


Saturday 13 June 2026



# Connecticut Veterans Bulletin



Information By Veterans For Veterans  
Bringing Veterans Together

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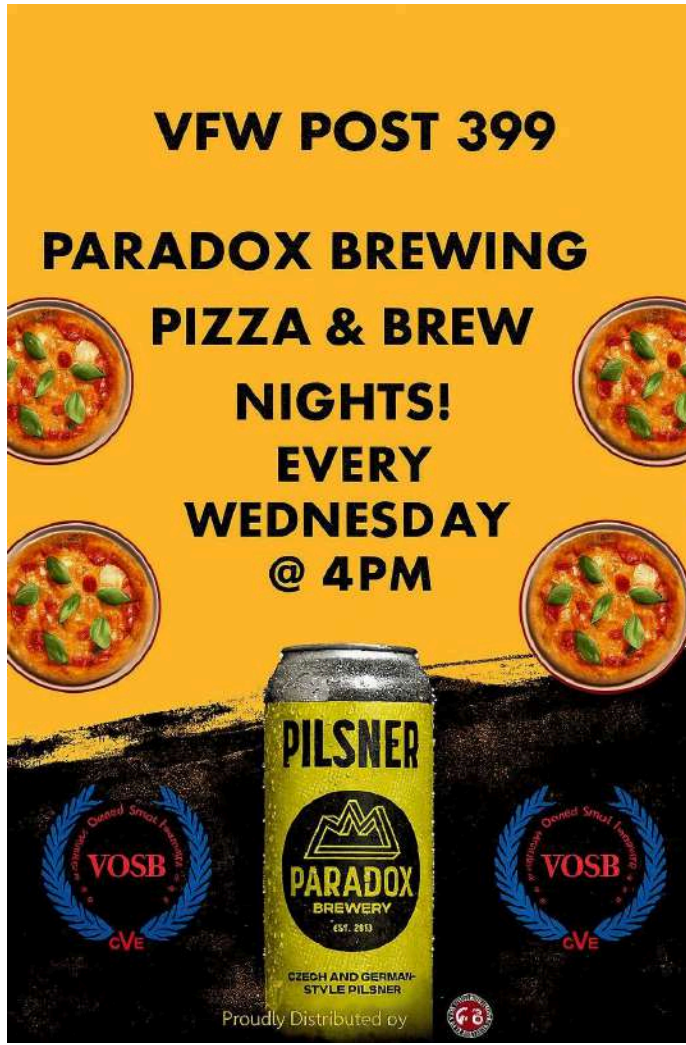
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**Wednesday 1 July 2026 4:00PM**

[VFW Post 399 Paradox Brewing Pizza & Brew Night](#)



**VFW POST 399  
PARADOX BREWING  
PIZZA & BREW  
NIGHTS!  
EVERY  
WEDNESDAY  
@ 4PM**

Pilsner  
**PARADOX**  
BREWERY  
EST. 2013  
CZECH AND GERMAN-  
STYLE PILSNER  
Proudly Distributed by

## [VFW Post 399 Paradox Brewing Pizza & Brew Night](#)

Every Wednesday  
@4PM


Wednesday's are  
another great day of  
the week to stop by  
the VFW, 465  
Riverside Ave.,  
Westport!

Hosted by:


[VFW Post 399](#) (203) 227-6796

**Location:** 465 Riverside Ave,  
Westport, CT 06880

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**Wednesday 1 July 2026 5:00PM - 8:00PM**

[Mecca Cruise Night Presented by Surfside Veterans](#)



**CRUISE NIGHT**

**5 - 8 P M**



**WEDNESDAY NIGHTS**

OFF-SHORE RESTAURANT  
852 JONES HILL RD WEST HAVEN

SPONSORED BY OFF-SHORE RESTAURANT

**[Mecca Cruise Night Presented by Surfside Veterans](#)**

Wednesday Nights  
5-8PM

Calling all cars!  
Come on down  
and show your car  
off!

Sponsored By  
[Off-Shore Restaurant](#)

Presented By:  
[Surfside Veterans](#)

(860) 710-1833

Location: [Off-Shore Restaurant](#),

852 Jones Hill Rd, West Haven, CT 06516

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**Wednesday 1 July 2026 5:30PM**

[Left • Right • Center At American Legion Post 113](#)

**THE AMERICAN LEGION WILL BE HOSTING**  
**80 ESSEX ROAD, OLD SAYBROOK**  
**POST 113**  
**LEFT • RIGHT • CENTER**  
**FIRST WEDNESDAY OF EACH MONTH**  
**TIME: 5:30 PM**  
**FIRST GAME: WEDNESDAY, MARCH 4<sup>TH</sup>**


**[Left • Right • Center At American Legion Post 113](#) First Wednesday Monthly 5:30PM**

Left • Right • Center (LCR) is a fast-paced, luck-based dice game where players start with an equal number of chips and take turns rolling specially marked dice. Depending on what is rolled, players pass chips to the person on their left, right, place them in the center pot, or keep them. As the game progresses, players can quickly lose all their chips—but they're still in play as long as others have chips to pass. The game continues until one player holds the last remaining chips, winning the center pot.

**Hosted By:** [American Legion Post 113](#) (860) 388-9482

**Location:** 80 Essex Rd, Old Saybrook, CT 06475

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**Wednesday 1 July 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

MEET AT:  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT


**TIME:**  
 5:30 PM (GATHER & HANG OUT)  
 KICKSTANDS UP AT 6:00 PM SHARP!  
**DESTINATION: UNKNOWN!**  
 RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
 AND HEAD BACK TO THE VFW BY 8:00 PM

[Wednesday Night Rides At Suffield VFW](#) Wednesday Nights Weather Permitting Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922



Location: 972 Sheldon St, West Suffield, CT 06093

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**Wednesday 1 July 2026 6:00PM**

**[VFW Post 3336 Summer Cornhole](#)**

 <h2 style="text-align: center;">summer CORNHOLE</h2>  <p style="text-align: center;"><b>Proceeds benefit the East Haddam/Moodus VFW Post 3336</b> GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469</p> <p style="text-align: center;"><b>Mark your calendar:</b> Every Wednesday from June 3 - late Sept 6 pm</p> <p style="text-align: center;"><b>Cash award for winning team</b></p> <p style="text-align: center;"><b>\$20 / person</b></p> <p style="text-align: center;"><b>BYOB</b></p> <p style="text-align: center;"><b>All skill levels welcome</b></p> <p style="text-align: center;"><b>Contact Rebecca for more info: 860-389-7216</b></p>	<h2 style="text-align: center;"><u><a href="#">VFW Post 3336</a></u> <u>Summer</u> <u>Cornhole</u></h2> <p>Mark your calendar: Every Wednesday from June 3 - late Sept 6 pm</p> <p style="background-color: yellow;"><b>Cash award for winning team</b></p> <p><b>\$20/person</b> BYOB All skill levels welcome</p> <p><b>For more info:</b> Contact Rebecca 860-389-7216</p> <p><b>Hosted By:</b> <a href="#">VFW Post 3336</a> (860) 873-8042 &amp; <a href="#">Grandview Camping</a> (860) 873-3332</p> <p><b>Location:</b> <a href="#">Grandview Camping</a> 89 North Moodus Road Moodus, CT 06469</p>
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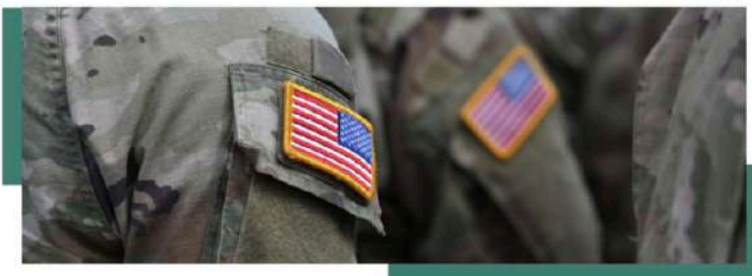
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**Wednesday 1 July 2026 6:30PM - 7:30PM** [FREE Virtual Military & Veterans Support Group](#)

## VETERANS SUPPORT GROUP

WEDNESDAYS, 6:30-7:30 PM ET, VIRTUAL Free & Open to All Veterans

*An open, judgement-free space for veterans to connect and find support with trauma, addiction, and life after service.*

**Who It's for**  
All veterans seeking connection, understanding, and community in a safe, judgement-free space.

**What We'll Explore Together**

- PTSD, moral injury, and addiction recovery
- Rebuilding identity after service
- Managing anger and risky behaviors
- Coping strategies for trauma, triggers, and cravings
- Navigating veteran resources
- Understanding addiction and recovery
- Addressing mental health and addiction challenges

**Why Join**

- Learn new perspectives in our shared experience
- Build resilience and strength
- Explore multiple pathways to recovery
- Find support in both trauma and addiction healing
- Forge a path forward together

**Group Leaders**


**Veteran Clinician – Licensed Master Social Worker**  
Army combat veteran, served in convoy security platoon, combat arms, law enforcement and logistics. Specializes in trauma-informed care, blending leadership and lived experience to create a safe space where veterans can connect and heal.

**Veteran Recovery Coach**  
Former U.S. Marine Sergeant with a Master's in Addiction Studies. Combines military service and recovery expertise to guide veterans with compassion, strength, and understanding.

**Format**  
Virtual / Free / Open to All Veterans  
*No Enrollment Required.*

Weekly virtual support group led by experienced clinicians and veterans with lived experience.

**Contact**  
www.mountainside.com/veterans  
veterans@mountainside.com



## [FREE Virtual Military & Veterans Support Group](#)

Meets weekly, every Wednesday 6:30–7:30 PM (EST).


Free and open to all veterans and active-duty service members.

Mission Homefront Recovery Mountainside's FREE weekly virtual support group for veterans and service members is led by a 101st Airborne Combat Veteran and a U.S. Marine Recovery Coach, this group operates with a "TOC for recovery" mindset — a tactical space where participants come together as a unit to confront challenges related to addiction, trauma, moral injury, disconnection, stigma, reintegration and more. Join a community that understands your story, speaks your language, and stands beside you on the mission of recovery.


**Presented by:** [Mountainside Treatment Center](#)  
(860) 639-7610

**Location:** [VIRTUAL. CLICK HERE TO JOIN THE MEETING](#)

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**Wednesday 1 July 2026 7:00PM**

[Nine Ball Pool Tournament](#)



**9 BALL POOL  
TOURNAMENT**

THOMASTON AMERICAN LEGION · POST 22  
• LOCATED AT 211 ELM STREET •

**WEDNESDAY NIGHTS**

SIGN-UPS: **6:45PM**    START TIME: **7:00PM**  
PROMPTLY

OPEN TO THE PUBLIC | VETERANS CLUB

## Nine Ball Pool Tournament

**Wednesday  
Nights**

**7:00PM**

\$5 a person  
(Men and Women)

Sign-Up Sheet at  
Post 22

First come first  
serve.

Limit 12 people.

Winner Takes All

Hosted by:

[American Legion Post 22](#)

(860) 283-9009

Location: 211 Elm St.

Thomaston, CT 06787

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**Thursday 2 July 2026 5:30PM Doors Open**

[VFW Post 5095 BINGO](#)

**Thursday Night BINGO**  
@  
VFW POST 5095 EAST HAMPTON  
20 N. Maple Street East Hampton

EVERY THURSDAY  
5.30 PM DOORS OPEN  
6:30 GAME STARTS

Cash Prizes
Kitchen open for food.
Early Bird Bonanza calls at 6:20pm

OPEN TO THE PUBLIC!

[VFW Post 5095 BINGO](#)

Every Thursday!  
DOORS OPEN AT 5:30PM  
PLAY STARTS AT 6:30

**Open to the public**

**See the front table to purchase a raffle ticket**

Progressive Jackpot  
Kitchen open with usual and new items.

Order your food and drink for intermission before game play!

**Hosted by:**  
[VFW Post 5095](#)  
(860) 267-8837

**Location:**  
20 N Maple St,  
East Hampton, CT 06424

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**Thursday 2 July 2026 5:30PM**     [Thursday Night VFW Cruise at Smalley Brothers VFW Post 6123](#)




## THURSDAY NIGHT V.F.W. CRUISE




**5:30 PM  
EVERY  
WEEK**

**STARTS APRIL 30<sup>TH</sup>**



**FOOD # DRINK 50-50 PLUS RAFFLE**



**SMALLEY BROTHERS  
V.F.W. POST 6123  
36 FAIRVIEW ST.  
WINDSOR LOCKS, CT.**


[Thursday Night  
VFW Cruise at  
Smalley Brothers  
VFW Post 6123](#)

**5:30PM  
EVERY  
WEEK  
STARTS  
APRIL 30,2026  
Through Mid  
September.  
FOOD  
DRINK  
50/50 RAFFLE**


Hosted by:  
[Smalley Brothers VFW Post  
6123](#) (860) 623-6856

**Location:**  
36 Fairview St, Windsor  
Locks, CT 06096

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**Thursday 2 July 2026 6:00PM - 8:00PM**

[American Legion Post 102 Spaghetti Dinner Night](#)



**AMERICAN LEGION  
POST 102**

**Every Thursday**

## Spaghetti Dinner Night

Spaghetti, Meatballs  
& Bread  
EAT IN OR TAKEAWAY

*Only \$10  
Per Person*

**CALL 860-280-5395 TO RESERVE**

20 AMERICAN LEGION DR., MANCHESTER, CT

## [American Legion Post 102 Spaghetti Dinner Night](#)

Every Thursday  
Night!!

- Spaghetti
- Meatballs
- Bread

Eat in or take Away.  
Only \$10 per person  
Call (860) 280-5395 to  
reserve.

20 American Legion Dr.  
Manchester, CT


**Hosted by:**

[American Legion Post 102](#)  
(860) 791-8063

**Location:**

20 American Legion Dr,  
Manchester, CT 06040

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**Thursday 2 July 2026 6:00PM - 9:00PM**

[American Legion Post 104 Thursday Night BINGO](#)



## [American Legion Post 104 Thursday Night BINGO](#)

Every Thursday night 6-9PM.

Contact Post to inquire regarding cancellations.

Hosted by [American Legion Post 104](#) (860) 889-6777

Location 22 Merchants Ave, Taftville, CT 06380

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**Thursday 2 July 2026 7:00PM**

**[VFW Post 201 Texas Hold 'Em Tournament](#)**



WATERBURY-NAUGATUCK  
**VFW POST 201**

**TEXAS HOLD 'EM  
TOURNAMENT**

Thursdays @ 7p  
starting 5 March  
\$20 Buy-in

For more information  
call the post at **203-754-0738**  
or email us at **info@vfwpost201.org**



Waterbury - Naugatuck VFW Post 201  
2205 Baldwin St Waterbury CT 06706

**[VFW Post 201  
Texas Hold 'Em  
Tournament](#)**

Thursdays @ 7p  
starting

5 March, 2026

**\$20 Buy-in**

For more  
information call  
the post at  
203-754-0738 or  
email us at

[info@vfwpost201.org](mailto:info@vfwpost201.org)

**Hosted by:**

[Wheeler-Young VFW Post  
201](#) (203) 754-0738

**Location:** 2205 Baldwin St,  
Waterbury, CT 06706

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**Friday 3 July 2026 By Appointment** [Complimentary Hair Cuts For Service Members, Veterans & Their families](#)




## COMPLIMENTARY HAIRCUTS

**FIRST FRIDAY OF  
THE MONTH**

**SIGN UP AT THE  
FRONT DESK!**

**DONATIONS WELCOME**



**HAIRCUTS BY A  
PROFESSIONAL  
STYLIST!**

**BY APPOINTMENT  
ONLY**

**CLEAN HAIR ONLY**

**24 STOTT AVE. NORWICH, CT 06360**

☎ 860-859-4148 ✉ [tcranfill@escrec.org](mailto:tcranfill@escrec.org) 🌐 [easterseals.com/hartford](http://easterseals.com/hartford)

[Complimentary Hair Cuts For Service Members, Veterans & Their families](#)

Beginning Friday, May 8th: Service Members, Veterans, and their families can now receive a FREE haircut on the first Friday of every month at Veterans Rally Point in Norwich, CT!


Thanks to the generous donation of services from Kristi, members can **schedule an appointment** by signing up at the front desk—call 860-859-4148 or email [tcranfill@escrec.org](mailto:tcranfill@escrec.org)—and enjoy a fresh cut in a welcoming, supportive environment.

#Veterans #EastersealsCREC #Haircuts #MilitarySupports #FreeHaircut #FreshCuts #VeteransRallyPoint


**Hosted by:** [Easterseals Veterans Rally Point](#)  
(860) 859-4148 x1

**Location:** 24 Stott Avenue, Norwich, CT 06360

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**Friday 3 July 2026 2:00PM - 4:00PM**

[Meals With Meaning Pasta Dinner Grab and Go](#)




**OPEN TO THE PUBLIC**  
**EVERY FRIDAY**

“MEALS WITH MEANING”  
*Pasta Dinner*

24 Stott Ave.  
Norwich, CT 06360

\$10

FRIDAYS  
2PM-4PM




VETERANS RALLY POINT

Active • Guard • Reserve • Families

[Meals With Meaning Pasta Dinner Grab and Go](#)

Starting Friday,  
7/25/2025 🙌

Come grab bring home a “Meal with Meaning”




Pasta 🍝 dinners for **\$10** which directly supports programs at Veterans Rally Point!

**Hosted by:**  
[Easterseals Veterans Rally Point](#) (860) 859-4148

**Location:**  
24 Stott Ave # 2,  
Norwich, CT 06360

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**Friday 3 July 2026 4:00PM Doors Open**

[American Legion Post 26 BINGO Night](#)



FRIDAY NIGHT BINGO!

FRIDAY NIGHT BINGO!

**American Legion Post 26**  
**10 Monson Road**  
**Stafford Springs, CT 06076**

Details	Prizes
<p style="font-size: 1.5em; font-weight: bold;">Every Friday night</p> <p>First game at 7:00 p.m.            Selling cards at 6:00 p.m.            Doors open at 4:00 p.m.</p>	<ul style="list-style-type: none"> <li>* 4 - \$50 games</li> <li>* 11- \$100 games</li> <li>* 2-part winner take all</li> <li><b>* final jackpot amount</b></li> <li>53 numbers or less = \$1,200</li> <li>54 numbers or more = weekly jackpot amount</li> </ul>

[American Legion Post 26 BINGO Night](#)

Every Friday night. First game at 7:00 p.m. Selling cards at 6:00 p.m. Doors open at 4:00 p.m.  
 \* 4 - \$50 games \* 11- \$100 games \* 2-part winner take all \* final jackpot amount 53 numbers or less = \$1,200 54 numbers or more = weekly jackpot amount

**Hosted by:** [American Legion Post 26](#) (860)684-7619

**Location:** American Legion Post 26 10 Monson Road Stafford Springs CT 06076

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**Friday 3 July 2026 5:00PM - 9:00PM**

[American Legion Post 128 Friday Karaoke](#)



**KARAOKE!  
EVERY FRIDAY!  
5-9PM**

REDUCED DRINK  
PRICES 5-7PM  
AMERICAN LEGION  
16 YORK AV NIANTIC

**COMPLIMENTARY  
FREE FINGER  
FOODS!**

COMPLIMENTARY FREE  
FINGER FOODS EVERY FRIDAY!

REDUCED DRINK PRICES 5-7PM  
DONATIONS APPRECIATED  
OUR TOY DRIVE HAS STARTED!  
PLEASE BRING AN UNWRAPPED TOY TO  
BENEFIT TOYS FOR TOTS!  
AMERICAN LEGION 16 YORK AV NIANTIC

[American Legion Post 128 Friday Karaoke](#)


**KARAOKE! EVERY FRIDAY!  
5-9PM**

- REDUCED DRINK PRICES 5-7PM
- COMPLIMENTARY FREE FINGER FOODS!


DONATIONS APPRECIATED  
OUR TOY DRIVE HAS STARTED!  
PLEASE BRING AN UNWRAPPED TOY TO BENEFIT [TOYS FOR TOTS!](#)

**Hosted by:** [American Legion Turner-Tinker Post 128](#)  
(860) 810-8736  
**Location:** 16 York Ave.  
Niantic, CT 06357

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**Friday 3 July 2026 6:00PM**

[Steak Night At The VFW](#)

# STEAK NIGHT

EVERY FRIDAY NIGHT

AT THE VFW - ROCKY HILL, CT POST - 2138

PREMIUM QUALITY SIRLOIN STEAK  
BAKED POTATO, SALAD, DINNER ROLL



**FROM 6PM**

SUPPORT YOUR VETERANS

ONLY \$20

ONLY \$20

THANKS TO OUR SUPPORTERS


[COLES ROAD BREWING](#)  
[WEST SIDE Marketplace](#)  
[All-GAS](#)

SUPPORT YOUR VETERANS


Hosted by

[VFW Post 2138](#)  
 (860) 563-8876  
**Location** 3272 Main St,  
 Rocky Hill, CT 06067

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Friday 3 July 2026 6:00PM

[American Legion Dart Drop-In Tournament](#)



**DART DROP-IN  
TOURNAMENT**

**American Legion, Post 22**  
211 Elm Street, Thomaston

**WHEN: FRIDAYS**  
Time: 7:00pm


**\$5.00 A PERSON**  
**WINNER TAKES ALL**

★ **SIGNUPS AT POST 22** ★  
**NO COMMITMENTS REQUIRED**  
**JUST SHOW UP PRIOR TO 6PM**


## [American Legion Dart Drop-In Tournament](#)

WHEN: FRIDAYS  
Time: 6:00pm  
**\$5.00 A PERSON**  
**WINNER TAKES ALL**  
**SIGNUPS AT POST 22**  
NO COMMITMENTS  
REQUIRED  
JUST SHOW UP  
PRIOR TO 6PM  
Hosted by: [American Legion  
Post 22 thomaston](#)  
(860) 484-4373  
Location: 211 Elm St  
Thomaston, CT 06787

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**Friday 3 July 2026 6:00PM - 9:00AM**

[Friday Night Karaoke At Niantic American Legion](#)



**KARAOKE!  
EVERY FRIDAY**

**TIME: 6-9PM**  
**AT THE AMERICAN LEGION**  
**16 YORK AVE. NIANTIC**

**COME HAVE FUN!  
BRING FRIENDS!**

**WE WELCOME A DISH TO SHARE TO  
ADD TO OUR COMPLIMENTARY  
FREE FINGER FOODS!**

**EVERYONE IS WELCOME! FUN TIME!  
BRING A DISH TO SHARE!**

**REDUCED DRINK PRICES 5-7PM**

NON PERISHABLE FOODS APPRECIATED  
TO BENEFIT EAST LYME FOOD BANKS

🇺🇸 AMERICAN LEGION 16 YORK AV NIANTIC 🇺🇸

[Friday Night Karaoke  
At Niantic American  
Legion](#)

**EVERY FRIDAY**

**TIME: 6-9PM**

**AT THE AMERICAN LEGION  
16 YORK AVE. NIANTIC  
COME HAVE FUN! BRING  
FRIENDS!**

**WE WELCOME A DISH TO  
SHARE TO ADD TO OUR  
COMPLIMENTARY FREE  
FINGER FOODS! BRING A  
DISH TO SHARE!**

**EVERYONE IS  
WELCOME! FUN TIME!**

**REDUCED DRINK**

**PRICES 5-7PM**

**NON PERISHABLE FOODS  
APPRECIATED TO BENEFIT  
EAST LYME FOOD BANKS**

**Hosted by:**


[American Legion](#)

[Turner-Tinker Post 128](#)


[Niantic](#) (860) 739-9360

**Location:** 16 York Ave,  
Niantic, CT 06357

Saturday 13 June 2026



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Friday 3 July 2026 6:45PM - 9:00PM

[Line Dancing At American Legion Litchfield](#)




[Line Dancing At American Legion Litchfield](#)

1ST & 3RD FRIDAYS  
CHECK IN 6:45PM  
LESSONS 7-8ISH  
REQUESTS/REVIEW 8-9ISH


- BEGINNERS WELCOME
- NO PARTNER NEEDED
- Fun for ALL!!

