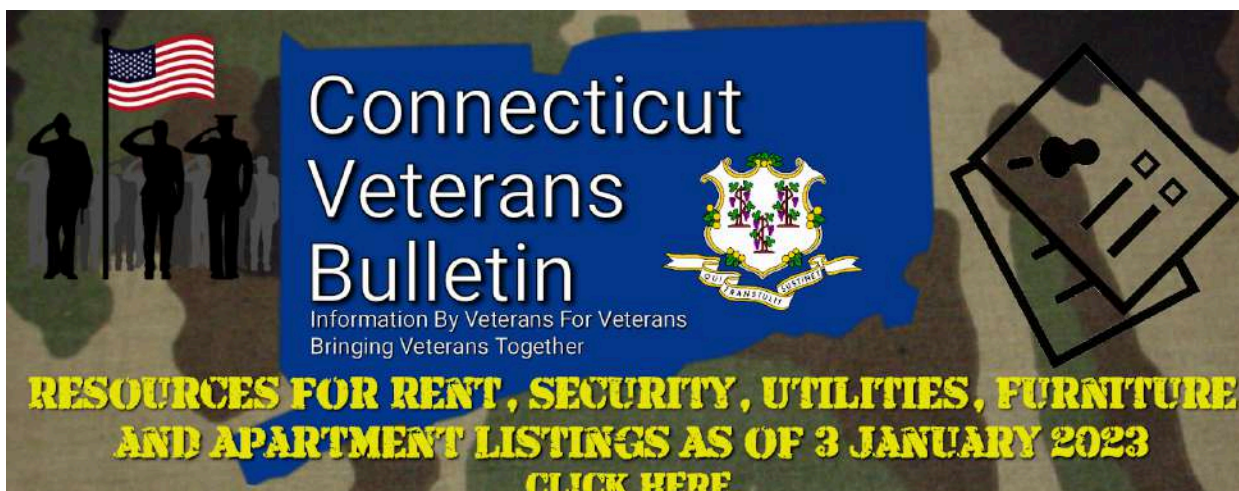


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**RESOURCES FOR RENT, SECURITY, UTILITIES, FURNITURE  
AND APARTMENT LISTINGS AS OF 3 JANUARY 2023  
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