Let's Dance it out!!  
Fun Required Boots Optional  
**\$10 Cash/Venmo at the door**  
Lessons by: [Tanna](#)  
(310) 403-6464  
COME DANCE WITH US!!  
Hosted by:  
[American Legion Post 27](#)  
(860) 567-9930  
**Location:** 418 Bantam Rd,  
Litchfield, CT 06759

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**Friday 3 July 2026 7:00PM - 11:00PM**

[VFW POST 5157 Karaoke Night](#)



[VFW POST  
5157  
Karaoke  
Night](#)


Every Friday  
7-11PM

KJ CHRIS and  
ALICIA DELEON  
BARTENDER  
TRACEY WOLFF


Hosted by:  
[VFW Post 5157 Water Oak](#)  
(860) 274-1573

**Location:**  
866 Thomaston Rd,  
Watertown, CT 06795

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**Friday 3 July 2026 7:30PM**

[Moosup American Legion Post 91 Karaoke Night](#)



[Moosup American Legion Post 91 Karaoke Night](#)

STARTING FRIDAY APRIL 4th 7:30. YOUR NEW HOME FOR FRIDAY NIGHT KARAOKE EVERY FRIDAY!:

GREAT MUSIC,  
GREAT TIME,  
GREAT PEOPLE,  
**PUBLIC WELCOME**

Hosted by:  
[Celtic Entertainment & DJ Bill](#)  
**Location:** MOOSUP  
 AMERICAN LEGION POST 91  
 66 Prospect St,  
 Moosup, CT 06354

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Friday 3 July 2026 8:00PM - 12:00AM

[VFW Post 5095 Karaoke Night](#)



**FRIDAY NIGHT**  
**Karaoke**

**8PM-12AM  
EVERY FRI.  
OPEN TO  
THE PUBLIC!**

**VFW Post 5095  
20 N. Maple St. East Hampton CT  
860-267-8837**

Check out the post Facebook page for food options and drink specials!

**Your Hosts**  
Joe and Christine  
from Rock The Mic

**ROCK THE MIC**  
Music Trivia  
Who will be #1


## VFW Post 5095 Karaoke Night

EVERY FRIDAY AT 8PM-12AM. YOUR HOSTS Joe & Christine from Rock The Mic  
NO ENTRY FEE WE WELCOME NON-MEMBERS. MORE INFO CALL 860-267-8837


Hosted by [VFW Post 5095](#) (860) 267-8837

Location 20 N Maple St, East Hampton, CT 06424

Saturday 13 June 2026



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**Friday 3 July 2026 8:00PM**

[Plainfield VFW Friday Karaoke Night](#)

PLAINFIELD VFW  
7 WINSOR AVE  
PLAINFIELD CT



**Every  
Friday** **8PM**

*Friday  
Karaoke*

**All are welcome**  
**860-564-5446**

[Plainfield](#)  
[VFW](#)  
[Friday](#)  
[Karaoke](#)  
[Night](#)

Every Friday  
8:00PM

**ALL ARE  
WELCOME**

860-564-5446

**Presented by:** [Plainfield VFW](#) (860) 564-5446

**Location:**  
7 Winsor Ave,  
Plainfield, CT 06374

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**Saturday 4 July 2026 9:00AM - 11:00AM**
[Coffee With Veterans American Legion Auxiliary Unit 68](#)




## Coffee with Veterans

9 AM - 11 AM

1ST SATURDAY OF EACH MONTH  
AMERICAN LEGION POST 68 HALL

COME ENJOY FREE COFFEE, HOT BREAKFAST  
& GOOD CONVERSATIONS!



Feel free to bring  
**ONE** guest!

IF YOU NEED A RIDE PLEASE CONTACT:  
**MO JORDAN**  
860-268-8969  
AMERICANLEGIONAUXPOST68@GMAIL.COM

154 Porters Pass, Berlin CT 06037

## Coffee With Veterans American Legion Auxiliary Unit 68

Coffee With Veterans  
9AM-11 AM  
1ST SATURDAY OF EACH  
MONTH  
COME ENJOY FREE  
COFFEE, HOT BREAKFAST  
& GOOD  
CONVERSATIONS!  
Feel free to bring ONE guest!

**IF YOU NEED A RIDE  
PLEASE CONTACT:**

**MO JORDAN**  
860-268-8969  
[AMERICANLEGIONAUXPOST68@GMAIL.COM](mailto:AMERICANLEGIONAUXPOST68@GMAIL.COM)

**Hosted by:**  
[American Legion Auxiliary Unit 68](#)  
(860) 828-9102

**Location:**  
[AMERICAN LEGION POST 68 HALL](#)  
154 Porters Pass, Berlin CT 06037

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Saturday 4 July 2026 10:00AM - 11:30AM [Model Rocket Launches Sponsored By Ansonia American Legion](#)



[Model Rocket Launches](#)  
[Sponsored By Ansonia American Legion](#)  
 Saturday  
 July 4, 2026  
 10:00AM - 11:30AM  
 FREE EVENT  
 Bring Chairs and Blankets  
 Sponsored by:  
[Ansonia American Legion Post 50](#)  
 (203) 227-6796  
**Location:** [Nelligan Park](#)  
 7 Doyle Dr,  
 Ansonia, CT 06401

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**Sunday 5 July 2026 10:00PM** [CT Landmarks 9th Annual Flag Field For Heroes Opening Ceremony](#)



[ctlandmarks.org](http://ctlandmarks.org)

## 9th Annual Flag Field for Heroes Opening Ceremony Sunday July 5, 2026 10AM

**Sponsor an American flag  
in honor of a military service member,  
veteran, or hero.**

**Flags will be on display dawn-dusk through July 25th.**

**Nathan Hale Homestead  
2229 South Street  
Coventry, CT 06238**

### [CT Landmarks 9th Annual Flag Field For Heroes Opening Ceremony](#)

Sunday, July 5th, 2026 10AM  
Connecticut Landmarks honors heroes this July with the 9th annual Flag Field for Heroes, presented in partnership with the Coventry Veterans of Foreign Wars and the Coventry American Legion. Please join us for an Opening Ceremony at 10 am on Sunday, July 5th, during the Farmers' Market.

**Ceremony Attendee Free**

Suggested Donation \$10.00

Flag Placement \$10.00

Patrons can [sponsor](#) an American flag in honor of a military service member, veteran, or hero. Each flag will be fitted with a tag listing the honoree's name, branch of service, and period of service. Flags will be on display from dawn to dusk until July 26, in front of the home that sent six sons to fight in the American Revolution. The Opening Ceremony will include patriotic poem readings, fife and drum music, and brief words from some of our veterans.

**Hosted by:**

[Connecticut Land Marks](#)  
**Presented by:** [Coventry Veterans of Foreign Wars](#) & the [Coventry American Legion](#)

**Location:** 2229 South Street  
Coventry, CT 06238

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**Monday 6 July 2026 6:30PM - 8:00PM**
[Free Acupuncture For Active Military, Veterans & First Responders](#)

**WARRIORS FOR WARRIORS**  
 OFFERS  
 ABSOLUTELY FREE  
**ACUPUNCTURE**  
 FOR ACTIVE DUTY, VETERANS & FIRST RESPONDERS

Join us for Community Acupuncture (CAV) on the 1st and 2nd Mondays of every month,  
 6:30-9:00 PM, starting April 2026. East Lyme Community Center, Senior Center  
 (Please note: Sessions will not be held if the building is closed for a holiday.)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US) - Call: 860-739-5102

**No Hassle:**

Walk in during any of the listed hours, no medical history or intake forms required. Please bring a military ID, DD-214, or other official service identification. Services are available exclusively to veterans, active-duty service members, and first responders. Priority will be given to veterans experiencing suicidal thoughts, post-traumatic stress (PTS), or other psychological wounds related to war or service.

**What Do I Need To Know?**

**Veterans, Active Duty and First Responders**

David LoPriore, Sensei, L.Ac., and his expert medical team provide acupuncture treatments for all veterans, active-duty service members, and first responders. Priority care is given to those experiencing suicidal thoughts or post-traumatic stress (PTS).

**No Charge For Service**

All services for veterans, active-duty service members, and first responders are provided at no cost. These treatments are made possible through the generous support of donors from both the public and private sectors. Donations can be made online at the WFW website.

**Professional Treatments**

David LoPriore, Sensei, L.Ac., has been practicing acupuncture and Oriental medicine for more than 35 years, and is highly experienced in treating post-traumatic stress and other veterans' issues. Felicia Baker, L.Ac. has completed a 5,000-hour apprenticeship with LoPriore Sensei and holds a Masters in Acupuncture. Michelle DeChaine, RN is a retired Army Master Sergeant nurse with 35 years' experience.

**Expert Acupuncture: It Works!**

Come relax and rediscover health: body & mind.

- Treatments are very relaxing, calming and offer a great feeling of well-being and resiliency.
- Effective vs. Post-Traumatic Stress, chronic pain, insomnia, and substance/addiction problems.
- Proven to provide relief with anxiety, depression, anger, hyper-vigilance, and more. Helps you re-integrate.
- Excellent vs. TBI/headaches, back, neck and other pain, fatigue, and many functional problems.
- No need to discuss how you feel, fill out lengthy paperwork or change your clothes.

**Get in touch**

Ph : 860.739.5102 | [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

**Find us on-line**

[www.WarriorsForWarriors.US](http://www.WarriorsForWarriors.US)

[Free Acupuncture For Active Military, Veterans & First Responders](#)

1st and 2nd Mondays of every month  
6:30 PM – 9:00 PM

Free Acupuncture for Veterans, Active Duty & First Responders

Expert medical treatments provided at no cost to honor those who serve.

Prioritizing those facing PTS, suicidal thoughts, or psychological wounds. No intake forms, no medical history, and no need to discuss your service. Expert Care for Body & Mind

Led by David LoPriore, Sensei, L.Ac. (35+ years experience), along with Felicia Baker, L.Ac., and Michelle DeChaine, RN (Retired Army MSG).

**Proven effective for:**

- PTS, Anxiety, Depression, and Hyper-vigilance
- Chronic Pain, TBI, Headaches, and Insomnia
- Re-integration and overall resiliency

**Requirements:** Walk-ins welcome. Please bring Military ID, DD-214, or official service ID.

**Contact & Support**

Call: 860-739-5102

Email: [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US)

**Note:** Sessions are canceled if the building is closed for holidays.

**Hosted by:**

[Warriors For Warriors](#)


(860) 739-5102

**Location:**

[East Lyme Community Center](#)


[\(Senior Center\)](#), 37 Society Road, Niantic, CT 06357

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**Tuesday 7 July 2026 4:30PM - 6:30PM**

**[American Legion Post 68 Pasta Dinner](#)**

 <p style="text-align: center;">American Legion Post 68 Berlin</p> <p style="text-align: center;"><b>PASTA DINNER DINE IN OR GRAB &amp; GO EVERY TUESDAY 4:30PM-6:30PM ALL YOU CAN EAT PASTA. \$10 MEATBALLS \$2 EACH SAUSAGE \$4 EACH CUP OF MEATBALLS 3 FOR \$5 COFFEE, WATER, SODA FOR SALE BYOB 154 PORTERS PASS BERLIN CT</b></p>	<p><b><a href="#">American Legion Post 68 Pasta Dinner</a></b></p> <p>PASTA DINNER DINE IN OR GRAB &amp; GO EVERY TUESDAY 4:30PM-6:30PM <b>ALL YOU CAN EAT PASTA. \$10</b></p> <ul style="list-style-type: none"> <li>• MEATBALLS \$2 EACH</li> <li>• SAUSAGE \$4 EACH</li> <li>• CUP OF MEATBALLS 3 FOR \$5</li> </ul> <p>COFFEE, WATER, SODA FOR SALE BYOB</p> <p><b>Hosted by:</b> <a href="#">American Legion Post 68</a> (860) 828-9102</p> <p><b>Location:</b> 154 Porters Pass, Kensington, CT 06037</p>
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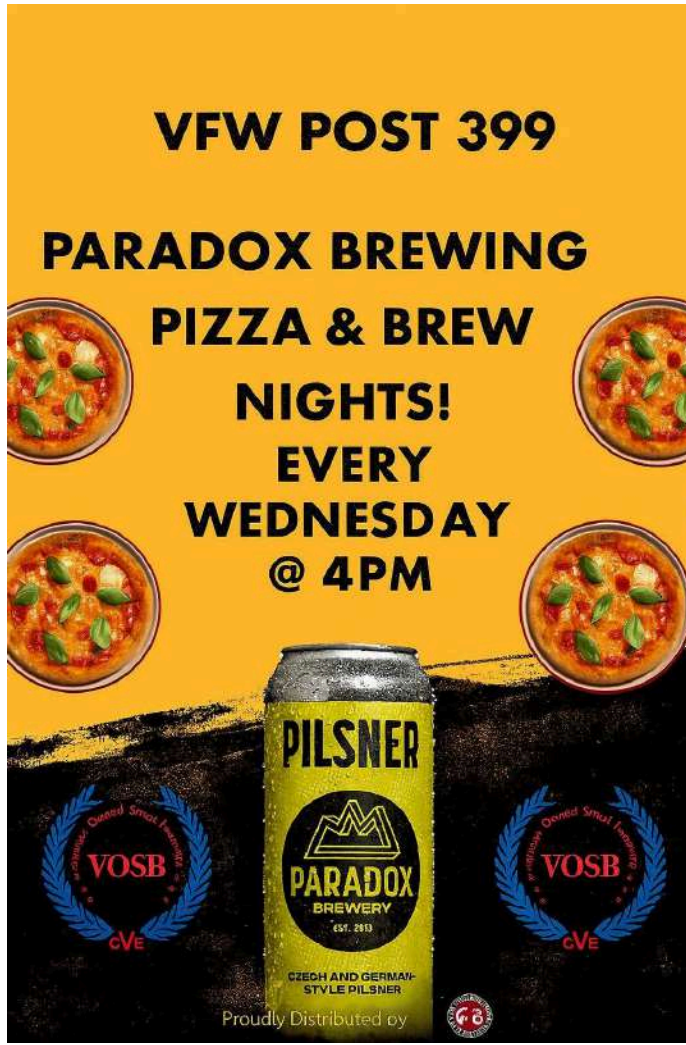
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**Wednesday 8 July 2026 4:00PM**

[VFW Post 399 Paradox Brewing Pizza & Brew Night](#)



**VFW POST 399**

**PARADOX BREWING**

**PIZZA & BREW**

**NIGHTS!**

**EVERY**

**WEDNESDAY**

**@ 4PM**

PILSNER  
**PARADOX**  
BREWERY  
EST. 2013  
CZECH AND GERMAN-  
STYLE PILSNER  
Proudly Distributed by

VOSB CVE

## [VFW Post 399 Paradox Brewing Pizza & Brew Night](#)

Every Wednesday  
@4PM


Wednesday's are  
another great day of  
the week to stop by  
the VFW, 465  
Riverside Ave.,  
Westport!

Hosted by:

[VFW Post 399](#) (203) 227-6796

**Location:** 465 Riverside Ave,  
Westport, CT 06880

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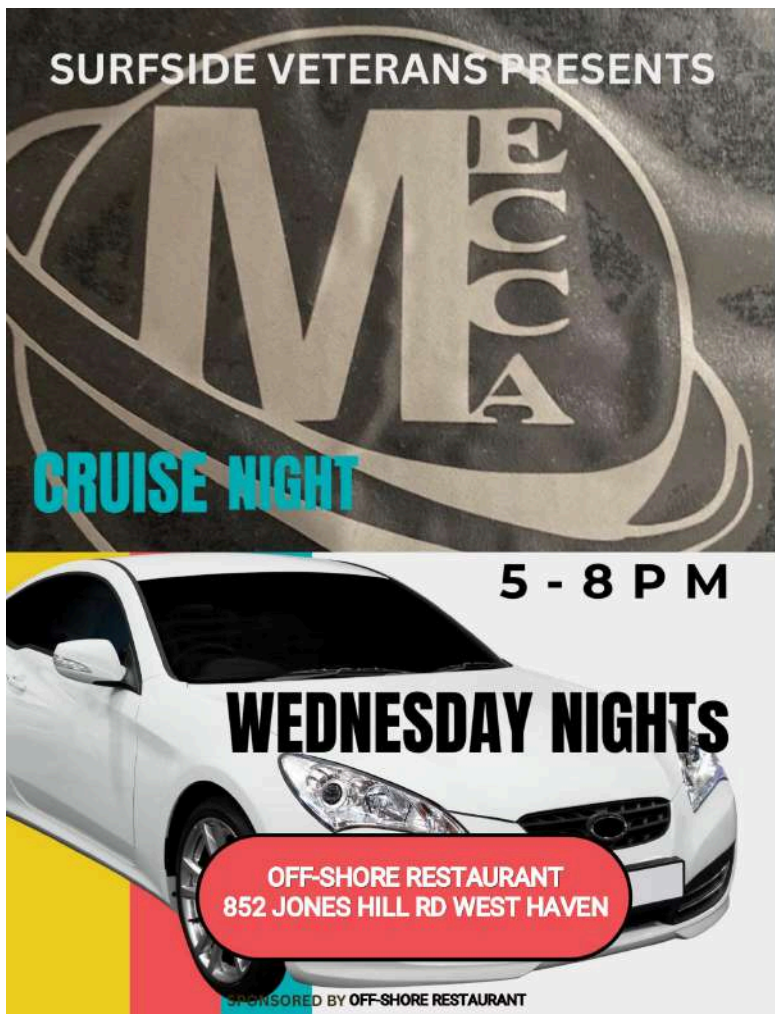
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**Wednesday 8 July 2026 5:00PM - 8:00PM**

[Mecca Cruise Night Presented by Surfside Veterans](#)



**SURFSIDE VETERANS PRESENTS**

# MECCA

**CRUISE NIGHT**

**5 - 8 P M**

## WEDNESDAY NIGHTS

**OFF-SHORE RESTAURANT**  
**852 JONES HILL RD WEST HAVEN**

SPONSORED BY OFF-SHORE RESTAURANT

**[Mecca Cruise Night Presented by Surfside Veterans](#)**

Wednesday Nights  
5-8PM

Calling all cars!  
Come on down  
and show your car  
off!

Sponsored By  
[Off-Shore Restaurant](#)

Presented By:  
[Surfside Veterans](#)

(860) 710-1833


Location: [Off-Shore Restaurant](#),

852 Jones Hill Rd, West Haven, CT 06516

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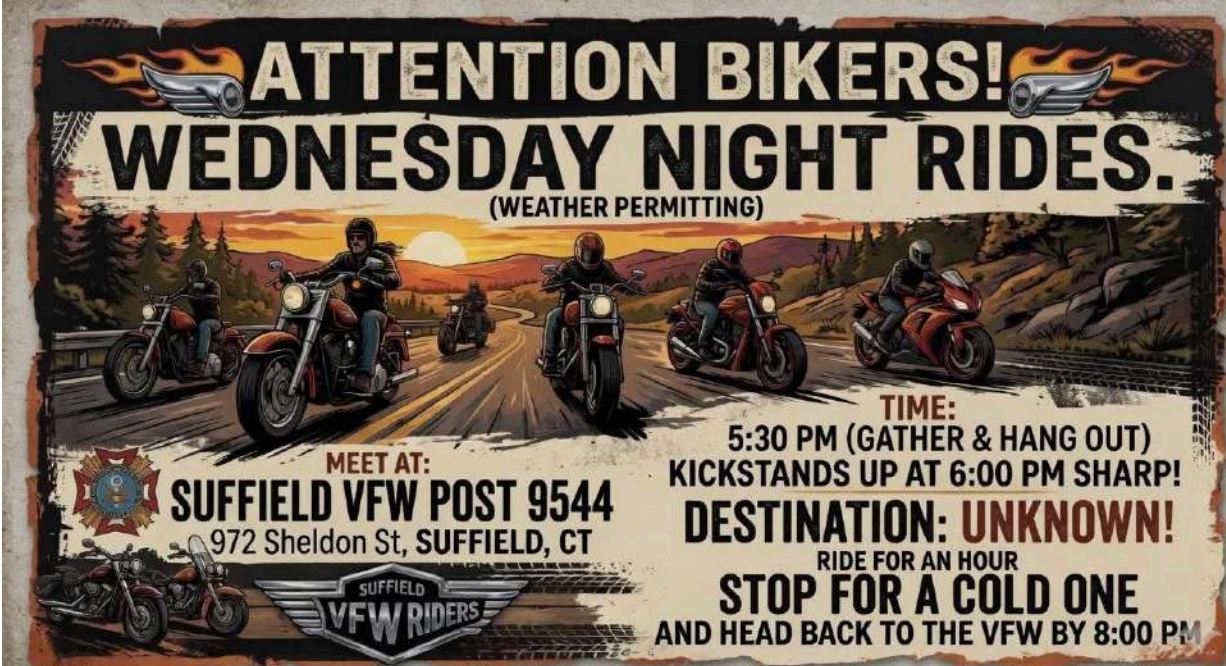
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**Wednesday 8 July 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

**MEET AT:**  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

**TIME:**  
5:30 PM (GATHER & HANG OUT)  
KICKSTANDS UP AT 6:00 PM SHARP!

**DESTINATION: UNKNOWN!**  
RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
AND HEAD BACK TO THE VFW BY 8:00 PM

[Wednesday Night Rides At Suffield VFW](#) Wednesday Nights Weather Permitting Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

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**Wednesday 8 July 2026 6:00PM**

**[VFW Post 3336 Summer Cornhole](#)**



## summer CORNHOLE



**Proceeds benefit the East Haddam/Moodus VFW Post 3336**  
GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469

**Mark your calendar:**  
Every Wednesday from June 3 - late Sept  
6 pm



**Cash award for winning team**  
\$20 / person  
BYOB  
All skill levels welcome

**Contact Rebecca for more info: 860-389-7216**

## VFW Post 3336 Summer Cornhole

Mark your calendar:  
Every Wednesday from  
June 3 - late Sept  
6 pm

**Cash award for  
winning team**

**\$20/person**

BYOB

All skill levels welcome

**For more info:**

Contact Rebecca

860-389-7216

**Hosted By:**

[VFW Post 3336](#)

(860) 873-8042

& [Grandview Camping](#)

(860) 873-3332

**Location:**

[Grandview Camping](#)

89 North Moodus Road

Moodus, CT 06469

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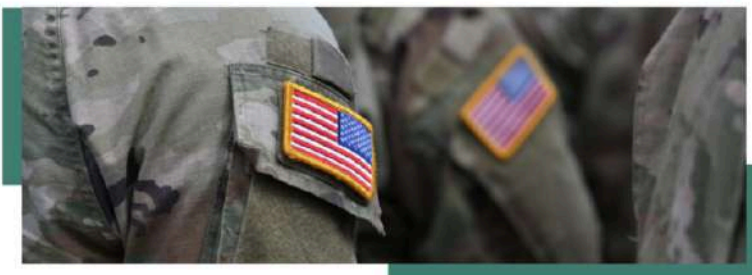
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**Wednesday 8 July 2026 6:30PM - 7:30PM** [FREE Virtual Military & Veterans Support Group](#)

## VETERANS SUPPORT GROUP

WEDNESDAYS, 6:30-7:30 PM ET, VIRTUAL Free & Open to All Veterans

*An open, judgement-free space for veterans to connect and find support with trauma, addiction, and life after service.*

**Who It's for**  
All veterans seeking connection, understanding, and community in a safe, judgement-free space.

**What We'll Explore Together**

- PTSD, moral injury, and addiction recovery
- Rebuilding identity after service
- Managing anger and risky behaviors
- Coping strategies for trauma, triggers, and cravings
- Navigating veteran resources
- Understanding addiction and recovery
- Addressing mental health and addiction challenges

**Group Leaders**

**Veteran Clinician – Licensed Master Social Worker**  
Army combat veteran, served in convoy security platoon, combat arms, law enforcement and logistics. Specializes in trauma-informed care, blending leadership and lived experience to create a safe space where veterans can connect and heal.

**Veteran Recovery Coach**  
Former U.S. Marine Sergeant with a Master's in Addiction Studies. Combines military service and recovery expertise to guide veterans with compassion, strength, and understanding.


**Why Join**

- Learn new perspectives in our shared experience
- Build resilience and strength
- Explore multiple pathways to recovery
- Find support in both trauma and addiction healing
- Forge a path forward together

**Format**  
Virtual / Free / Open to All Veterans  
*No Enrollment Required.*

Weekly virtual support group led by experienced clinicians and veterans with lived experience.

**Contact**  
www.mountainside.com/veterans  
veterans@mountainside.com



### FREE Virtual Military & Veterans Support Group

Meets weekly, every Wednesday 6:30–7:30 PM (EST). Free and open to all veterans and active-duty service members.

Mission Homefront Recovery Mountainside's FREE weekly virtual support group for veterans and service members is led by a 101st Airborne Combat Veteran and a U.S. Marine Recovery Coach, this group operates with a "TOC for recovery" mindset — a tactical space where participants come together as a unit to confront challenges related to addiction, trauma, moral injury, disconnection, stigma, reintegration and more. Join a community that understands your story, speaks your language, and stands beside you on the mission of recovery.

**Presented by:** [Mountainside Treatment Center](#)  
(860) 639-7610

**Location:** [VIRTUAL. CLICK HERE TO JOIN THE MEETING](#)

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**Wednesday 8 July 2026 7:00PM**

[Nine Ball Pool Tournament](#)



**9 BALL POOL TOURNAMENT**

THOMASTON AMERICAN LEGION · POST 22  
• LOCATED AT 211 ELM STREET •

**WEDNESDAY NIGHTS**

SIGN-UPS: **6:45PM**    START TIME: **7:00PM**  
PROMPTLY

OPEN TO THE PUBLIC | VETERANS CLUB

**Nine Ball Pool Tournament**

**Wednesday Nights**  
**7:00PM**

\$5 a person  
(Men and Women)

Sign-Up Sheet at Post 22

First come first serve.

Limit 12 people.  
Winner Takes All

**Hosted by:**  
[American Legion Post 22](#)  
(860) 283-9009

**Location:** 211 Elm St.  
Thomaston, CT 06787

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**Thursday 9 July 2026 5:30PM Doors Open**

[VFW Post 5095 BINGO](#)



**Thursday Night  
BINGO**  
@  
VFW POST 5095 EAST HAMPTON  
20 N. Maple Street East Hampton

EVERY THURSDAY  
5.30 PM DOORS OPEN  
6:30 GAME STARTS

Cash Prizes
Kitchen  
open for  
food.
Early Bird  
Bonanza  
calls at  
6:20pm

[VFW Post 5095 BINGO](#)

Every Thursday!  
DOORS OPEN AT  
5:30PM  
PLAY STARTS AT 6:30

**Open to the  
public**

**See the front table to  
purchase a raffle ticket**  
Progressive Jackpot  
Kitchen open with usual  
and new items.  
Order your food and  
drink for intermission  
before game play!

**Hosted by:**  
[VFW Post 5095](#)  
(860) 267-8837

**Location:**  
20 N Maple St,  
East Hampton, CT 06424

Saturday 13 June 2026



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**Thursday 9 July 2026 5:30PM**     [Thursday Night VFW Cruise at Smalley Brothers VFW Post 6123](#)




## THURSDAY NIGHT V.F.W. CRUISE




**5:30 PM  
EVERY  
WEEK**

**STARTS APRIL 30<sup>TH</sup>**



**FOOD # DRINK 50-50 PLUS RAFFLE**



**SMALLEY BROTHERS  
V.F.W. POST 6123  
36 FAIRVIEW ST.  
WINDSOR LOCKS, CT.**


[Thursday Night  
VFW Cruise at  
Smalley Brothers  
VFW Post 6123](#)

**5:30PM  
EVERY  
WEEK  
STARTS  
APRIL 30,2026  
Through Mid  
September.  
FOOD  
DRINK  
50/50 RAFFLE**


Hosted by:  
[Smalley Brothers VFW Post 6123](#) (860) 623-6856

**Location:**  
36 Fairview St, Windsor Locks, CT 06096

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**Thursday 9 July 2026 6:00PM - 8:00PM**

[American Legion Post 102 Spaghetti Dinner Night](#)



**AMERICAN LEGION  
POST 102**  
**Every Thursday**  
**Spaghetti  
Dinner Night**  
 Spaghetti, Meatballs  
& Bread  
**EAT IN OR TAKEAWAY**  
*Only \$10 Per Person*

**CALL 860-280-5395 TO RESERVE**  
 20 AMERICAN LEGION DR., MANCHESTER, CT

[American Legion Post 102 Spaghetti Dinner Night](#)

Every Thursday Night!!

- Spaghetti
- Meatballs
- Bread

Eat in or take Away.  
Only \$10 per person  
Call (860) 280-5395 to reserve.

20 American Legion Dr.  
Manchester, CT

**Hosted by:**  
[American Legion Post 102](#)  
(860) 791-8063

**Location:**  
20 American Legion Dr,  
Manchester, CT 06040

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**Thursday 9 July 2026 6:00PM - 9:00PM**

[American Legion Post 104 Thursday Night BINGO](#)



[American Legion Post 104 Thursday Night BINGO](#)


Every Thursday night 6-9PM.

Contact Post to inquire regarding cancellations.


Hosted by [American Legion Post 104](#) (860) 889-6777

Location 22 Merchants Ave, Taftville, CT 06380

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**Thursday 9 July 2026 7:00PM**

**[VFW Post 201 Texas Hold 'Em Tournament](#)**



WATERBURY-NAUGATUCK  
**VFW POST 201**

**TEXAS HOLD 'EM  
TOURNAMENT**

Thursdays @ 7p  
starting 5 March  
\$20 Buy-in

For more information  
call the post at **203-754-0738**  
or email us at **info@vfwpost201.org**



Waterbury - Naugatuck VFW Post 201  
2205 Baldwin St Waterbury CT 06706

**[VFW Post 201  
Texas Hold 'Em  
Tournament](#)**

Thursdays @ 7p  
starting

5 March, 2026

**\$20 Buy-in**

For more  
information call  
the post at  
203-754-0738 or  
email us at


[info@vfwpost201.org](mailto:info@vfwpost201.org)

**Hosted by:**


[Wheeler-Young VFW Post  
201](#) (203) 754-0738

**Location:** 2205 Baldwin St,  
Waterbury, CT 06706

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**Friday 10 July 2026 2:00PM - 4:00PM**

[Meals With Meaning Pasta Dinner Grab and Go](#)




**OPEN TO THE PUBLIC**  
**EVERY FRIDAY**

“MEALS WITH MEANING”  
*Pasta Dinner*

24 Stott Ave.  
Norwich, CT 06360

\$10

FRIDAYS  
2PM-4PM




VETERANS RALLY POINT

Active • Guard • Reserve • Families

[Meals With Meaning Pasta Dinner Grab and Go](#)

Starting Friday, 7/25/2025 🙌

Come grab bring home a “Meal with Meaning”

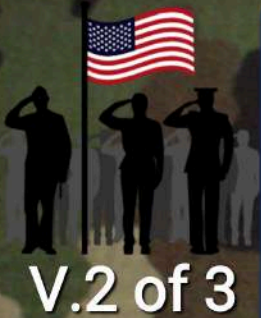


Pasta 🍝 dinners for **\$10** which directly supports programs at Veterans Rally Point!

**Hosted by:**  
[Easterseals Veterans Rally Point](#) (860) 859-4148

**Location:**  
24 Stott Ave # 2,  
Norwich, CT 06360

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**Friday 10 July 2026 4:00PM Doors Open**

[American Legion Post 26 BINGO Night](#)



**FRIDAY NIGHT BINGO!**

**American Legion Post 26**  
10 Monson Road  
Stafford Springs, CT 06076

Details	Prizes
<p><b>Every Friday night</b></p> <p>First game at 7:00 p.m. Selling cards at 6:00 p.m. Doors open at 4:00 p.m.</p>	<p>* 4 - \$50 games * 11- \$100 games * 2-part winner take all <b>* final jackpot amount</b> 53 numbers or less = \$1,200 54 numbers or more = weekly jackpot amount</p>

[American Legion Post 26 BINGO Night](#)

Every Friday night. First game at 7:00 p.m. Selling cards at 6:00 p.m. Doors open at 4:00 p.m.  
\* 4 - \$50 games \* 11- \$100 games \* 2-part winner take all \* final jackpot amount 53 numbers or less = \$1,200 54 numbers or more = weekly jackpot amount

**Hosted by:** [American Legion Post 26](#) (860)684-7619

**Location:** American Legion Post 26 10 Monson Road Stafford Springs CT 06076

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**Friday 10 July 2026 5:00PM - 9:00PM**

[American Legion Post 128 Friday Karaoke](#)



**KARAOKE!  
EVERY FRIDAY!  
5-9PM**

REDUCED DRINK  
PRICES 5-7PM  
AMERICAN LEGION  
16 YORK AV NIANTIC

**COMPLIMENTARY  
FREE FINGER  
FOODS!**

COMPLIMENTARY FREE  
FINGER FOODS EVERY FRIDAY!

REDUCED DRINK PRICES 5-7PM  
DONATIONS APPRECIATED  
OUR TOY DRIVE HAS STARTED!  
PLEASE BRING AN UNWRAPPED TOY TO  
BENEFIT TOYS FOR TOTS!  
AMERICAN LEGION 16 YORK AV NIANTIC

[American Legion Post  
128 Friday Karaoke](#)

KARAOKE! EVERY  
FRIDAY!  
5-9PM

- REDUCED DRINK PRICES 5-7PM
- COMPLIMENTARY FREE FINGER FOODS!

DONATIONS APPRECIATED  
OUR TOY DRIVE HAS STARTED!  
PLEASE BRING AN UNWRAPPED TOY TO BENEFIT [TOYS FOR TOTS!](#)

**Hosted by:** [American Legion Turner-Tinker Post 128](#)

(860) 810-8736

**Location:** 16 York Ave.  
Niantic, CT 06357

Saturday 13 June 2026




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**Friday 10 July 2026 5:30PM**

[American Legion Post 68 Game Night](#)



GAME  
NIGHT!

FUN

**SECOND FRIDAY OF EACH MONTH  
AT 5:30 PM**

AMERICAN LEGION POST 68  
154 Porters Pass, Berlin, CT 06037

BRING A SNACK TO SHARE!

BRING YOUR QUARTERS  
FOR LEFT RIGHT CENTER!

GOOD TIMES &  
LOTS OF LAUGHS!

CONTACT MO FOR QUESTIONS:  
TEXT **860-268-8969**

## American Legion Post 68 Game Night

SECOND FRIDAY OF  
EACH MONTH AT  
5:30 PM

BRING A SNACK TO  
SHARE!

BRING YOUR QUARTERS  
FOR LEFT RIGHT CENTER!  
GOOD TIMES & LOTS OF  
LAUGHS!


**CONTACT MO FOR QUESTIONS:**  
TEXT 860-268-8969

**Hosted by:** [American Legion Post 68  
Berlin](#)


(860) 828-9102

**Location:** 154 Porters Pass,  
Kensington, CT 06037

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**Friday 10 July 2026 6:00PM**


[Steak Night At The VFW](#)

 <p><b>STEAK NIGHT</b> EVERY FRIDAY NIGHT AT THE VFW - ROCKY HILL, CT POST - 2138 PREMIUM QUALITY SIRLOIN STEAK BAKED POTATO, SALAD, DINNER ROLL FROM 6PM ONLY \$20 SUPPORT YOUR VETERANS THANKS TO OUR SUPPORTERS COLES ROAD BREWING WEST SIDE Marketplace All-GAS</p>	<h2 style="color: blue; text-decoration: underline;">Steak Night At The VFW</h2> <p>EVERY FRIDAY NIGHT AT THE VFW - ROCKY HILL CT POST - 2138 FROM 6PM PREMIUM QUALITY SIRLOIN STEAK BAKED POTATO, SALAD, DINNER ROLL ONLY \$20 THANKS TO OUR SUPPORTERS COLES ROAD BREWING WEST SIDE Marketplace All- GAS SUPPORT YOUR VETERANS</p> <p><b>Hosted by <a href="#">VFW Post 2138</a></b> (860) 563-8876 <b>Location</b> 3272 Main St, Rocky Hill, CT 06067</p>
---	--

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**Friday 10 July 2026 6:00PM**

[American Legion Dart Drop-In Tournament](#)



**DART DROP-IN  
TOURNAMENT**

**American Legion, Post 22**  
211 Elm Street, Thomaston

**WHEN: FRIDAYS**  
Time: 7:00pm


**\$5.00 A PERSON**  
**WINNER TAKES ALL**

★ **SIGNUPS AT POST 22** ★  
**NO COMMITMENTS REQUIRED**  
**JUST SHOW UP PRIOR TO 6PM**


## [American Legion Dart Drop-In Tournament](#)

WHEN: FRIDAYS  
Time: 6:00pm  
**\$5.00 A PERSON**  
**WINNER TAKES ALL**  
**SIGNUPS AT POST 22**  
NO COMMITMENTS  
REQUIRED  
JUST SHOW UP  
PRIOR TO 6PM  
Hosted by: [American Legion  
Post 22 thomaston](#)  
(860) 484-4373  
Location: 211 Elm St  
Thomaston, CT 06787

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**Friday 10 July 2026 6:00PM - 9:00AM**

[Friday Night Karaoke At Niantic American Legion](#)



**KARAOKE!  
EVERY FRIDAY**

**TIME: 6-9PM**  
**AT THE AMERICAN LEGION**  
**16 YORK AVE. NIANTIC**

**COME HAVE FUN!  
BRING FRIENDS!**

**WE WELCOME A DISH TO SHARE TO  
ADD TO OUR COMPLIMENTARY  
FREE FINGER FOODS!**

**EVERYONE IS WELCOME! FUN TIME!  
BRING A DISH TO SHARE!**

**REDUCED DRINK PRICES 5-7PM**

NON PERISHABLE FOODS APPRECIATED  
TO BENEFIT EAST LYME FOOD BANKS

🇺🇸 AMERICAN LEGION 16 YORK AV NIANTIC 🇺🇸

[Friday Night Karaoke  
At Niantic American  
Legion](#)

**EVERY FRIDAY  
TIME: 6-9PM**  
AT THE AMERICAN LEGION  
16 YORK AVE. NIANTIC  
COME HAVE FUN! BRING  
FRIENDS!


WE WELCOME A DISH TO  
SHARE TO ADD TO OUR  
COMPLIMENTARY FREE  
FINGER FOODS! BRING A  
DISH TO SHARE!

**EVERYONE IS  
WELCOME! FUN TIME!**  
**REDUCED DRINK  
PRICES 5-7PM**  
**NON PERISHABLE FOODS  
APPRECIATED TO BENEFIT  
EAST LYME FOOD BANKS**


**Hosted by:**  
[American Legion  
Turner-Tinker Post 128  
Niantic](#) (860) 739-9360

**Location:** 16 York Ave,  
Niantic, CT 06357

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**Friday 10 July 2026 7:00PM - 11:00PM**

[VFW POST 5157 Karaoke Night](#)



[VFW POST  
5157  
Karaoke  
Night](#)


**Every Friday  
7-11PM**

**KJ CHRIS and  
ALICIA DELEON  
BARTENDER  
TRACEY WOLFF**


**Hosted by:**  
[VFW Post 5157 Water Oak](#)  
(860) 274-1573

**Location:**  
866 Thomaston Rd,  
Watertown, CT 06795

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**Friday 10 July 2026 7:30PM**

[Moosup American Legion Post 91 Karaoke Night](#)



[Moosup American Legion Post 91 Karaoke Night](#)

STARTING FRIDAY APRIL 4th 7:30. YOUR NEW HOME FOR FRIDAY NIGHT KARAOKE EVERY FRIDAY! GREAT MUSIC, GREAT TIME, GREAT PEOPLE, **PUBLIC WELCOME**

**Hosted by:**  
[Celtic Entertainment & DJ Bill](#)  
**Location:** MOOSUP AMERICAN LEGION POST 91  
 66 Prospect St,  
 Moosup, CT 06354

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**Friday 10 July 2026 8:00PM - 11:00PM** [Crossfire Hurricane Rolling Stones Tribute Band At Westport VFW](#)



**CROSSFIRE  
HURRICANE**  
ROLLING STONES TRIBUTE BAND

**VETERANS OF FOREIGN WARS  
WESTPORT, CT  
FRIDAY, JULY 10 • 8 PM - 11 PM**

**GET READY TO ROCK ALL NIGHT WITH  
CROSSFIRE,  
THE ULTIMATE ROLLING STONES TRIBUTE BAND LIVE!**

**465 RIVERSIDE AVENUE  
WESTPORT, CT 06880**

**Tickets**  
eventbrite.com/e/crossfire-hurricane-rolling-stones-tribute-band-tickets

[Crossfire Hurricane  
Rolling Stones Tribute  
Band At Westport VFW](#)

Friday, July 10, 2026  
8 PM - 11 PM

Get ready to rock all night with Crossfire, the ultimate Rolling Stones tribute band live! Get ready for an electrifying night with

[CROSSFIRE  
HURRICANE, the  
ultimate Rolling Stones  
Tribute Band](#) bringing all

the classic hits live to the stage! Experience the raw energy and iconic sound of Mick Jagger & co. as they take you on a nostalgic journey in person. It's a perfect chance to rock out, sing along, and soak up the legendary vibes of one of rock's greatest bands. Don't miss out on this unforgettable show!

**Tickets:** [Eventbrite](#)

**Hosted by:**

[Westport VFW Post 399](#)  
(203) 227-6796

**Location:** 465 Riverside Ave, Westport, CT 06880

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**Friday 10 July 2026 8:00PM - 12:00AM**

[\*\*VFW Post 5095 Karaoke Night\*\*](#)



**FRIDAY NIGHT**  
**Karaoke**

**8PM-12AM**  
**EVERY FRI.**  
**OPEN TO**  
**THE PUBLIC!**

**VFW Post 5095**  
**20 N. Maple St. East Hampton CT**  
**860-267-8837**

Check out the post Facebook page for food options and drink specials!



Your Hosts  
Joe and Christine  
from Rock The Mic



Music Trivia!  
Who will be #1


## [VFW Post 5095 Karaoke Night](#)

EVERY FRIDAY AT 8PM-12AM. YOUR HOSTS Joe & Christine from Rock The Mic  
NO ENTRY FEE WE WELCOME NON-MEMBERS. MORE INFO CALL 860-267-8837


Hosted by [VFW Post 5095](#) (860) 267-8837

Location 20 N Maple St, East Hampton, CT 06424

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**Friday 10 July 2026 8:00PM**

[Plainfield VFW Friday Karaoke Night](#)



PLAINFIELD VFW  
7 WINSOR AVE  
PLAINFIELD CT

**Every  
Friday** **8PM**

*Friday  
Karaoke*

**All are welcome**  
**860-564-5446**

## Plainfield VFW Friday Karaoke Night

Every Friday  
8:00PM


**ALL ARE  
WELCOME**

860-564-5446

**Presented by:** [Plainfield VFW](#) (860) 564-5446


**Location:**  
7 Winsor Ave,  
Plainfield, CT 06374

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**Saturday 11 July 2026 9:00AM**

[American Legion Post 59 Flag Retirement Ceremony](#)

 <p><b>FLAG RETIREMENT CEREMONY JULY 11, 2026 9:00 AM CHRIST PROCLAMATION CHURCH 100 PIGEON HILL RD WINDSOR</b></p> <p><b>SPONSOR: AMERICAN LEGION GRAY-DICKINSON POST #59</b></p>	<p><b><u>American Legion Post 59 Flag Retirement Ceremony</u></b></p> <p>Saturday July 11, 2026 9:00AM</p> <p>Please join us and bring your old American flag for respectful retirement!</p> <p><b>Sponsored By:</b> <a href="#">American Legion Gray-Dickinson Post 59</a> (860) 688-4766</p> <p><b>Location:</b> <a href="#">Christ Proclamation Church,</a> 100 Pigeon Hill Rd, Windsor, CT 06095</p>
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**Saturday 11 July 2026 4:00PM - 6:00PM**

[Broken Jewelry Art Workshop](#)



## BROKEN JEWELRY ART WORKSHOP

SATURDAY, JULY 11

4:00PM - 6:00PM

AMERICAN LEGION POST 112  
MONTVILLE, CT

[Broken Jewelry Art Workshop](#) Saturday, July 11, 2026 4:00PM - 6:00PM

Transform broken jewelry and decorative beads into a stunning, framed work of art. Join a hands-on experience focused on the art of assemblage and meticulously arranging broken jewelry and decorative beads into a stunning composition. Participants will learn design balance and adhesive techniques to transform forgotten materials into a sophisticated work of art. All supplies are included.

Whether you're looking to unwind, get inspired, or make a thoughtful handmade gift, this workshop is for you.

**\$40-must sign up at Broken Jewelry Art Workshop event site [by clicking here](#)**

Hosted By: [Julia Eve Designs](#)

Location: [American Legion Montville Post 112](#), 89 Pink Row, Uncasville, CT 06382

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**Monday 13 July 2026 10:30AM Registration**

[2026 CTNGFI Annual Charity Golf Outing](#)



The Connecticut National Guard Foundation, Inc.  
**CHARITY GOLF OUTING**

**2026**  
\$175 Per Golfer  
Four-Person Team Scramble  
Limited to the first 120 Golfers!

**MONDAY**  
13 July 2026  
Chippabee Country Club  
6 Marsh Road, Bristol CT  
Registration: 10:30 AM - 12:15 PM  
Lunch: 11:00 AM - 12:15 PM  
Shotgun Start: 12:30 PM

**REGISTRATION INCLUDES**

- 18 Holes of Golf
- gift
- cart
- lunch, Social Hour and Dinner
- On-Course Refreshments
- Hole-in-One Contest
- Prizes
- on-Course Contests

**REGISTER NOW**  
[www.CTNGFI.org](http://www.CTNGFI.org)

Pay at [www.CTNGFI.org](http://www.CTNGFI.org) via PayPal or through Venmo @ctngfi. Make Checks payable to: CTNGFI  
**SUBMIT NO LATER THAN JULY 1, 2026**  
MAIL TO: CTNGFI, Gov. William A. O'Neill Armory, 360 Broad Street, Hartford CT 06105  
EMAIL: [ctngfi@sbcglobal.net](mailto:ctngfi@sbcglobal.net)



[2026 CTNGFI Annual Charity Golf Outing](#)

Monday, 13 July, 2026  
Registration 10:30AM - 12:15PM  
Lunch 11:00AM - 12:15PM  
Shotgun Start 12:30PM  
The Connecticut National Guard Foundation, Inc. (CTNGFI) will hold its Annual Charity Golf Outing on Monday, July 13, 2026, at Chippabee Country Club, 6 Marsh Road, Bristol, CT. This major fundraiser supports CTNGFI's mission of providing emergency financial assistance and scholarships to Service Members and their Families. The tournament is limited to the first 120 golfers. Registration and payment can be completed through the CTNGFI website or by mailing the registration form and payment to the listed address. Sponsorship opportunities are also available. Sponsorships help offset tournament costs, allowing more funds raised to directly support Service Members, veterans, and their families. Those unable to attend are encouraged to support the mission with a donation at [CTNGFI.org](http://CTNGFI.org) or by mailing a check using the registration form information.

**Download Forms**  
<https://ctngfi.org/golf-tournament?>  
**Hosted by: The Connecticut National Guard Foundation, Inc. (CTNGFI)** (860) 241-1550  
**Location:**  
[Chippabee Country Club](#),  
6 Marsh Rd, Bristol, CT 06010

Saturday 13 June 2026

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**Monday 13 July 2026 6:30PM - 8:00PM** [Free Acupuncture For Active Military, Veterans & First Responders](#)



**WARRIORS FOR WARRIORS OFFERS ABSOLUTELY FREE ACUPUNCTURE FOR ACTIVE DUTY, VETERANS & FIRST RESPONDERS**

Join us for Community Acupuncture (CAV) on the 1st and 2nd Mondays of every month, 6:30-9:00 PM, starting April 2026. East Lyme Community Center, Senior Center (Please note: Sessions will not be held if the building is closed for a holiday.)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US) - Call: 860-739-5102

**No Hassle:**

Walk in during any of the listed hours, no medical history or intake forms required. Please bring a military ID, DD-214, or other official service identification. Services are available exclusively to veterans, active-duty service members, and first responders. Priority will be given to veterans experiencing suicidal thoughts, post-traumatic stress (PTSD), or other psychological wounds related to war or service.

**What Do I Need To Know?**

**Veterans, Active Duty and First Responders**

David LoPriore, Sensei, L.Ac., and his expert medical team provide acupuncture treatments for all veterans, active-duty service members, and first responders. Priority care is given to those experiencing suicidal thoughts or post-traumatic stress (PTSD).

**No Charge For Service**

All services for veterans, active-duty service members, and first responders are provided at no cost. These treatments are made possible through the generous support of donors from both the public and private sectors. Donations can be made online at the WFW website.

**Professional Treatments**

David LoPriore, Sensei, L.Ac., has been practicing acupuncture and Oriental medicine for more than 35 years, and is highly experienced in treating post-traumatic stress and other veterans' issues. Felicia Baker, L.Ac. has completed a 5,000-hour apprenticeship with LoPriore Sensei and holds a Masters in Acupuncture. Michelle DeChaine, RN is a retired Army Master Sergeant nurse with 35 years' experience.

**Expert Acupuncture: It Works!**

Come relax and rediscover health: body & mind.

- Treatments are very relaxing, calming and offer a great feeling of well-being and resiliency.
- Effective vs. Post-Traumatic Stress, chronic pain, insomnia, and substance/addiction problems.
- Proven to provide relief with anxiety, depression, anger, hyper-vigilance, and more. Helps you re-integrate.
- Excellent vs. TBI/headaches, back, neck and other pain, fatigue, and many functional problems.
- No need to discuss how you feel, fill out lengthy paperwork or change your clothes.

**Get in touch**

Ph : 860.739.5102 | [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

**Find us on-line**

[www.WarriorsForWarriors.US](http://www.WarriorsForWarriors.US)

[Free Acupuncture For Active Military, Veterans & First Responders](#)

1st and 2nd Mondays of every month  
6:30 PM – 9:00 PM

Free Acupuncture for Veterans, Active Duty & First Responders

Expert medical treatments provided at no cost to honor those who serve.

Prioritizing those facing PTS, suicidal thoughts, or psychological wounds. No intake forms, no medical history, and no need to discuss your service. Expert Care for Body & Mind

Led by David LoPriore, Sensei, L.Ac. (35+ years experience), along with Felicia Baker, L.Ac., and Michelle DeChaine, RN (Retired Army MSG).

**Proven effective for:**

- PTS, Anxiety, Depression, and Hyper-vigilance
- Chronic Pain, TBI, Headaches, and Insomnia
- Re-integration and overall resiliency

**Requirements:** Walk-ins welcome. Please bring Military ID, DD-214, or official service ID.

**Contact & Support**

Call: 860-739-5102

Email: [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US)

**Note:** Sessions are canceled if the building is closed for holidays.

**Hosted by:**

[Warriors For Warriors](#)

(860) 739-5102


**Location:**

[East Lyme Community Center](#)


(Senior Center), 37 Society

Road, Niantic, CT 06357

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**Tuesday 14 July 2026 4:30PM - 6:30PM**

**[American Legion Post 68 Pasta Dinner](#)**


 <p style="text-align: center;">American Legion Post 68 Berlin</p> <p style="text-align: center;"><b>PASTA DINNER</b> <b>DINE IN OR</b> <b>GRAB &amp; GO</b> <b>EVERY TUESDAY</b> <b>4:30PM-6:30PM</b> <b>ALL YOU CAN EAT PASTA. \$10</b> <b>MEATBALLS \$2 EACH</b> <b>SAUSAGE \$4 EACH</b> <b>CUP OF MEATBALLS 3 FOR \$5</b> <b>COFFEE, WATER, SODA FOR SALE</b> <b>BYOB</b> <b>154 PORTERS PASS BERLIN CT</b></p>	<p><b><a href="#">American Legion Post 68 Pasta Dinner</a></b></p> <p>PASTA DINNER DINE IN OR GRAB &amp; GO EVERY TUESDAY 4:30PM-6:30PM <b>ALL YOU CAN EAT PASTA. \$10</b></p> <ul style="list-style-type: none"> <li>• MEATBALLS \$2 EACH</li> <li>• SAUSAGE \$4 EACH</li> <li>• CUP OF MEATBALLS 3 FOR \$5</li> </ul> <p>COFFEE, WATER, SODA FOR SALE BYOB</p> <p><b>Hosted by:</b> <a href="#">American Legion Post 68</a> (860) 828-9102</p> <p><b>Location:</b> 154 Porters Pass, Kensington, CT 06037</p>
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**Wednesday 15 July 2026 11:00AM** [Sokol Lodge 30 & Jason D Lewis Brookfield Memorial VFW Post 10201 Golf Outing](#)

## REGISTER TODAY!



### SOKOL LODGE 30 & JASON D LEWIS BROOKFIELD MEMORIAL

VFW POST 10201

JULY 15, 2026

RICHTER PARK GOLF COURSE



Scan me to register  
[vfwsokegolf.com](http://vfwsokegolf.com)



**[Sokol Lodge 30 & Jason D Lewis Brookfield Memorial VFW Post 10201 Golf Outing](#)**  
**JULY 15, 2026**  
**11:00 AM:** Registration Opens, Driving Range Practice, Lunch  
**1:00 PM:** Shotgun Start  
**6:00 PM:** Dinner and Awards  
 We are thrilled to have you here at Richter Park Golf Course this July 15th for a day where the drives are long and the cause is even bigger.  
 Whether you're aiming for the leaderboard or just trying to stay out of the woods, remember that every swing supports our veterans and local SOKOL Lodge community.  
 Let's hit the links, enjoy the sun, and turn a great game of golf into a huge win for a fantastic cause!

**Register:**  
<https://sokol-lodge-30-brookfield-vfw-post-10201-annual-tournament-perfectgolfevent.com/>

**Hosted by:**  
[Sokol Lodge 30](#) (973) 265-8724  
 & [Jason D Lewis Brookfield Memorial VFW Post 10201](#)  
**Location:** [Richter Park Golf Course](#), 100 Aunt Hack Rd, Danbury, CT 06811

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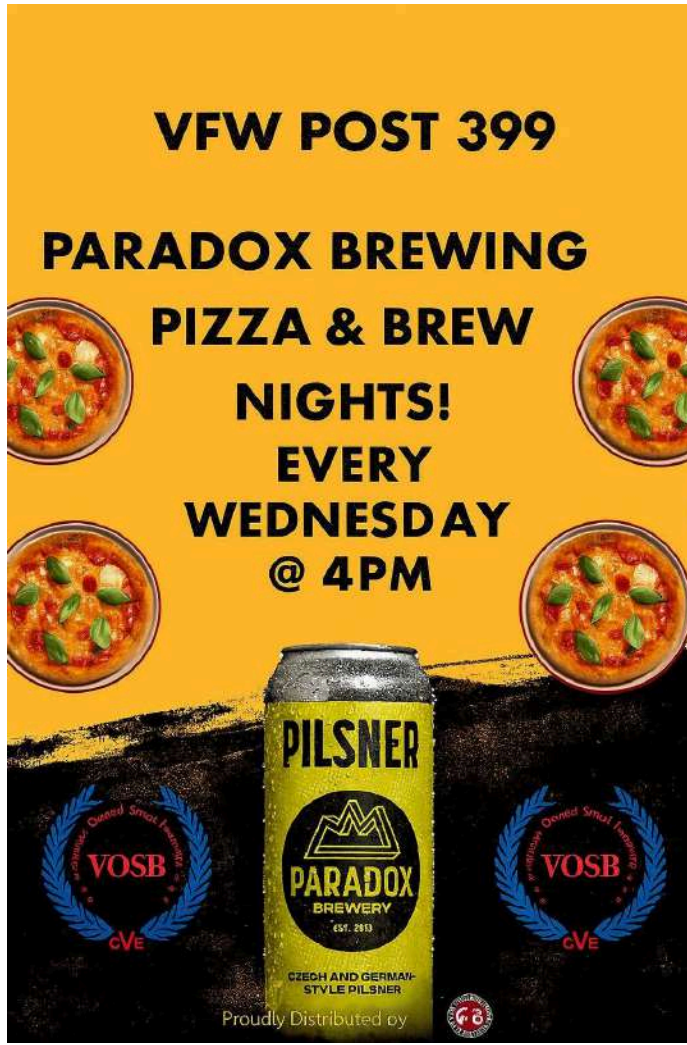
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**Wednesday 15 July 2026 4:00PM**

[VFW Post 399 Paradox Brewing Pizza & Brew Night](#)



**VFW POST 399  
PARADOX BREWING  
PIZZA & BREW  
NIGHTS!  
EVERY  
WEDNESDAY  
@ 4PM**

**PILSNER**  
**PARADOX**  
BREWERY  
EST. 2013  
CZECH AND GERMAN-  
STYLE PILSNER  
Proudly Distributed by

**VOSB**  
CVE


## [VFW Post 399 Paradox Brewing Pizza & Brew Night](#)

Every Wednesday  
@4PM


Wednesday's are  
another great day of  
the week to stop by  
the VFW, 465  
Riverside Ave.,  
Westport!

Hosted by:  
[VFW Post 399](#) (203) 227-6796  
Location: 465 Riverside Ave,  
Westport, CT 06880

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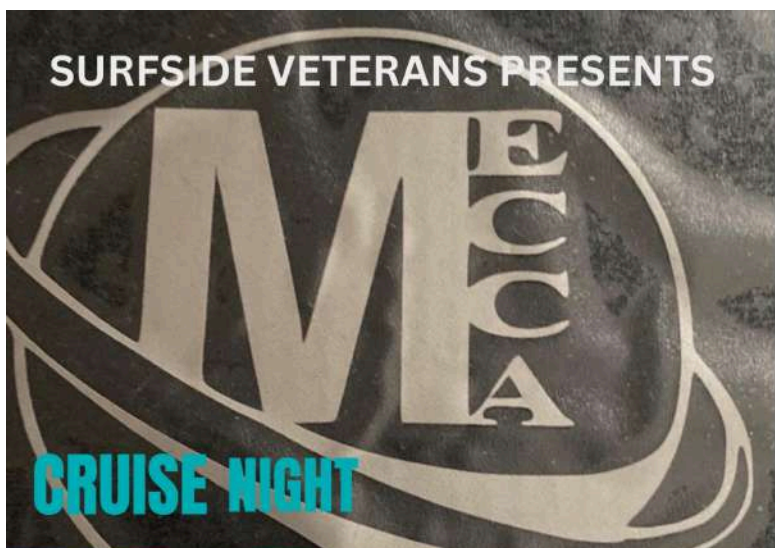
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**Wednesday 15 July 2026 5:00PM - 8:00PM**     [Mecca Cruise Night Presented by Surfside Veterans](#)



**5 - 8 P M**



**WEDNESDAY NIGHTS**

OFF-SHORE RESTAURANT  
852 JONES HILL RD WEST HAVEN

SPONSORED BY OFF-SHORE RESTAURANT

**[Mecca Cruise  
Night Presented  
by Surfside  
Veterans](#)**

Wednesday Nights  
5-8PM

Calling all cars!  
Come on down  
and show your car  
off!

Sponsored By  
[Off-Shore Restaurant](#)

Presented By:  
[Surfside Veterans](#)

(860) 710-1833

Location: [Off-Shore  
Restaurant](#),

852 Jones Hill Rd, West  
Haven, CT 06516

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**Wednesday 15 July 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

**MEET AT:**  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

**TIME:**  
5:30 PM (GATHER & HANG OUT)  
KICKSTANDS UP AT 6:00 PM SHARP!

**DESTINATION: UNKNOWN!**  
RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
AND HEAD BACK TO THE VFW BY 8:00 PM

[Wednesday Night Rides At Suffield VFW](#) **Wednesday Nights Weather Permitting** Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

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Wednesday 15 July 2026 6:00PM

[VFW Post 3336 Summer Cornhole](#)

 <h2 style="text-align: center;">summer CORNHOLE</h2>  <p style="text-align: center;"><b>Proceeds benefit the East Haddam/Moodus VFW Post 3336</b> GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469</p> <p style="text-align: center; color: blue;"><b>Mark your calendar:</b> Every Wednesday from June 3 - late Sept 6 pm</p> <p style="text-align: center; color: yellow;"><b>Cash award for winning team</b></p> <p style="text-align: center; color: white;"><b>\$20 / person</b></p> <p style="text-align: center; color: white;"><b>BYOB</b></p> <p style="text-align: center; color: white;"><b>All skill levels welcome</b></p>  <p style="text-align: center; color: white;"><b>Contact Rebecca for more info: 860-389-7216</b></p>	<h2 style="color: blue; text-decoration: underline;">VFW Post 3336 Summer Cornhole</h2> <p>Mark your calendar: Every Wednesday from June 3 - late Sept 6 pm</p> <p style="background-color: yellow;"><b>Cash award for winning team</b></p> <p><b>\$20/person</b> BYOB All skill levels welcome</p> <p><b>For more info:</b> Contact Rebecca 860-389-7216</p> <p><b>Hosted By:</b> <a href="#">VFW Post 3336</a> (860) 873-8042 &amp; <a href="#">Grandview Camping</a> (860) 873-3332</p> <p><b>Location:</b> <a href="#">Grandview Camping</a> 89 North Moodus Road Moodus, CT 06469</p>
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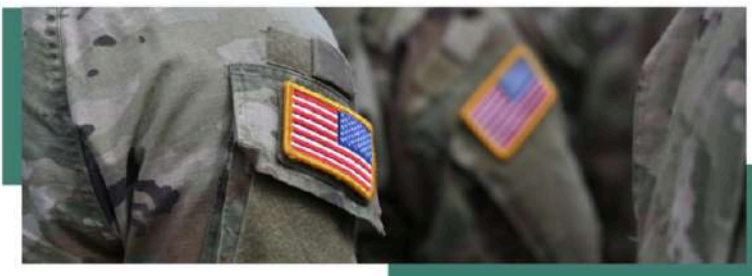
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**Wednesday 15 July 2026 6:30PM - 7:30PM** [FREE Virtual Military & Veterans Support Group](#)

## VETERANS SUPPORT GROUP

WEDNESDAYS, 6:30-7:30 PM ET, VIRTUAL Free & Open to All Veterans

*An open, judgement-free space for veterans to connect and find support with trauma, addiction, and life after service.*

**Who It's for**  
All veterans seeking connection, understanding, and community in a safe, judgement-free space.

**What We'll Explore Together**

- PTSD, moral injury, and addiction recovery
- Rebuilding identity after service
- Managing anger and risky behaviors
- Coping strategies for trauma, triggers, and cravings
- Navigating veteran resources
- Understanding addiction and recovery
- Addressing mental health and addiction challenges

**Why Join**

- Learn new perspectives in our shared experience
- Build resilience and strength
- Explore multiple pathways to recovery
- Find support in both trauma and addiction healing
- Forge a path forward together

**Group Leaders**


**Veteran Clinician – Licensed Master Social Worker**  
Army combat veteran, served in convoy security platoon, combat arms, law enforcement and logistics. Specializes in trauma-informed care, blending leadership and lived experience to create a safe space where veterans can connect and heal.

**Veteran Recovery Coach**  
Former U.S. Marine Sergeant with a Master's in Addiction Studies. Combines military service and recovery expertise to guide veterans with compassion, strength, and understanding.

**Format**  
Virtual / Free / Open to All Veterans  
*No Enrollment Required.*

Weekly virtual support group led by experienced clinicians and veterans with lived experience.

**Contact**  
www.mountainside.com/veterans  
veterans@mountainside.com



### [FREE Virtual Military & Veterans Support Group](#)


Meets weekly, every Wednesday 6:30–7:30 PM (EST). Free and open to all veterans and active-duty service members.

Mission Homefront Recovery Mountainside's FREE weekly virtual support group for veterans and service members is led by a 101st Airborne Combat Veteran and a U.S. Marine Recovery Coach, this group operates with a "TOC for recovery" mindset — a tactical space where participants come together as a unit to confront challenges related to addiction, trauma, moral injury, disconnection, stigma, reintegration and more. Join a community that understands your story, speaks your language, and stands beside you on the mission of recovery.


**Presented by:** [Mountainside Treatment Center](#)  
(860) 639-7610

**Location:** [VIRTUAL. CLICK HERE TO JOIN THE MEETING](#)

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**Wednesday 15 July 2026 7:00PM**

[Nine Ball Pool Tournament](#)



**9 BALL POOL TOURNAMENT**

THOMASTON AMERICAN LEGION · POST 22  
• LOCATED AT 211 ELM STREET •

**WEDNESDAY NIGHTS**

SIGN-UPS: **6:45PM**    START TIME: **7:00PM**  
PROMPTLY

OPEN TO THE PUBLIC | VETERANS CLUB

**Nine Ball Pool  
Tournament**

**Wednesday  
Nights  
7:00PM**

\$5 a person  
(Men and Women)

Sign-Up Sheet at  
Post 22

First come first  
serve.

Limit 12 people.  
Winner Takes All

**Hosted by:**  
[American Legion Post 22](#)  
(860) 283-9009

**Location:** 211 Elm St.  
Thomaston, CT 06787

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**Thursday 16 July 2026 5:30PM Doors Open**

[VFW Post 5095 BINGO](#)



**Thursday Night BINGO**  
@  
VFW POST 5095 EAST HAMPTON  
20 N. Maple Street East Hampton

EVERY THURSDAY  
5.30 PM DOORS OPEN  
6:30 GAME STARTS

Cash Prizes
Kitchen open for food.
Early Bird Bonanza calls at 6:20pm

OPEN TO THE PUBLIC!

**[VFW Post 5095 BINGO](#)**

Every Thursday!  
DOORS OPEN AT 5:30PM  
PLAY STARTS AT 6:30

**Open to the public**

**See the front table to purchase a raffle ticket**  
Progressive Jackpot  
Kitchen open with usual and new items.  
Order your food and drink for intermission before game play!

**Hosted by:**  
[VFW Post 5095](#)  
(860) 267-8837

**Location:**  
20 N Maple St,  
East Hampton, CT 06424

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**Thursday 16 July 2026 5:30PM**    [Thursday Night VFW Cruise at Smalley Brothers VFW Post 6123](#)




## THURSDAY NIGHT V.F.W. CRUISE




**5:30 PM  
EVERY  
WEEK**

**STARTS APRIL 30<sup>TH</sup>**



**FOOD # DRINK 50-50 PLUS RAFFLE**



**SMALLEY BROTHERS  
V.F.W. POST 6123  
36 FAIRVIEW ST.  
WINDSOR LOCKS, CT.**

**Thursday Night  
VFW Cruise at  
Smalley Brothers  
VFW Post 6123**

**5:30PM  
EVERY  
WEEK  
STARTS  
APRIL 30,2026  
Through Mid  
September.  
FOOD  
DRINK  
50/50 RAFFLE**

Hosted by:  
[Smalley Brothers VFW Post 6123](#) (860) 623-6856  
**Location:**  
 36 Fairview St, Windsor Locks, CT 06096

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**Thursday 16 July 2026 6:00PM - 8:00PM**

[American Legion Post 102 Spaghetti Dinner Night](#)



**AMERICAN LEGION  
POST 102**  
**Every Thursday**  
**Spaghetti  
Dinner Night**  
 Spaghetti, Meatballs  
& Bread  
**EAT IN OR TAKEAWAY**  
*Only \$10 Per Person*

**CALL 860-280-5395 TO RESERVE**  
 20 AMERICAN LEGION DR., MANCHESTER, CT

## [American Legion Post 102 Spaghetti Dinner Night](#)

Every Thursday  
Night!!

- Spaghetti
- Meatballs
- Bread

Eat in or take Away.  
Only \$10 per person  
Call (860) 280-5395 to  
reserve.

20 American Legion Dr.  
Manchester, CT


**Hosted by:**

[American Legion Post 102](#)  
(860) 791-8063


**Location:**

20 American Legion Dr,  
Manchester, CT 06040

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**Thursday 16 July 2026 6:00PM - 9:00PM**

[American Legion Post 104 Thursday Night BINGO](#)



[American Legion Post 104 Thursday Night BINGO](#)

Every Thursday night 6-9PM.

Contact Post to inquire regarding cancellations.

Hosted by [American Legion Post 104](#) (860) 889-6777

Location 22 Merchants Ave, Taftville, CT 06380

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Thursday 16 July 2026 7:00PM

[VFW Post 201 Texas Hold 'Em Tournament](#)



WATERBURY-NAUGATUCK  
**VFW POST 201**

**TEXAS HOLD 'EM  
TOURNAMENT**

Thursdays @ 7p  
starting 5 March  
\$20 Buy-in

For more information  
call the post at 203-754-0738  
or email us at [info@vfwpost201.org](mailto:info@vfwpost201.org)



Waterbury - Naugatuck VFW Post 201  
2205 Baldwin St Waterbury CT 06706

**VFW Post 201  
Texas Hold 'Em  
Tournament**

Thursdays @ 7p  
starting

5 March, 2026

**\$20 Buy-in**

For more  
information call  
the post at  
203-754-0738 or  
email us at


[info@vfwpost201.org](mailto:info@vfwpost201.org)

Hosted by:

[Wheeler-Young VFW Post  
201](#) (203) 754-0738


**Location:** 2205 Baldwin St,  
Waterbury, CT 06706

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**Friday 17 July 2026 2:00PM - 4:00PM**

[Meals With Meaning Pasta Dinner Grab and Go](#)




**OPEN TO THE PUBLIC**  
**EVERY FRIDAY**  
 "MEALS WITH MEANING"  
*Pasta Dinner*  
 24 Stott Ave.  
 Norwich, CT 06360


\$10

FRIDAYS

2PM-4PM



easterseals




VETERANS RALLY POINT

Active • Guard • Reserve • Families

Meals With  
Meaning Pasta  
Dinner Grab and  
Go

Starting Friday,  
7/25/2025 🙌

Come grab bring home  
a "Meal with Meaning"




Pasta 🍝 dinners for  
**\$10** which directly  
supports programs at  
Veterans Rally Point!

**Hosted by:**  
[Easterseals Veterans Rally  
Point](#) (860) 859-4148

**Location:**  
24 Stott Ave # 2,  
Norwich, CT 06360

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**Friday 17 July 2026 4:00PM Doors Open**

[American Legion Post 26 BINGO Night](#)



FRIDAY NIGHT BINGO!

FRIDAY NIGHT BINGO!

**American Legion Post 26**  
**10 Monson Road**  
**Stafford Springs, CT 06076**

Details	Prizes
<p style="font-size: 1.5em; font-weight: bold;">Every Friday night</p> <p>First game at 7:00 p.m.            Selling cards at 6:00 p.m.            Doors open at 4:00 p.m.</p>	<ul style="list-style-type: none"> <li>* 4 - \$50 games</li> <li>* 11- \$100 games</li> <li>* 2-part winner take all</li> <li><b>* final jackpot amount</b></li> <li>53 numbers or less = \$1,200</li> <li>54 numbers or more = weekly jackpot amount</li> </ul>

[American Legion Post 26 BINGO Night](#)

Every Friday night. First game at 7:00 p.m. Selling cards at 6:00 p.m. Doors open at 4:00 p.m.  
 \* 4 - \$50 games \* 11- \$100 games \* 2-part winner take all \* final jackpot amount 53 numbers or less = \$1,200 54 numbers or more = weekly jackpot amount

**Hosted by:** [American Legion Post 26](#) (860)684-7619

**Location:** American Legion Post 26 10 Monson Road Stafford Springs CT 06076

Saturday 13 June 2026



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**Friday 17 July 2026 5:00PM - 9:00PM**

[American Legion Post 128 Friday Karaoke](#)



**KARAOKE!  
EVERY FRIDAY!  
5-9PM**

REDUCED DRINK  
PRICES 5-7PM  
AMERICAN LEGION  
16 YORK AV NIANTIC

**COMPLIMENTARY  
FREE FINGER  
FOODS!**

COMPLIMENTARY FREE  
FINGER FOODS EVERY FRIDAY!

REDUCED DRINK PRICES 5-7PM  
DONATIONS APPRECIATED  
OUR TOY DRIVE HAS STARTED!  
PLEASE BRING AN UNWRAPPED TOY TO  
BENEFIT TOYS FOR TOTS!  
AMERICAN LEGION 16 YORK AV NIANTIC

[American Legion Post  
128 Friday Karaoke](#)

KARAOKE! EVERY  
FRIDAY!  
5-9PM

- REDUCED DRINK PRICES 5-7PM
- COMPLIMENTARY FREE FINGER FOODS!


DONATIONS APPRECIATED  
OUR TOY DRIVE HAS STARTED!  
PLEASE BRING AN UNWRAPPED TOY TO  
BENEFIT [TOYS FOR TOTS!](#)

**Hosted by:** [American Legion  
Turner-Tinker Post 128](#)


(860) 810-8736

**Location:** 16 York Ave.  
Niantic, CT 06357

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**Friday 17 July 2026 6:00PM**


[Steak Night At The VFW](#)

 <p><b>STEAK NIGHT</b> EVERY FRIDAY NIGHT AT THE VFW - ROCKY HILL, CT POST - 2138 PREMIUM QUALITY SIRLOIN STEAK BAKED POTATO, SALAD, DINNER ROLL FROM 6PM ONLY \$20 SUPPORT YOUR VETERANS THANKS TO OUR SUPPORTERS COLES ROAD BREWING WEST SIDE Marketplace All-GAS</p>	<p><b><a href="#">Steak Night At The VFW</a></b> EVERY FRIDAY NIGHT AT THE VFW - ROCKY HILL CT POST - 2138 FROM 6PM PREMIUM QUALITY SIRLOIN STEAK BAKED POTATO, SALAD, DINNER ROLL ONLY \$20 THANKS TO OUR SUPPORTERS COLES ROAD BREWING WEST SIDE Marketplace All- GAS SUPPORT YOUR VETERANS <b>Hosted by <a href="#">VFW Post 2138</a></b> (860) 563-8876 <b>Location</b> 3272 Main St, Rocky Hill, CT 06067</p>
---	--

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**Friday 17 July 2026 6:00PM**

[American Legion Dart Drop-In Tournament](#)



**DART DROP-IN  
TOURNAMENT**

**American Legion, Post 22**  
211 Elm Street, Thomaston

**WHEN: FRIDAYS**  
Time: 7:00pm


**\$5.00 A PERSON**  
**WINNER TAKES ALL**

★ **SIGNUPS AT POST 22** ★  
**NO COMMITMENTS REQUIRED**  
**JUST SHOW UP PRIOR TO 6PM**


## [American Legion Dart Drop-In Tournament](#)

WHEN: FRIDAYS  
Time: 6:00pm  
**\$5.00 A PERSON**  
**WINNER TAKES ALL**  
**SIGNUPS AT POST 22**  
NO COMMITMENTS  
REQUIRED  
JUST SHOW UP  
PRIOR TO 6PM  
Hosted by: [American Legion  
Post 22 thomaston](#)  
(860) 484-4373  
Location: 211 Elm St  
Thomaston, CT 06787

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**Friday 17 July 2026 6:00PM - 9:00AM**

[Friday Night Karaoke At Niantic American Legion](#)



**KARAOKE!  
EVERY FRIDAY**

**TIME: 6-9PM**  
**AT THE AMERICAN LEGION**  
**16 YORK AVE. NIANTIC**

**COME HAVE FUN!  
BRING FRIENDS!**

**WE WELCOME A DISH TO SHARE TO  
ADD TO OUR COMPLIMENTARY  
FREE FINGER FOODS!**

**EVERYONE IS WELCOME! FUN TIME!  
BRING A DISH TO SHARE!**

**REDUCED DRINK PRICES 5-7PM**

NON PERISHABLE FOODS APPRECIATED  
TO BENEFIT EAST LYME FOOD BANKS

🇺🇸 AMERICAN LEGION 16 YORK AV NIANTIC 🇺🇸

[Friday Night Karaoke  
At Niantic American  
Legion](#)

**EVERY FRIDAY  
TIME: 6-9PM**

**AT THE AMERICAN LEGION  
16 YORK AVE. NIANTIC  
COME HAVE FUN! BRING  
FRIENDS!**

**WE WELCOME A DISH TO  
SHARE TO ADD TO OUR  
COMPLIMENTARY FREE  
FINGER FOODS! BRING A  
DISH TO SHARE!**

**EVERYONE IS  
WELCOME! FUN TIME!**

**REDUCED DRINK  
PRICES 5-7PM**

**NON PERISHABLE FOODS  
APPRECIATED TO BENEFIT  
EAST LYME FOOD BANKS**

**Hosted by:**


[American Legion](#)

[Turner-Tinker Post 128](#)

[Niantic](#) (860) 739-9360


**Location:** 16 York Ave,  
Niantic, CT 06357

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Friday 17 July 2026 6:45PM - 9:00PM

[Line Dancing At American Legion Litchfield](#)



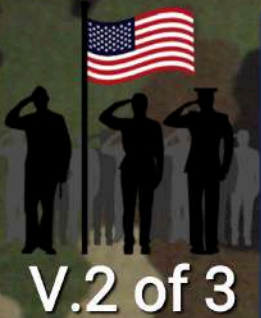
[Line Dancing At American Legion Litchfield](#)

1ST & 3RD FRIDAYS  
CHECK IN 6:45PM  
LESSONS 7-8ISH  
REQUESTS/REVIEW 8-9ISH

- BEGINNERS WELCOME
- NO PARTNER NEEDED
- Fun for ALL!!

Let's Dance it out!!  
Fun Required Boots Optional  
**\$10 Cash/Venmo at the door**  
Lessons by: [Tanna](#)  
(310) 403-6464  
COME DANCE WITH US!!  
Hosted by:  
[American Legion Post 27](#)  
(860) 567-9930  
**Location:** 418 Bantam Rd,  
Litchfield, CT 06759

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**Friday 17 July 2026 7:00PM - 11:00PM**

[VFW POST 5157 Karaoke Night](#)



[VFW POST  
5157  
Karaoke  
Night](#)


Every Friday  
7-11PM

KJ CHRIS and  
ALICIA DELEON  
BARTENDER  
TRACEY WOLFF


Hosted by:  
[VFW Post 5157 Water Oak](#)  
(860) 274-1573

**Location:**  
866 Thomaston Rd,  
Watertown, CT 06795

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**Friday 17 July 2026 7:30PM**

[Moosup American Legion Post 91 Karaoke Night](#)



## KARAOKE NIGHT

### AMERICAN LEGION

**MOOSUP AMERICAN LEGION  
POST 91**

**STARTING FRIDAY APRIL 4th 7:30. YOUR  
NEW HOME FOR FRIDAY NIGHT KARAOKE  
EVERY FRIDAY!**

*GREAT MUSIC, GREAT TIME, GREAT PEOPLE. PUBLIC WELCOME*

**HOSTED BY CELTIC  
ENTERTAINMENT & DJ BILL**

**66 PROSPECT ST. MOOSUP CT**

[Moosup American  
Legion Post 91  
Karaoke Night](#)

STARTING FRIDAY  
APRIL 4th 7:30. YOUR  
NEW HOME FOR  
FRIDAY NIGHT  
KARAOKE EVERY  
FRIDAY!:

GREAT MUSIC,  
GREAT TIME,  
GREAT PEOPLE,  
**PUBLIC WELCOME**

**Hosted by:**

[Celtic Entertainment & DJ Bill](#)

**Location:** MOOSUP  
AMERICAN LEGION POST 91  
66 Prospect St,  
Moosup, CT 06354

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**Friday 17 July 2026 8:00PM - 12:00AM**

[\*\*VFW Post 5095 Karaoke Night\*\*](#)



**FRIDAY NIGHT**  
**Karaoke**

**8PM-12AM  
EVERY FRI.  
OPEN TO  
THE PUBLIC!**

**VFW Post 5095  
20 N. Maple St. East Hampton CT  
860-267-8837**

Check out the  
post Facebook  
page for food  
options and  
drink specials!

Your Hosts  
Joe and  
Christine  
from Rock  
The Mic

**ROCK  
THE MIC**

Music Trivia!  
Who will be  
#1


## [VFW Post 5095 Karaoke Night](#)

EVERY FRIDAY AT 8PM-12AM. YOUR HOSTS Joe & Christine from Rock The Mic  
NO ENTRY FEE WE WELCOME NON-MEMBERS. MORE INFO CALL 860-267-8837

Hosted by [VFW Post 5095](#) (860) 267-8837

Location 20 N Maple St, East Hampton, CT 06424

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**Friday 17 July 2026 8:00PM**

[Plainfield VFW Friday Karaoke Night](#)

PLAINFIELD VFW  
7 WINSOR AVE  
PLAINFIELD CT



**Every Friday** **8PM**

*Friday Karaoke*

**All are welcome**  
**860-564-5446**

## Plainfield VFW Friday Karaoke Night

Every Friday  
8:00PM

**ALL ARE  
WELCOME**

860-564-5446

**Presented by:** [Plainfield VFW](#) (860) 564-5446

**Location:**  
7 Winsor Ave,  
Plainfield, CT 06374

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**Saturday 18 July 2026 6:00PM - 10:00PM**

[Fifth Estate at American Legion Post 60](#)



**The American Legion Post 60**  
Is pleased to announce

**★ THE FIFTH ESTATE ★**

Bobby, Mike, Ricky, Duke, Gio, & Fervus

On Saturday  
**JULY 18TH, 2026**  
6 - 10pm

Suggested Donations  
**\$20.00**

138 Triangle St  
Danbury CT

Plus Rockin' Rob the DJ ★

★ Menu ★

- Baked ziti
- Sweet and sour meatballs
- Sausage and peppers
- Tossed salad
- Rolls
- Dessert table
- Coffee and tea.

Cash Bar  
Plus

- [Rockin' Rob the DJ](#) \*
- Raffle
- 50/50

**Presented by:**  
[American Legion Post 60](#)  
(203) 744-5150  
**Location:** 138 Triangle St,  
Danbury, CT 06810

[Fifth Estate at American Legion Post 60](#)

Saturday, JULY 18TH, 2026  
6-10pm

The American Legion Post 60  
Is pleased to announce  
[THE FIFTH ESTATE](#)

Bobby, Mike, Ricky, Duke,  
Gio, & Fervus

**Suggested Donations \$20.00**

\* Menu \*

- Baked ziti
- Sweet and sour meatballs
- Sausage and peppers
- Tossed salad
- Rolls
- Dessert table
- Coffee and tea.

Cash Bar

Plus

- [Rockin' Rob the DJ](#) \*
- Raffle
- 50/50

**Presented by:**

[American Legion Post 60](#)

(203) 744-5150

**Location:** 138 Triangle St,  
Danbury, CT 06810

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**Saturday 18 July 2026 6:30PM Doors Open** [Marlborough American Legion Auxiliary Plant BINGO](#)

Marlborough American Legion Auxiliary  
partnering with Paul's and Sandy's Too

## Plant BINGO

*Saturday July 18<sup>th</sup>*

**Marlborough American Legion Hall**  
128 East Hampton Rd Marlborough, CT 06447

Doors open 6:30 | games start at 7

Bring your own snacks / non-alcoholic beverages  
Adult beverage available for purchase in bar.

*Must be 18 or older to play*

6 games | Raffles

One BINGO card provided with entry - may purchase extra \$2 each

**\$35**



### Marlborough American Legion Auxiliary Plant BINGO

Saturday July 18, 2026

Doors open 6:30

Games start at 7

Marlborough American Legion Auxiliary is partnering with Paul's and Sandy's Too

**\$35**

Bring your own snacks / non-alcoholic beverages

Adult beverages available for purchase in bar.

**Must be 18 or older to play**

- 6 games
- Raffles


**One BINGO card provided with entry -may purchase extra \$2 each**

**Hosted By:**

[Marlborough American Legion Auxiliary](#) (860) 295-7810  
& [Paul's and Sandy's Too](#)


**Location:** 128 E Hampton Rd, Marlborough, CT 06447

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**Tuesday 21 July 2026 4:30PM - 6:30PM**

**[American Legion Post 68 Pasta Dinner](#)**

 <p style="text-align: center;">American Legion Post 68 Berlin</p> <p style="text-align: center;"><b>PASTA DINNER</b> <b>DINE IN OR</b> <b>GRAB &amp; GO</b> <b>EVERY TUESDAY</b> <b>4:30PM-6:30PM</b> <b>ALL YOU CAN EAT PASTA. \$10</b> <b>MEATBALLS \$2 EACH</b> <b>SAUSAGE \$4 EACH</b> <b>CUP OF MEATBALLS 3 FOR \$5</b> <b>COFFEE, WATER, SODA FOR SALE</b> <b>BYOB</b> <b>154 PORTERS PASS BERLIN CT</b></p>	<p><b><a href="#">American Legion Post 68 Pasta Dinner</a></b></p> <p>PASTA DINNER DINE IN OR GRAB &amp; GO EVERY TUESDAY 4:30PM-6:30PM <b>ALL YOU CAN EAT PASTA. \$10</b></p> <ul style="list-style-type: none"> <li>• MEATBALLS \$2 EACH</li> <li>• SAUSAGE \$4 EACH</li> <li>• CUP OF MEATBALLS 3 FOR \$5</li> </ul> <p>COFFEE, WATER, SODA FOR SALE BYOB</p> <p><b>Hosted by:</b> <a href="#">American Legion Post 68</a> (860) 828-9102</p> <p><b>Location:</b> 154 Porters Pass, Kensington, CT 06037</p>
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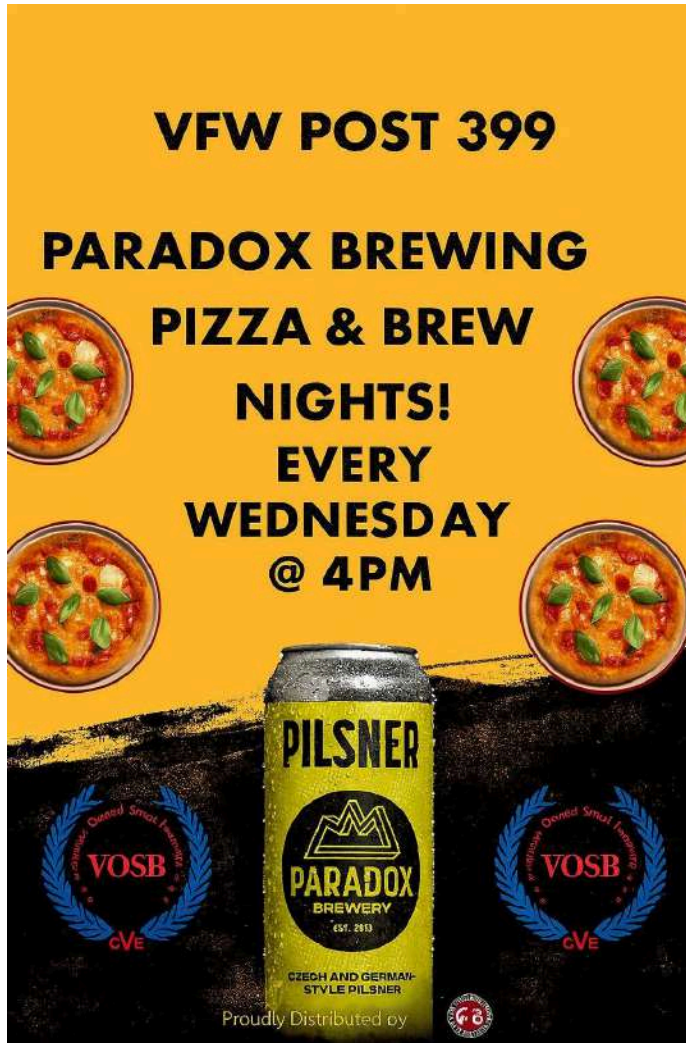
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**Wednesday 22 July 2026 4:00PM**

[VFW Post 399 Paradox Brewing Pizza & Brew Night](#)



**VFW POST 399  
PARADOX BREWING  
PIZZA & BREW  
NIGHTS!  
EVERY  
WEDNESDAY  
@ 4PM**

**PILSNER**  
**PARADOX**  
BREWERY  
EST. 2013  
CZECH AND GERMAN-  
STYLE PILSNER  
Proudly Distributed by

**VOSB**  
CVE

## [VFW Post 399 Paradox Brewing Pizza & Brew Night](#)

Every Wednesday  
@4PM

Wednesday's are  
another great day of  
the week to stop by  
the VFW, 465  
Riverside Ave.,  
Westport!

Hosted by:

[VFW Post 399](#) (203) 227-6796

**Location:** 465 Riverside Ave,  
Westport, CT 06880

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**Wednesday 22 July 2026 5:00PM - 8:00PM**     [Mecca Cruise Night Presented by Surfside Veterans](#)



**5 - 8 P M**



**WEDNESDAY NIGHTS**

OFF-SHORE RESTAURANT  
852 JONES HILL RD WEST HAVEN

SPONSORED BY OFF-SHORE RESTAURANT

**[Mecca Cruise  
Night Presented  
by Surfside  
Veterans](#)**

Wednesday Nights  
5-8PM

Calling all cars!  
Come on down  
and show your car  
off!

Sponsored By  
[Off-Shore Restaurant](#)


Presented By:  
[Surfside Veterans](#)

(860) 710-1833


Location: [Off-Shore  
Restaurant](#),

852 Jones Hill Rd, West  
Haven, CT 06516

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**Wednesday 22 July 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

**MEET AT:**  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

**TIME:**  
5:30 PM (GATHER & HANG OUT)  
KICKSTANDS UP AT 6:00 PM SHARP!

**DESTINATION: UNKNOWN!**  
RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
AND HEAD BACK TO THE VFW BY 8:00 PM

[Wednesday Night Rides At Suffield VFW](#) Wednesday Nights Weather Permitting Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

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Wednesday 22 July 2026 6:00PM

[VFW Post 3336 Summer Cornhole](#)




## summer CORNHOLE

Proceeds benefit the East Haddam/Moodus VFW Post 3336  
GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469

**Mark your calendar:**  
Every Wednesday from June 3 - late Sept  
6 pm



**Cash award for winning team**  
\$20 / person  
BYOB  
All skill levels welcome

Contact Rebecca for more info: 860-389-7216

## [VFW Post 3336](#) Summer Cornhole

Mark your calendar:  
Every Wednesday from  
June 3 - late Sept  
6 pm

**Cash award for  
winning team**

**\$20/person**

BYOB

All skill levels welcome

**For more info:**

Contact Rebecca

860-389-7216

Hosted By:

[VFW Post 3336](#)

(860) 873-8042

& [Grandview Camping](#)

(860) 873-3332

Location:

[Grandview Camping](#)

89 North Moodus Road

Moodus, CT 06469

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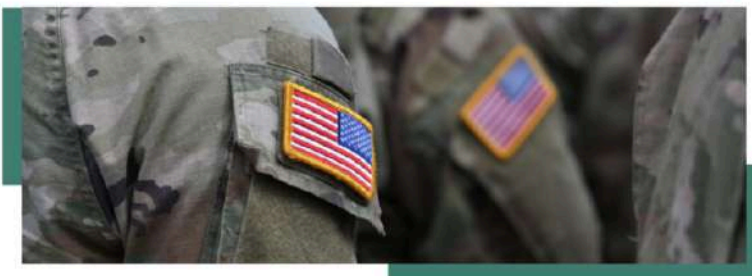
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**Wednesday 22 July 2026 6:30PM - 7:30PM** [FREE Virtual Military & Veterans Support Group](#)

## VETERANS SUPPORT GROUP

WEDNESDAYS, 6:30-7:30 PM ET, VIRTUAL Free & Open to All Veterans

*An open, judgement-free space for veterans to connect and find support with trauma, addiction, and life after service.*

**Who It's for**  
All veterans seeking connection, understanding, and community in a safe, judgement-free space.

**What We'll Explore Together**

- PTSD, moral injury, and addiction recovery
- Rebuilding identity after service
- Managing anger and risky behaviors
- Coping strategies for trauma, triggers, and cravings
- Navigating veteran resources
- Understanding addiction and recovery
- Addressing mental health and addiction challenges

**Why Join**

- Learn new perspectives in our shared experience
- Build resilience and strength
- Explore multiple pathways to recovery
- Find support in both trauma and addiction healing
- Forge a path forward together

**Group Leaders**


**Veteran Clinician – Licensed Master Social Worker**  
Army combat veteran, served in convoy security platoon, combat arms, law enforcement and logistics. Specializes in trauma-informed care, blending leadership and lived experience to create a safe space where veterans can connect and heal.

**Veteran Recovery Coach**  
Former U.S. Marine Sergeant with a Master's in Addiction Studies. Combines military service and recovery expertise to guide veterans with compassion, strength, and understanding.

**Format**  
Virtual / Free / Open to All Veterans  
*No Enrollment Required.*

Weekly virtual support group led by experienced clinicians and veterans with lived experience.

**Contact**  
www.mountainside.com/veterans  
veterans@mountainside.com



## [FREE Virtual Military & Veterans Support Group](#)

Meets weekly, every Wednesday 6:30–7:30 PM (EST).


Free and open to all veterans and active-duty service members.

Mission Homefront Recovery Mountainside's FREE weekly virtual support group for veterans and service members is led by a 101st Airborne Combat Veteran and a U.S. Marine Recovery Coach, this group operates with a "TOC for recovery" mindset — a tactical space where participants come together as a unit to confront challenges related to addiction, trauma, moral injury, disconnection, stigma, reintegration and more. Join a community that understands your story, speaks your language, and stands beside you on the mission of recovery.

**Presented by:** [Mountainside Treatment Center](#)  
(860) 639-7610



**Location:** [VIRTUAL. CLICK HERE TO JOIN THE MEETING](#)

Saturday 13 June 2026



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Events Beyond  
This Month

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**Wednesday 22 July 2026 Serving Starts 7:00PM [VFW Post 10004 Date Night Steak Night](#)**



**POST 10004**  
263 TAYLOR HILL RD  
JEWETT CITY, CT

## Date Night STEAK NIGHT

JOIN US FOR A DELICIOUS  
EVENING OF GREAT FOOD  
AND GOOD COMPANY.

- ♥ JUNE 17TH
- ♥ JULY 22ND
- ♥ AUGUST 19TH

**DINNER INCLUDES:**

- RIBEYE STEAK
- BAKED POTATO
- GREEN BEANS
- GARDEN SALAD
- PASTA
- ITALIAN BREAD

\$30  
PER PERSON

♥ SERVING STARTS AT 7:00 ♥

**RESERVATION REQUIRED**  
CALL THE POST TO RESERVE YOUR SPOT

📞 **(860)376-5226**

**VFW Post 10004 Date Night  
Steak Night**

JUNE 17TH  
JULY 22ND  
AUGUST 19TH  
SERVING STARTS AT 7:00  
You've been asking! Bring your better half! Live Music to be announced!  
JOIN US FOR A DELICIOUS EVENING OF GREAT FOOD AND GOOD COMPANY.

**DINNER INCLUDES:**

- RIBEYE STEAK
- BAKED POTATO
- GREEN BEANS
- GARDEN SALAD
- PASTA
- ITALIAN BREAD

**\$30 PER PERSON**

**RESERVATION REQUIRED**

Call (860)-376-5226 to make reservations!

**Hosted By:**

[Jewett City VFW Post 10004](#)

**Location:** 263 Taylor Hill Rd,  
Jewett City, CT 06351

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**Wednesday 22 July 2026 7:00PM**

[Nine Ball Pool Tournament](#)



**9 BALL POOL  
TOURNAMENT**

THOMASTON AMERICAN LEGION · POST 22  
• LOCATED AT 211 ELM STREET •

**WEDNESDAY NIGHTS**

SIGN-UPS: **6:45PM**    START TIME: **7:00PM**  
PROMPTLY

OPEN TO THE PUBLIC | VETERANS CLUB

## Nine Ball Pool Tournament

**Wednesday  
Nights**

**7:00PM**

\$5 a person  
(Men and Women)

Sign-Up Sheet at  
Post 22

First come first  
serve.

Limit 12 people.

Winner Takes All

Hosted by:

[American Legion Post 22](#)

(860) 283-9009

**Location:** 211 Elm St.

Thomaston, CT 06787

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**Thursday 23 July 2026 11:00AM - 3:00PM**

**[NSB New London Area Veterans Job Fair](#)**




## MILITARY COMMUNITY HIRING EVENT

THURSDAY, JULY 23, 2026 | 11AM - 3PM ET

### NSB New London Area

Hilton Mystic | 20 Coogan Boulevard, Mystic, CT, 06355

  
SCAN ME

rmvets.com/NL0726

FROM LOCAL TO REMOTE — OPPORTUNITIES AT EVERY LEVEL

✓ SKILLED TRADES: TECHNICAL / INDUSTRIAL	✓ GOVERNMENT
✓ TRANSPORTATION / LOGISTICS	✓ HUMAN RESOURCES
✓ MANAGEMENT / SUPERVISION	✓ HEALTHCARE
✓ INFORMATION TECHNOLOGY	✓ PROJECT MANAGEMENT

No Federal or DoW endorsement implied

**NSB New London Area Veterans Job Fair**

A RecruitMilitary Job Fair is an event where job seekers with military experience can meet with recruiters from local and national companies. These events are free for U.S veterans, military spouses, transitioning military, and members of the Guard and Reserve.

**FROM LOCAL TO REMOTE - OPPORTUNITIES AT EVERY LEVEL**

- SKILLED TRADES: TECHNICAL / INDUSTRIAL
- GOVERNMENT
- TRANSPORTATION / LOGISTICS
- HUMAN RESOURCES
- MANAGEMENT / SUPERVISION
- HEALTHCARE
- INFORMATION TECHNOLOGY
- PROJECT MANAGEMENT

**Register:**  
<https://my.recruitmilitary.com/events/nsb-new-london-area-veterans-job-fair-july-23-2026?>

**Hosted By:**  
[DAV/Recruit Military](#)

**Location:** Schooner Ballroom, [Hilton Mystic](#), 20 Coogan Blvd, Mystic, CT 06355

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**Thursday 23 July 2026 5:30PM Doors Open**

[VFW Post 5095 BINGO](#)

**Thursday Night BINGO**  
@  
VFW POST 5095 EAST HAMPTON  
20 N. Maple Street East Hampton

EVERY THURSDAY  
5.30 PM DOORS OPEN  
6:30 GAME STARTS

Cash Prizes
Kitchen open for food.
Early Bird Bonanza calls at 6:20pm

OPEN TO THE PUBLIC!

**[VFW Post 5095 BINGO](#)**

Every Thursday!  
DOORS OPEN AT 5:30PM  
PLAY STARTS AT 6:30

**Open to the public**

**See the front table to purchase a raffle ticket**  
Progressive Jackpot  
Kitchen open with usual and new items.  
Order your food and drink for intermission before game play!

**Hosted by:**  
[VFW Post 5095](#)  
(860) 267-8837

**Location:**  
20 N Maple St,  
East Hampton, CT 06424

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**Thursday 23 July 2026 5:30PM**    [Thursday Night VFW Cruise at Smalley Brothers VFW Post 6123](#)

 <h2 style="margin: 0;">THURSDAY NIGHT V.F.W. CRUISE</h2> <p style="margin: 0;"><b>5:30 PM EVERY WEEK</b></p> <p style="margin: 0;"><b>STARTS APRIL 30<sup>TH</sup></b></p>  <p style="margin: 0;"><b>FOOD # DRINK 50-50 PLUS RAFFLE</b></p> <p style="margin: 0;"><b>SMALLEY BROTHERS V.F.W. POST 6123</b></p> <p style="margin: 0;"><b>36 FAIRVIEW ST. WINDSOR LOCKS, CT.</b></p> 	<p style="text-align: center;"><a href="#">Thursday Night VFW Cruise at Smalley Brothers VFW Post 6123</a></p> <p style="text-align: center;">5:30PM <b>EVERY WEEK</b> STARTS APRIL 30,2026 Through Mid September. FOOD DRINK 50/50 RAFFLE</p> <p>Hosted by: <a href="#">Smalley Brothers VFW Post 6123</a> (860) 623-6856</p> <p><b>Location:</b> 36 Fairview St, Windsor Locks, CT 06096</p>
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**Thursday 23 July 2026 6:00PM - 8:00PM**

[American Legion Post 102 Spaghetti Dinner Night](#)



**AMERICAN LEGION  
POST 102**  
**Every Thursday**  
**Spaghetti  
Dinner Night**  
 Spaghetti, Meatballs  
& Bread  
**EAT IN OR TAKEAWAY**  
*Only \$10 Per Person*

**CALL 860-280-5395 TO RESERVE**  
 20 AMERICAN LEGION DR., MANCHESTER, CT

[American Legion Post  
102 Spaghetti Dinner  
Night](#)

Every Thursday  
Night!!

- Spaghetti
- Meatballs
- Bread

Eat in or take Away.  
Only \$10 per person  
Call (860) 280-5395 to  
reserve.

20 American Legion Dr.  
Manchester, CT

**Hosted by:**  
[American Legion Post 102](#)  
(860) 791-8063

**Location:**  
20 American Legion Dr,  
Manchester, CT 06040

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**Thursday 23 July 2026 6:00PM - 9:00PM**

[American Legion Post 104 Thursday Night BINGO](#)



[American Legion Post 104 Thursday Night BINGO](#)


Every Thursday night 6-9PM.

Contact Post to inquire regarding cancellations.


Hosted by [American Legion Post 104](#) (860) 889-6777

Location 22 Merchants Ave, Taftville, CT 06380

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Thursday 23 July 2026 7:00PM

[VFW Post 201 Texas Hold 'Em Tournament](#)



WATERBURY-NAUGATUCK  
**VFW POST 201**

**TEXAS HOLD 'EM  
TOURNAMENT**

Thursdays @ 7p  
starting 5 March  
\$20 Buy-in

For more information  
call the post at **203-754-0738**  
or email us at [info@vfwpost201.org](mailto:info@vfwpost201.org)



Waterbury - Naugatuck VFW Post 201  
2205 Baldwin St Waterbury CT 06706

**VFW Post 201  
Texas Hold 'Em  
Tournament**

Thursdays @ 7p  
starting

5 March, 2026

**\$20 Buy-in**

For more  
information call  
the post at  
203-754-0738 or  
email us at


[info@vfwpost201.org](mailto:info@vfwpost201.org)

Hosted by:


[Wheeler-Young VFW Post  
201](#) (203) 754-0738

**Location:** 2205 Baldwin St,  
Waterbury, CT 06706

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**Friday 24 July 2026 2:00PM - 4:00PM**

[Meals With Meaning Pasta Dinner Grab and Go](#)




**OPEN TO THE PUBLIC**  
**EVERY FRIDAY**

“MEALS WITH MEANING”  
*Pasta Dinner*

24 Stott Ave.  
Norwich, CT 06360

\$10

FRIDAYS  
2PM-4PM




VETERANS RALLY POINT

Active • Guard • Reserve • Families

Meals With  
Meaning Pasta  
Dinner Grab and  
Go

Starting Friday,  
7/25/2025 🙌

Come grab bring home  
a “Meal with Meaning”



Pasta 🍝 dinners for  
**\$10** which directly  
supports programs at  
Veterans Rally Point!

**Hosted by:**  
[Easterseals Veterans Rally  
Point](#) (860) 859-4148

**Location:**  
24 Stott Ave # 2,  
Norwich, CT 06360

Saturday 13 June 2026



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**Friday 24 July 2026 4:00PM Doors Open**

[American Legion Post 26 BINGO Night](#)



FRIDAY NIGHT BINGO!

FRIDAY NIGHT BINGO!

**American Legion Post 26**  
**10 Monson Road**  
**Stafford Springs, CT 06076**

Details	Prizes
<p style="font-size: 1.5em; font-weight: bold;">Every Friday night</p> <p>First game at 7:00 p.m.            Selling cards at 6:00 p.m.            Doors open at 4:00 p.m.</p>	<ul style="list-style-type: none"> <li>* 4 - \$50 games</li> <li>* 11- \$100 games</li> <li>* 2-part winner take all</li> <li><b>* final jackpot amount</b></li> <li>53 numbers or less = \$1,200</li> <li>54 numbers or more = weekly jackpot amount</li> </ul>

[American Legion Post 26 BINGO Night](#)

Every Friday night. First game at 7:00 p.m. Selling cards at 6:00 p.m. Doors open at 4:00 p.m.  
 \* 4 - \$50 games \* 11- \$100 games \* 2-part winner take all \* final jackpot amount 53 numbers or less = \$1,200 54 numbers or more = weekly jackpot amount

**Hosted by:** [American Legion Post 26](#) (860)684-7619

**Location:** American Legion Post 26 10 Monson Road Stafford Springs CT 06076

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**Friday 24 July 2026 5:00PM - 9:00PM**

[American Legion Post 128 Friday Karaoke](#)



**KARAOKE!  
EVERY FRIDAY!  
5-9PM**

REDUCED DRINK  
PRICES 5-7PM  
AMERICAN LEGION  
16 YORK AV NIANTIC

**COMPLIMENTARY  
FREE FINGER  
FOODS!**

COMPLIMENTARY FREE  
FINGER FOODS EVERY FRIDAY!

REDUCED DRINK PRICES 5-7PM  
DONATIONS APPRECIATED  
OUR TOY DRIVE HAS STARTED!  
PLEASE BRING AN UNWRAPPED TOY TO  
BENEFIT TOYS FOR TOTS!  
AMERICAN LEGION 16 YORK AV NIANTIC

[American Legion Post  
128 Friday Karaoke](#)

KARAOKE! EVERY  
FRIDAY!  
5-9PM

- REDUCED  
DRINK PRICES  
5-7PM
- COMPLIMENTAR  
Y FREE FINGER  
FOODS!


DONATIONS  
APPRECIATED  
OUR TOY DRIVE HAS  
STARTED!  
PLEASE BRING AN  
UNWRAPPED TOY TO  
BENEFIT [TOYS FOR  
TOTS!](#)

**Hosted by:** [American Legion  
Turner-Tinker Post 128](#)


(860) 810-8736

**Location:** 16 York Ave.  
Niantic, CT 06357

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**Friday 24 July 2026 6:00PM**

[Steak Night At The VFW](#)

	<h2 style="color: blue; text-decoration: underline;">Steak Night At The VFW</h2> <p>EVERY FRIDAY NIGHT AT THE VFW - ROCKY HILL CT POST - 2138 FROM 6PM PREMIUM QUALITY SIRLOIN STEAK BAKED POTATO, SALAD, DINNER ROLL ONLY \$20 THANKS TO OUR SUPPORTERS COLES ROAD BREWING WEST SIDE Marketplace All- GAS SUPPORT YOUR VETERANS <b>Hosted by <a href="#">VFW Post 2138</a></b> (860) 563-8876 <b>Location</b> 3272 Main St, Rocky Hill, CT 06067</p>
--	---

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**Friday 24 July 2026 6:00PM**

[American Legion Dart Drop-In Tournament](#)

**DART DROP-IN  
TOURNAMENT**

**American Legion, Post 22**  
211 Elm Street, Thomaston

**WHEN: FRIDAYS**  
Time: 7:00pm

**\$5.00 A PERSON**  
**WINNER TAKES ALL**

★ **SIGNUPS AT POST 22** ★  
**NO COMMITMENTS REQUIRED**  
**JUST SHOW UP PRIOR TO 6PM**

## [American Legion Dart Drop-In Tournament](#)

**WHEN: FRIDAYS**  
 Time: 6:00pm  
**\$5.00 A PERSON**  
**WINNER TAKES ALL**  
**SIGNUPS AT POST 22**  
**NO COMMITMENTS REQUIRED**  
**JUST SHOW UP PRIOR TO 6PM**  
 Hosted by: [American Legion Post 22 thomaston](#)  
 (860) 484-4373  
**Location:** 211 Elm St  
 Thomaston, CT 06787

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**Friday 24 July 2026 6:00PM - 9:00AM**

[Friday Night Karaoke At Niantic American Legion](#)



**KARAOKE!  
EVERY FRIDAY**

**TIME: 6-9PM**  
**AT THE AMERICAN LEGION**  
**16 YORK AVE. NIANTIC**

**COME HAVE FUN!  
BRING FRIENDS!**

**WE WELCOME A DISH TO SHARE TO  
ADD TO OUR COMPLIMENTARY  
FREE FINGER FOODS!**

**EVERYONE IS WELCOME! FUN TIME!  
BRING A DISH TO SHARE!  
REDUCED DRINK PRICES 5-7PM**

NON PERISHABLE FOODS APPRECIATED  
TO BENEFIT EAST LYME FOOD BANKS

🇺🇸 AMERICAN LEGION 16 YORK AV NIANTIC 🇺🇸

[Friday Night Karaoke  
At Niantic American  
Legion](#)

**EVERY FRIDAY  
TIME: 6-9PM**

**AT THE AMERICAN LEGION  
16 YORK AVE. NIANTIC  
COME HAVE FUN! BRING  
FRIENDS!**

**WE WELCOME A DISH TO  
SHARE TO ADD TO OUR  
COMPLIMENTARY FREE  
FINGER FOODS! BRING A  
DISH TO SHARE!**

**EVERYONE IS  
WELCOME! FUN TIME!**

**REDUCED DRINK  
PRICES 5-7PM**

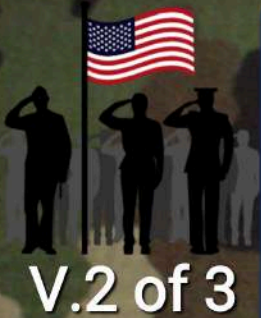
**NON PERISHABLE FOODS  
APPRECIATED TO BENEFIT  
EAST LYME FOOD BANKS**

**Hosted by:**

[American Legion  
Turner-Tinker Post 128  
Niantic](#) (860) 739-9360

**Location:** 16 York Ave,  
Niantic, CT 06357

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**Friday 24 July 2026 7:00PM - 11:00PM**

[VFW POST 5157 Karaoke Night](#)



[VFW POST  
5157  
Karaoke  
Night](#)

Every Friday  
7-11PM

KJ CHRIS and  
ALICIA DELEON  
BARTENDER  
TRACEY WOLFF

Hosted by:  
[VFW Post 5157 Water Oak](#)  
(860) 274-1573

**Location:**  
866 Thomaston Rd,  
Watertown, CT 06795

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**Friday 24 July 2026 7:30PM**

[Moosup American Legion Post 91 Karaoke Night](#)




[Moosup American Legion Post 91 Karaoke Night](#)

STARTING FRIDAY  
APRIL 4th 7:30. YOUR  
NEW HOME FOR  
FRIDAY NIGHT  
KARAOKE EVERY  
FRIDAY!:

GREAT MUSIC,  
GREAT TIME,  
GREAT PEOPLE,  
**PUBLIC WELCOME**

Hosted by:  
[Celtic Entertainment & DJ Bill](#)  
**Location:** MOOSUP  
AMERICAN LEGION POST 91  
66 Prospect St,  
Moosup, CT 06354

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**Friday 24 July 2026 8:00PM - 12:00AM**

[\*\*VFW Post 5095 Karaoke Night\*\*](#)



**FRIDAY NIGHT**  
**Karaoke**

**8PM-12AM**  
**EVERY FRI.**  
**OPEN TO**  
**THE PUBLIC!**

**VFW Post 5095**  
**20 N. Maple St. East Hampton CT**  
**860-267-8837**

Check out the post Facebook page for food options and drink specials!

**Your Hosts**  
Joe and Christine  
from Rock The Mic

**ROCK THE MIC**  
Music Trivia!  
Who will be #1


## [VFW Post 5095 Karaoke Night](#)

EVERY FRIDAY AT 8PM-12AM. YOUR HOSTS Joe & Christine from Rock The Mic  
NO ENTRY FEE WE WELCOME NON-MEMBERS. MORE INFO CALL 860-267-8837


**Hosted by** [VFW Post 5095](#) (860) 267-8837

**Location** 20 N Maple St, East Hampton, CT 06424

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**Friday 24 July 2026 8:00PM**

[Plainfield VFW Friday Karaoke Night](#)



PLAINFIELD VFW  
7 WINSOR AVE  
PLAINFIELD CT

**Every Friday** **8PM**

*Friday Karaoke*

**All are welcome**  
**860-564-5446**

## Plainfield VFW Friday Karaoke Night

Every Friday  
8:00PM

**ALL ARE  
WELCOME**

860-564-5446

**Presented by:** [Plainfield VFW](#) (860) 564-5446

**Location:**  
7 Winsor Ave,  
Plainfield, CT 06374

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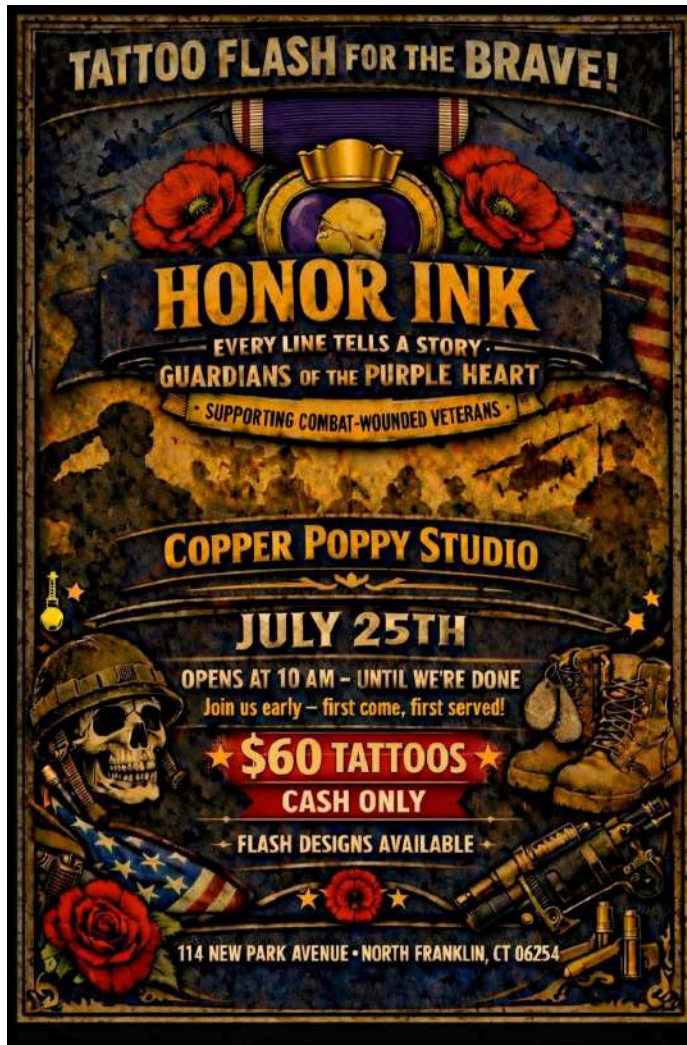
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**Saturday 25 July 2026 10:00AM - Until Done** [Honor Ink 2026 Tattoo Flash For The Brave](#)



### [Honor Ink 2026 Tattoo Flash For The Brave](#)

Supporting Wounded Veterans  
Saturday, July 25, 2026

Doors open at 10 AM and we'll be going until we're done — so come early and bring your friends!

After 4 years... it's finally back.

**HONOR INK RETURNS** at a new location! Join us at Copper Poppy Studio on July 25th for a day dedicated to supporting our combat-wounded veterans and honoring the stories they carry with them. Every line tells a story — and this year, we're ready to make this comeback bigger than ever.

✦ \$60 flash tattoos (military and non military)

✦ First come, first served

**All proceeds benefit our veterans**

Who's coming out to help us make the return of Honor Ink unforgettable?

**Presented By:**

[Guardians of the Purple Heart](#)

**Hosted By:**

[Copper Poppy Studio](#)

**Location:** [Copper Poppy Studio](#)

114 New Park Avenue suite 2,  
Franklin, CT 06254

Saturday 13 June 2026



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**Saturday 25 July 2026 12:00PM**     [Veterans 3rd Annual Picnic Windham Fish & Game Club](#)



**VETERANS**  
3rd ANNUAL  
**PICNIC**

SATURDAY | JULY 25<sup>th</sup> AT NOON

Join us for a day of  
Celebration, Honor, & Fun!

**WINDHAM**  
**FISH & GAME CLUB**  
276 JERUSALEM ROAD, WINDHAM CENTER

**RESERVATION REQUIRED:**  
Call Tom Curtin  
**860-655-0602**

**DONATIONS**  
**ACCEPTED**


[Veterans 3rd  
Annual Picnic  
Windham Fish &  
Game Club](#)

SATURDAY  
JULY 25th AT NOON  
Join us for a day of  
Celebration, Honor, & Fun!  
WINDHAM FISH & GAME  
CLUB  
276 JERUSALEM ROAD,  
WINDHAM CENTER


**RESERVATION REQUIRED:**

Call Tom Curtin  
860-655-0602  
DONATIONS ACCEPTED  
**Hosted by:**  
[Windham CT Fish & Game  
Club](#)  
(860) 423-5618  
**Location:**  
267 Jerusalem Rd,  
Windham, CT 06280

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**Tuesday 28 July 2026 4:30PM - 6:30PM**


**[American Legion Post 68 Pasta Dinner](#)**

 <p style="text-align: center;">American Legion Post 68 Berlin</p> <p style="text-align: center;"><b>PASTA DINNER DINE IN OR GRAB &amp; GO EVERY TUESDAY 4:30PM-6:30PM ALL YOU CAN EAT PASTA. \$10 MEATBALLS \$2 EACH SAUSAGE \$4 EACH CUP OF MEATBALLS 3 FOR \$5 COFFEE, WATER, SODA FOR SALE BYOB 154 PORTERS PASS BERLIN CT</b></p>	<p style="text-align: center;"><b><a href="#">American Legion Post 68 Pasta Dinner</a></b></p> <p>PASTA DINNER DINE IN OR GRAB &amp; GO EVERY TUESDAY 4:30PM-6:30PM <b>ALL YOU CAN EAT PASTA. \$10</b></p> <ul style="list-style-type: none"> <li>• MEATBALLS \$2 EACH</li> <li>• SAUSAGE \$4 EACH</li> <li>• CUP OF MEATBALLS 3 FOR \$5</li> </ul> <p>COFFEE, WATER, SODA FOR SALE BYOB</p> <p><b>Hosted by:</b> <a href="#">American Legion Post 68</a> (860) 828-9102</p> <p><b>Location:</b> 154 Porters Pass, Kensington, CT 06037</p>
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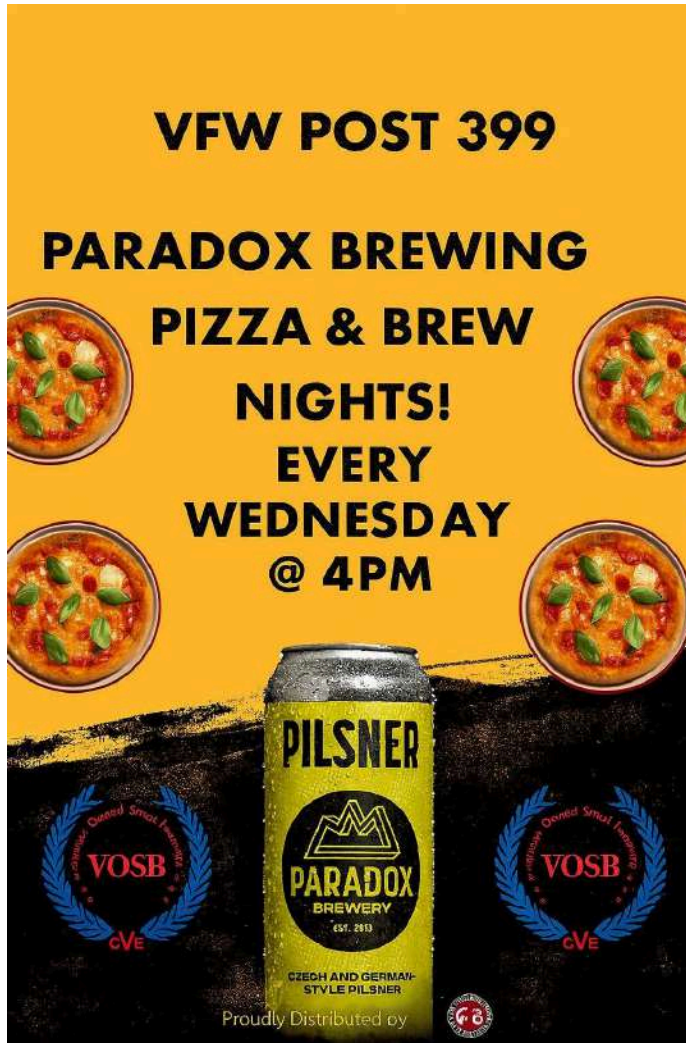
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**Wednesday 29 July 2026 4:00PM**

[VFW Post 399 Paradox Brewing Pizza & Brew Night](#)



**VFW POST 399**

**PARADOX BREWING**

**PIZZA & BREW**

**NIGHTS!**

**EVERY**

**WEDNESDAY**

**@ 4PM**

PILSNER  
**PARADOX**  
BREWERY  
EST. 2013  
CZECH AND GERMAN-  
STYLE PILSNER  
Proudly Distributed by

VOSB CVE

## [VFW Post 399 Paradox Brewing Pizza & Brew Night](#)

Every Wednesday  
@4PM


Wednesday's are  
another great day of  
the week to stop by  
the VFW, 465  
Riverside Ave.,  
Westport!

Hosted by:

[VFW Post 399](#) (203) 227-6796



**Location:** 465 Riverside Ave,  
Westport, CT 06880

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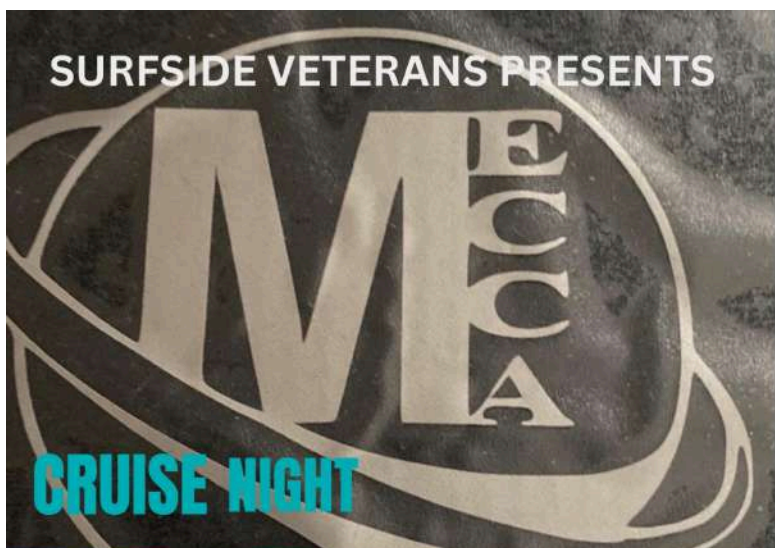
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**Wednesday 29 July 2026 5:00PM - 8:00PM**
[Mecca Cruise Night Presented by Surfside Veterans](#)



**5 - 8 P M**



**WEDNESDAY NIGHTS**

OFF-SHORE RESTAURANT  
852 JONES HILL RD WEST HAVEN

SPONSORED BY OFF-SHORE RESTAURANT

**[Mecca Cruise  
Night Presented  
by Surfside  
Veterans](#)**

Wednesday Nights  
5-8PM

Calling all cars!  
Come on down  
and show your car  
off!

Sponsored By  
[Off-Shore Restaurant](#)


Presented By:  
[Surfside Veterans](#)

(860) 710-1833


Location: [Off-Shore  
Restaurant](#),

852 Jones Hill Rd, West  
Haven, CT 06516

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Wednesday 29 July 2026 5:30PM

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

MEET AT:  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT


TIME:  
5:30 PM (GATHER & HANG OUT)  
KICKSTANDS UP AT 6:00 PM SHARP!  
**DESTINATION: UNKNOWN!**  
RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
AND HEAD BACK TO THE VFW BY 8:00 PM

[Wednesday Night Rides At Suffield VFW](#) Wednesday Nights Weather Permitting Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922



Location: 972 Sheldon St, West Suffield, CT 06093

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**Wednesday 29 July 2026 6:00PM**


**[VFW Post 3336 Summer Cornhole](#)**

 <h2 style="text-align: center;">summer CORNHOLE</h2>  <p style="text-align: center;"><b>Proceeds benefit the East Haddam/Moodus VFW Post 3336</b> GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469</p> <p style="text-align: center;"><b>Mark your calendar:</b> Every Wednesday from June 3 - late Sept 6 pm</p> <p style="text-align: center;"><b>Cash award for winning team</b></p> <p style="text-align: center;"><b>\$20 / person</b></p> <p style="text-align: center;"><b>BYOB</b></p> <p style="text-align: center;"><b>All skill levels welcome</b></p> <p style="text-align: center;"><b>Contact Rebecca for more info: 860-389-7216</b></p>	<h2 style="text-align: center;"><u><a href="#">VFW Post 3336</a></u> <u>Summer</u> <u>Cornhole</u></h2> <p>Mark your calendar: Every Wednesday from June 3 - late Sept 6 pm</p> <p style="background-color: yellow;"><b>Cash award for winning team</b></p> <p><b>\$20/person</b> BYOB All skill levels welcome</p> <p><b>For more info:</b> Contact Rebecca 860-389-7216</p> <p><b>Hosted By:</b> <a href="#">VFW Post 3336</a> (860) 873-8042 &amp; <a href="#">Grandview Camping</a> (860) 873-3332</p> <p><b>Location:</b> <a href="#">Grandview Camping</a> 89 North Moodus Road Moodus, CT 06469</p>
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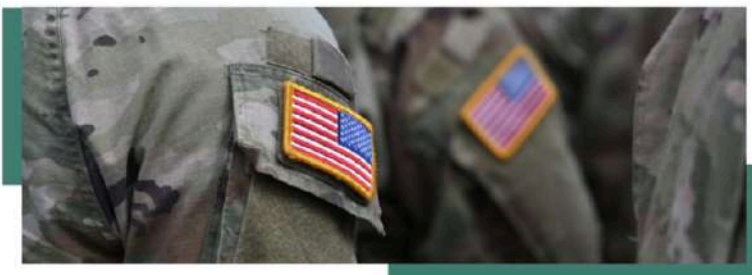
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**Wednesday 29 July 2026 6:30PM - 7:30PM** [FREE Virtual Military & Veterans Support Group](#)

## VETERANS SUPPORT GROUP

WEDNESDAYS, 6:30-7:30 PM ET, VIRTUAL Free & Open to All Veterans

*An open, judgement-free space for veterans to connect and find support with trauma, addiction, and life after service.*

**Who It's for**  
All veterans seeking connection, understanding, and community in a safe, judgement-free space.

**What We'll Explore Together**

- PTSD, moral injury, and addiction recovery
- Rebuilding identity after service
- Managing anger and risky behaviors
- Coping strategies for trauma, triggers, and cravings
- Navigating veteran resources
- Understanding addiction and recovery
- Addressing mental health and addiction challenges

**Group Leaders**

**Veteran Clinician – Licensed Master Social Worker**  
Army combat veteran, served in convoy security platoon, combat arms, law enforcement and logistics. Specializes in trauma-informed care, blending leadership and lived experience to create a safe space where veterans can connect and heal.

**Veteran Recovery Coach**  
Former U.S. Marine Sergeant with a Master's in Addiction Studies. Combines military service and recovery expertise to guide veterans with compassion, strength, and understanding.


**Why Join**

- Learn new perspectives in our shared experience
- Build resilience and strength
- Explore multiple pathways to recovery
- Find support in both trauma and addiction healing
- Forge a path forward together

**Format**  
Virtual / Free / Open to All Veterans  
*No Enrollment Required.*

Weekly virtual support group led by experienced clinicians and veterans with lived experience.

**Contact**  
www.mountainside.com/veterans  
veterans@mountainside.com



## FREE Virtual Military & Veterans Support Group


Meets weekly, every Wednesday 6:30–7:30 PM (EST). Free and open to all veterans and active-duty service members.

Mission Homefront Recovery Mountainside's FREE weekly virtual support group for veterans and service members is led by a 101st Airborne Combat Veteran and a U.S. Marine Recovery Coach, this group operates with a "TOC for recovery" mindset — a tactical space where participants come together as a unit to confront challenges related to addiction, trauma, moral injury, disconnection, stigma, reintegration and more. Join a community that understands your story, speaks your language, and stands beside you on the mission of recovery.


**Presented by:** [Mountainside Treatment Center](#)  
(860) 639-7610

**Location:** [VIRTUAL. CLICK HERE TO JOIN THE MEETING](#)

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**Wednesday 29 July 2026 7:00PM**

[Nine Ball Pool Tournament](#)



**9 BALL POOL TOURNAMENT**

THOMASTON AMERICAN LEGION · POST 22  
• LOCATED AT 211 ELM STREET •

**WEDNESDAY NIGHTS**

SIGN-UPS: **6:45PM**    START TIME: **7:00PM**  
PROMPTLY

OPEN TO THE PUBLIC | VETERANS CLUB

**Nine Ball Pool  
Tournament**

**Wednesday  
Nights  
7:00PM**

\$5 a person  
(Men and Women)

Sign-Up Sheet at  
Post 22

First come first  
serve.

Limit 12 people.  
Winner Takes All

**Hosted by:**  
[American Legion Post 22](#)  
(860) 283-9009

**Location:** 211 Elm St.  
Thomaston, CT 06787

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**Thursday 30 July 2026 5:30PM Doors Open**

[VFW Post 5095 BINGO](#)



**Thursday Night  
BINGO**  
@  
VFW POST 5095 EAST HAMPTON  
20 N. Maple Street East Hampton

EVERY THURSDAY  
5.30 PM DOORS OPEN  
6:30 GAME STARTS

Cash Prizes
Kitchen open for food.
Early Bird Bonanza calls at 6:20pm

[VFW Post 5095 BINGO](#)

Every Thursday!  
DOORS OPEN AT  
5:30PM  
PLAY STARTS AT 6:30

**Open to the  
public**

**See the front table to  
purchase a raffle ticket**

Progressive Jackpot  
Kitchen open with usual  
and new items.

Order your food and  
drink for intermission  
before game play!

**Hosted by:**

[VFW Post 5095](#)

(860) 267-8837


**Location:**

20 N Maple St,  
East Hampton, CT 06424

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**Thursday 30 July 2026 5:30PM**    [Thursday Night VFW Cruise at Smalley Brothers VFW Post 6123](#)




## THURSDAY NIGHT V.F.W. CRUISE




**5:30 PM  
EVERY  
WEEK**

**STARTS APRIL 30<sup>TH</sup>**



**FOOD # DRINK 50-50 PLUS RAFFLE**



**SMALLEY BROTHERS  
V.F.W. POST 6123  
36 FAIRVIEW ST.  
WINDSOR LOCKS, CT.**

[Thursday Night  
VFW Cruise at  
Smalley Brothers  
VFW Post 6123](#)

5:30PM  
**EVERY  
WEEK**  
STARTS  
APRIL 30,2026  
Through Mid  
September.  
FOOD  
DRINK  
50/50 RAFFLE

Hosted by:  
[Smalley Brothers VFW Post  
6123](#) (860) 623-6856  
**Location:**  
36 Fairview St, Windsor  
Locks, CT 06096

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**Thursday 30 July 2026 6:00PM - 8:00PM**

[American Legion Post 102 Spaghetti Dinner Night](#)



**AMERICAN LEGION  
POST 102**

**Every Thursday**

## Spaghetti Dinner Night

Spaghetti, Meatballs  
& Bread  
EAT IN OR TAKEAWAY

*Only \$10  
Per Person*

**CALL 860-280-5395 TO RESERVE**

20 AMERICAN LEGION DR., MANCHESTER, CT

## [American Legion Post 102 Spaghetti Dinner Night](#)

Every Thursday  
Night!!

- Spaghetti
- Meatballs
- Bread

Eat in or take Away.  
Only \$10 per person  
Call (860) 280-5395 to  
reserve.

20 American Legion Dr.  
Manchester, CT


**Hosted by:**

[American Legion Post 102](#)  
(860) 791-8063


**Location:**

20 American Legion Dr,  
Manchester, CT 06040

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**Thursday 30 July 2026 6:00PM - 9:00PM**

[American Legion Post 104 Thursday Night BINGO](#)



[American Legion Post 104 Thursday Night BINGO](#)


Every Thursday night 6-9PM.

Contact Post to inquire regarding cancellations.


Hosted by [American Legion Post 104](#) (860) 889-6777

Location 22 Merchants Ave, Taftville, CT 06380

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Thursday 30 July 2026 7:00PM

[VFW Post 201 Texas Hold 'Em Tournament](#)



WATERBURY-NAUGATUCK  
**VFW POST 201**

**TEXAS HOLD 'EM  
TOURNAMENT**

Thursdays @ 7p  
starting 5 March  
\$20 Buy-in

For more information  
call the post at 203-754-0738  
or email us at [info@vfwpost201.org](mailto:info@vfwpost201.org)

**VFW**  
VETERANS OF FOREIGN WARS

Waterbury - Naugatuck VFW Post 201  
2205 Baldwin St Waterbury CT 06706

**[VFW Post 201  
Texas Hold 'Em  
Tournament](#)**

Thursdays @ 7p  
starting  
5 March, 2026

**\$20 Buy-in**


For more  
information call  
the post at  
203-754-0738 or  
email us at

[info@vfwpost201.org](mailto:info@vfwpost201.org)


Hosted by:  
[Wheeler-Young VFW Post  
201](#) (203) 754-0738

**Location:** 2205 Baldwin St,  
Waterbury, CT 06706

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**Friday 31 July 2026 2:00PM - 4:00PM**

[Meals With Meaning Pasta Dinner Grab and Go](#)




**OPEN TO THE PUBLIC**  
**EVERY FRIDAY**

“MEALS WITH MEANING”  
*Pasta Dinner*

24 Stott Ave.  
Norwich, CT 06360

\$10

FRIDAYS  
2PM-4PM




VETERANS RALLY POINT

Active • Guard • Reserve • Families

[Meals With  
Meaning Pasta  
Dinner Grab and  
Go](#)

Starting Friday,  
7/25/2025 🙌

Come grab bring home  
a “Meal with Meaning”



Pasta 🍝 dinners for  
**\$10** which directly  
supports programs at  
Veterans Rally Point!  
**Hosted by:**  
[Easterseals Veterans Rally  
Point](#) (860) 859-4148  
**Location:**  
24 Stott Ave # 2,  
Norwich, CT 06360

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**Friday 31 July 2026 4:00PM Doors Open**

[American Legion Post 26 BINGO Night](#)

**FRIDAY NIGHT BINGO!**

**American Legion Post 26**  
10 Monson Road  
Stafford Springs, CT 06076

Details	Prizes
<p><b>Every Friday night</b></p> <p>First game at 7:00 p.m. Selling cards at 6:00 p.m. Doors open at 4:00 p.m.</p>	<p>* 4 - \$50 games * 11- \$100 games * 2-part winner take all <b>* final jackpot amount</b> 53 numbers or less = \$1,200 54 numbers or more = weekly jackpot amount</p>

[American Legion Post 26 BINGO Night](#)

Every Friday night. First game at 7:00 p.m. Selling cards at 6:00 p.m. Doors open at 4:00 p.m.  
\* 4 - \$50 games \* 11- \$100 games \* 2-part winner take all \* final jackpot amount 53 numbers or less = \$1,200 54 numbers or more = weekly jackpot amount

**Hosted by:** [American Legion Post 26](#) (860)684-7619

**Location:** American Legion Post 26 10 Monson Road Stafford Springs CT 06076

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Friday 31 July 2026 5:00PM Doors Open

[American Legion Post 68 Gift Card BINGO](#)



**GIFT CARD**  
*Bingo*  
**JULY 31<sup>ST</sup>**

★ — 2026 — ★

DOORS OPEN AT 5 PM | BINGO STARTS AT 6 PM

**\$35** INCLUDES 10 SHEETS / 10 GAMES

★ BYOB AND SNACKS ★

★ RESERVATIONS NEEDED ★

*Contact Mo*  
**860-268-8969**

★ AMERICAN LEGION POST 68 ★  
154 PORTERS PASS ★ BERLIN, CT 06037

12	24	35	48	63
7	19	44	53	68
3	20	★	50	67
1	17	34	59	72
22	41	58	73	

**[American Legion Post 68 Gift Card BINGO](#)**

Another Bingo event is coming up. We encourage you to reserve your spot. This night is sure to be a memorable one.

JULY 31<sup>ST</sup> 2026  
DOORS OPEN AT 5 PM  
BINGO STARTS AT 6 PM

**\$35**  
INCLUDES 10 SHEETS/10 GAMES  
ACCEPTING RAFFLE DONATIONS

- RAFFLE
- DOOR PRIZE

**BYOB AND SNACKS**

**RESERVATIONS NEEDED**

**Contact Mo**  
860-268-8969

**Hosted By:**  
[American Legion Post 68](#)  
(860) 828-9102

**Location:**  
154 Porters Pass,  
Kensington, CT 06037

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**Friday 31 July 2026 5:00PM - 9:00PM**

[American Legion Post 128 Friday Karaoke](#)



**KARAOKE!  
EVERY FRIDAY!  
5-9PM**

REDUCED DRINK  
PRICES 5-7PM  
AMERICAN LEGION  
16 YORK AV NIANTIC

**COMPLIMENTARY  
FREE FINGER  
FOODS!**

COMPLIMENTARY FREE  
FINGER FOODS EVERY FRIDAY!

REDUCED DRINK PRICES 5-7PM  
DONATIONS APPRECIATED  
OUR TOY DRIVE HAS STARTED!  
PLEASE BRING AN UNWRAPPED TOY TO  
BENEFIT TOYS FOR TOTS!  
AMERICAN LEGION 16 YORK AV NIANTIC

[American Legion Post  
128 Friday Karaoke](#)

KARAOKE! EVERY  
FRIDAY!  
5-9PM

- REDUCED  
DRINK PRICES  
5-7PM
- COMPLIMENTAR  
Y FREE FINGER  
FOODS!


DONATIONS  
APPRECIATED  
OUR TOY DRIVE HAS  
STARTED!  
PLEASE BRING AN  
UNWRAPPED TOY TO  
BENEFIT [TOYS FOR  
TOTS!](#)

**Hosted by:** [American Legion  
Turner-Tinker Post 128](#)


(860) 810-8736

**Location:** 16 York Ave.  
Niantic, CT 06357

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**Friday 31 July 2026 6:00PM**

[Steak Night At The VFW](#)

 <p><b>STEAK NIGHT</b> EVERY FRIDAY NIGHT AT THE VFW - ROCKY HILL, CT POST - 2138 PREMIUM QUALITY SIRLOIN STEAK BAKED POTATO, SALAD, DINNER ROLL FROM 6PM ONLY \$20 SUPPORT YOUR VETERANS THANKS TO OUR SUPPORTERS COLES ROAD BREWING WEST SIDE Marketplace All-GAS</p>	<h2 style="color: blue; text-decoration: underline;">Steak Night At The VFW</h2> <p>EVERY FRIDAY NIGHT AT THE VFW - ROCKY HILL CT POST - 2138 FROM 6PM PREMIUM QUALITY SIRLOIN STEAK BAKED POTATO, SALAD, DINNER ROLL ONLY \$20 THANKS TO OUR SUPPORTERS COLES ROAD BREWING WEST SIDE Marketplace All- GAS SUPPORT YOUR VETERANS <b>Hosted by <a href="#">VFW Post 2138</a></b> (860) 563-8876 <b>Location</b> 3272 Main St, Rocky Hill, CT 06067</p>
---	---

Saturday 13 June 2026



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**Friday 31 July 2026 6:00PM**

[American Legion Dart Drop-In Tournament](#)



**DART DROP-IN  
TOURNAMENT**

**American Legion, Post 22**  
211 Elm Street, Thomaston

**WHEN: FRIDAYS**  
Time: 7:00pm


**\$5.00 A PERSON**  
**WINNER TAKES ALL**

★ **SIGNUPS AT POST 22** ★  
**NO COMMITMENTS REQUIRED**  
**JUST SHOW UP PRIOR TO 6PM**


## [American Legion Dart Drop-In Tournament](#)

WHEN: FRIDAYS  
Time: 6:00pm  
**\$5.00 A PERSON**  
**WINNER TAKES ALL**  
**SIGNUPS AT POST 22**  
NO COMMITMENTS  
REQUIRED  
JUST SHOW UP  
PRIOR TO 6PM  
Hosted by: [American Legion  
Post 22 thomaston](#)  
(860) 484-4373  
Location: 211 Elm St  
Thomaston, CT 06787

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**Friday 31 July 2026 6:00PM - 9:00AM**

[Friday Night Karaoke At Niantic American Legion](#)



**KARAOKE!  
EVERY FRIDAY**

**TIME: 6-9PM**  
**AT THE AMERICAN LEGION**  
**16 YORK AVE. NIANTIC**

**COME HAVE FUN!  
BRING FRIENDS!**

**WE WELCOME A DISH TO SHARE TO  
ADD TO OUR COMPLIMENTARY  
FREE FINGER FOODS!**

**EVERYONE IS WELCOME! FUN TIME!  
BRING A DISH TO SHARE!**

**REDUCED DRINK PRICES 5-7PM**

NON PERISHABLE FOODS APPRECIATED  
TO BENEFIT EAST LYME FOOD BANKS

🇺🇸 AMERICAN LEGION 16 YORK AV NIANTIC 🇺🇸

[Friday Night Karaoke  
At Niantic American  
Legion](#)

**EVERY FRIDAY**

**TIME: 6-9PM**

**AT THE AMERICAN LEGION  
16 YORK AVE. NIANTIC  
COME HAVE FUN! BRING  
FRIENDS!**

**WE WELCOME A DISH TO  
SHARE TO ADD TO OUR  
COMPLIMENTARY FREE  
FINGER FOODS! BRING A  
DISH TO SHARE!**

**EVERYONE IS  
WELCOME! FUN TIME!**

**REDUCED DRINK**

**PRICES 5-7PM**

**NON PERISHABLE FOODS  
APPRECIATED TO BENEFIT  
EAST LYME FOOD BANKS**

**Hosted by:**


[American Legion](#)

[Turner-Tinker Post 128](#)


[Niantic](#) (860) 739-9360

**Location:** 16 York Ave,  
Niantic, CT 06357

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**Friday 31 July 2026 7:00PM - 11:00PM**

[VFW POST 5157 Karaoke Night](#)



[VFW POST  
5157  
Karaoke  
Night](#)


Every Friday  
7-11PM

KJ CHRIS and  
ALICIA DELEON  
BARTENDER  
TRACEY WOLFF


Hosted by:  
[VFW Post 5157 Water Oak](#)  
(860) 274-1573

**Location:**  
866 Thomaston Rd,  
Watertown, CT 06795

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**Friday 31 July 2026 7:30PM**

[Moosup American Legion Post 91 Karaoke Night](#)



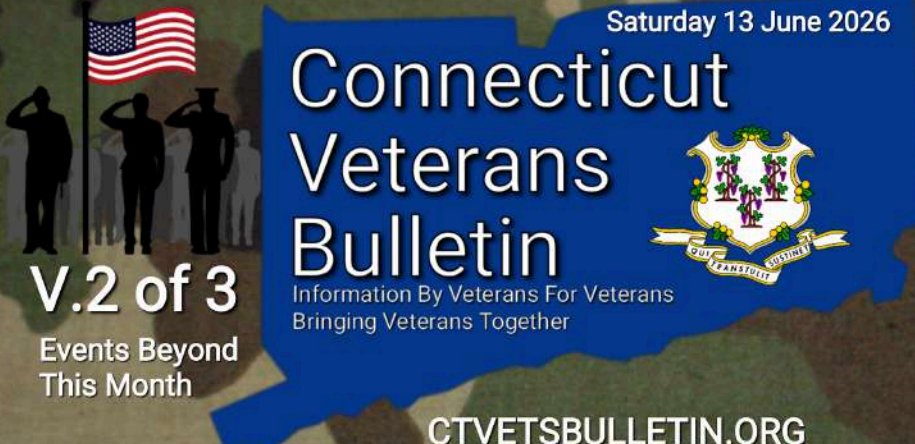
[Moosup American Legion Post 91 Karaoke Night](#)

STARTING FRIDAY APRIL 4th 7:30. YOUR NEW HOME FOR FRIDAY NIGHT KARAOKE EVERY FRIDAY!:

GREAT MUSIC,  
GREAT TIME,  
GREAT PEOPLE,  
**PUBLIC WELCOME**

Hosted by:  
[Celtic Entertainment & DJ Bill](#)  
**Location:** MOOSUP  
AMERICAN LEGION POST 91  
66 Prospect St,  
Moosup, CT 06354

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**Friday 31 July 2026 8:00PM - 12:00AM**

[VFW Post 5095 Karaoke Night](#)



**FRIDAY NIGHT**  
**Karaoke**

**8PM-12AM**  
**EVERY FRI.**  
**OPEN TO**  
**THE PUBLIC!**

**VFW Post 5095**  
**20 N. Maple St. East Hampton CT**  
**860-267-8837**

Check out the post Facebook page for food options and drink specials!



Your Hosts  
Joe and Christine  
from Rock The Mic



Music Trivia!  
Who will be #1


## [VFW Post 5095 Karaoke Night](#)

EVERY FRIDAY AT 8PM-12AM. YOUR HOSTS Joe & Christine from Rock The Mic  
NO ENTRY FEE WE WELCOME NON-MEMBERS. MORE INFO CALL 860-267-8837


Hosted by [VFW Post 5095](#) (860) 267-8837

Location 20 N Maple St, East Hampton, CT 06424

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**Friday 31 July 2026 8:00PM**

[Plainfield VFW Friday Karaoke Night](#)



PLAINFIELD VFW  
7 WINSOR AVE  
PLAINFIELD CT

**Every Friday** **8PM**

*Friday Karaoke*

**All are welcome**  
**860-564-5446**

## Plainfield VFW Friday Karaoke Night

Every Friday  
8:00PM

**ALL ARE  
WELCOME**

860-564-5446

**Presented by:** [Plainfield VFW](#) (860) 564-5446

**Location:**  
7 Winsor Ave,  
Plainfield, CT 06374

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**Saturday 1 August 2026 9:00AM - 11:00AM**    [Coffee With Veterans American Legion Auxiliary Unit 68](#)



  
**Coffee with Veterans**  
**9 AM - 11 AM**  
**1ST SATURDAY OF EACH MONTH**  
**AMERICAN LEGION POST 68 HALL**  
**COME ENJOY FREE COFFEE, HOT BREAKFAST & GOOD CONVERSATIONS!**  
*Feel free to bring ONE guest!*  
**IF YOU NEED A RIDE PLEASE CONTACT:**  
**MO JORDAN**  
**860-268-8969**  
**AMERICANLEGIONAUXPOST68@GMAIL.COM**  
**154 Porters Pass, Berlin CT 06037**

## Coffee With Veterans American Legion Auxiliary Unit 68

Coffee With Veterans  
9AM-11 AM  
1ST SATURDAY OF EACH MONTH  
COME ENJOY FREE COFFEE, HOT BREAKFAST & GOOD CONVERSATIONS!  
Feel free to bring ONE guest!  
**IF YOU NEED A RIDE PLEASE CONTACT:**

MO JORDAN  
860-268-8969  
[AMERICANLEGIONAUXPOST68@GMAIL.COM](mailto:AMERICANLEGIONAUXPOST68@GMAIL.COM)

**Hosted by:**  
[American Legion Auxiliary Unit 68](#)  
(860) 828-9102

**Location:**  
[AMERICAN LEGION POST 68 HALL](#)  
154 Porters Pass, Berlin CT 06037

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**Saturday 1 August 2026 10:00AM Meet Up** [MFC East Conn's Annual Salute To Veterans Ride](#)



**MFC EAST CONN'S ANNUAL**  
*Salute to*  
**VETERANS RIDE**

**Saturday, August 1st**

<p><b>📍 RIDE DETAILS</b></p> <p>Meet Up: 10:00 AM Kickstands Up: 11:00 AM</p> <p><b>📍 START LOCATION:</b> Vernon American Legion 114 West St. Vernon, CT</p> <p><b>📍 END LOCATION:</b> Veterans Base Camp 108 England Rd. Chaplin, CT</p>	<p><b>💰 \$ RIDE COST</b></p> <p>★ \$20 Per Rider ★ \$10 Per Passenger Walk-In Meal Tickets: \$20</p> <p><b>🍖 AFTER THE RIDE</b> <b>PIG ROAST</b> SUPPORTING <b>VETERANS BASE CAMP</b></p>
---	---

Questions: [MFCMEASTCONN@GMAIL.COM](mailto:MFCMEASTCONN@GMAIL.COM)

## [MFC East Conn's Annual Salute To Veterans Ride](#)

Saturday, August 1st

Meet Up: 10:00 AM

Kickstands Up: 11:00 AM

Join MFC East Conn on Saturday, August 1st as we ride to honor those who served. Let's fill the road with bikes and show our veterans the support they deserve. Share it, invite your friends, and come ride with us!

### **RIDE DETAILS**

\$ RIDE COST

★ \$20 Per Rider

★ \$10 Per Passenger

Walk-In Meal Tickets: \$20

AFTER THE RIDE

PIG ROAST

SUPPORTING

[VETERANS BASE CAMP](#)

**Questions:**

[MFCMEASTCONN@GMAIL.COM](mailto:MFCMEASTCONN@GMAIL.COM)

**Hosted by:**

[Windham CT Fish & Game Club](#)

(860) 423-5618

**Location:**

**Start:** [American Legion Post 14](#)

[vernon](#) 114 West St, Vernon, CT 06066

**End:** [Veterans Base Camp](#) 108 England Road, Chaplin, Ct 06235

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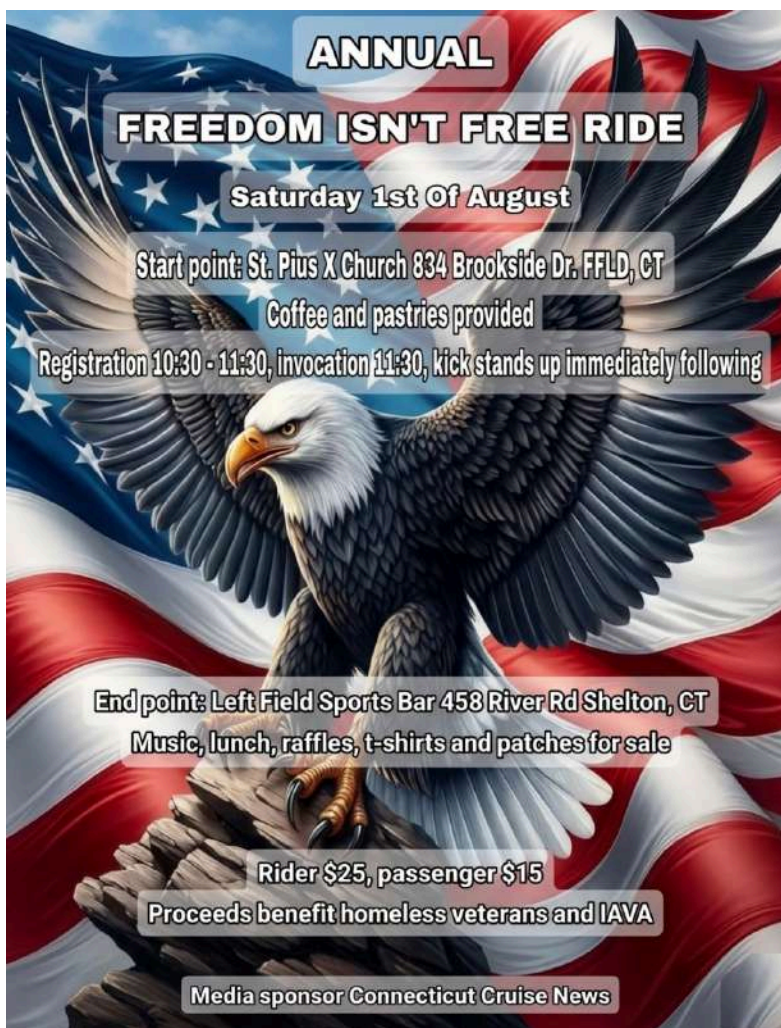
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**Saturday 1 August 2026 10:30AM Registration**

**[ANNUAL FREEDOM ISN'T FREE RIDE](#)**



ANNUAL  
FREEDOM ISN'T FREE RIDE

Saturday 1st Of August

Start point: [St. Pius X Church 834 Brookside Dr. FFLD, CT](#)  
Coffee and pastries provided

Registration 10:30 - 11:30, invocation 11:30, kick stands up immediately following

End point: [Left Field Sports Bar 458 River Rd Shelton, CT](#)  
Music, lunch, raffles, t-shirts and patches for sale

Rider \$25, passenger \$15  
Proceeds benefit homeless veterans and IAVA

Media sponsor [Connecticut Cruise News](#)

**[ANNUAL FREEDOM ISN'T FREE RIDE](#)**

Saturday 1st Of August  
2026

Registration 10:30 - 11:30

Invocation 11:30

Kick stands up immediately  
following

**Start point:** [St. Pius X Church](#)  
834 Brookside Dr. Fairfield,  
CT Coffee and pastries  
provided

**End point:** [Left Field Sports  
Bar](#), 458 River Rd Shelton, CT  
Music, lunch, raffles, t-shirts  
and patches for sale

**Rider \$25, passenger \$15**

**Hosted by:**

[Freedom Isn't Free Ride](#)  
(475) 225-9694

& [Russell Edgett](#)

**Location:**

**Start point:**

[St. Pius X Church](#)  
834 Brookside Dr,

Fairfield, CT 06824

**End Point:**

[Left Field Sports Bar](#),  
458 River Rd,  
Shelton, CT 06484

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**Saturday 1 August 2026 5:00PM - 9:00PM**
[Anchors Away~A Yacht Rock Evening~auxiliary fundraiser](#)



ANCHORS  
AWAY

*~A Yacht Rock Evening~ auxiliary fundraiser*

*Sail into the night  
with smooth tunes,  
good buffet dinner,  
dancing and  
great company.*

**SATURDAY AUGUST 1, 2026**  
★ 5PM TO 9PM ★

**AT THE AMERICAN LEGION  
POST 196 • MILFORD, CT**

Live music with  
**MATTO & STUDNEY**

⚓ CRUISE & BOAT ATTIRE ENCOURAGED

\$35<sup>pp</sup>

INCLUDES  
BUFFET DINNER

→ ADDITIONAL INFORMATION →

☎ KELLY RUFF  
203-909-0936

☎ LAURA AMBROGIO  
203-305-6887

THANK YOU  
FOR SUPPORTING  
OUR VETERANS,  
OUR COMMUNITY  
AND OUR MISSION.



**CM CARTER MARIO LAW FIRM**

**[Anchors Away~A Yacht Rock Evening~auxiliary fundraiser](#)**

SATURDAY AUGUST 1, 2026  
5PM TO 9PM

Sail into the night with smooth tunes, good buffet dinner, dancing and great company.

At The American Legion Post 196  
Milford, CT

**Live music with MATTO & STUDNEY**

† CRUISE & BOAT ATTIRE ENCOURAGED

**\$35 PP**  
INCLUDES BUFFET DINNER

→→ **ADDITIONAL INFORMATION:**

KELLY RUFF 203-909-0936  
LAURA AMBROGIO 203-305-6887

THANK YOU FOR SUPPORTING OUR VETERANS, OUR COMMUNITY AND OUR MISSION


**Sponsored by:**

- [RICKS PLUMBING SERVICE, INC.](#)
- [CARTER MARIO LAW FIRM](#)


**Hosted By:**  
[American Legion Post 196](#)  
(203) 874-9822

**Location:** [American Legion Post 196](#)  
25 Merwin Ave, Milford, CT 06460

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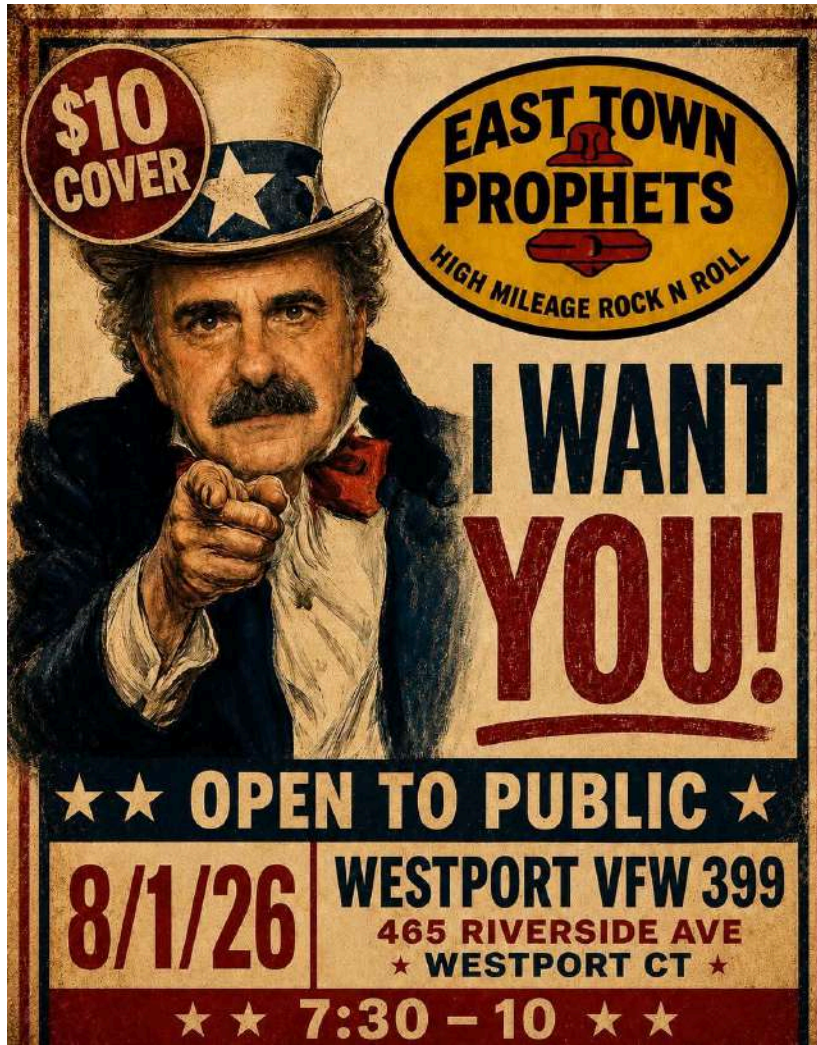
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**Saturday 1 August 2026 7:30PM - 10:00PM**

**[East Town Prophets at Westport VFW](#)**



**\$10 COVER**

**EAST TOWN PROPHETS**  
HIGH MILEAGE ROCK N ROLL

**I WANT YOU!**

★★ **OPEN TO PUBLIC** ★★

**8/1/26** **WESTPORT VFW 399**  
465 RIVERSIDE AVE  
★ WESTPORT CT ★

★★ **7:30 - 10** ★★

**[East Town Prophets at Westport VFW](#)**

Saturday  
August 1, 2026  
7:30PM - 10:00PM

**OPEN TO THE PUBLIC**

**\$10 Cover**

**[East Town Prophets High Mileage Rock N Roll](#)**

**Hosted By:**  
[Westport VFW Post 399](#)

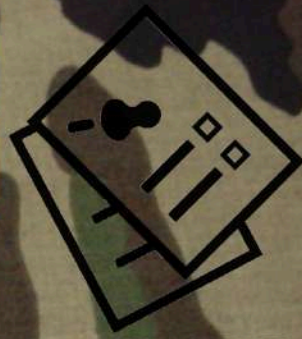
(203) 227-6796  
**Location:**  
465 Riverside Ave,  
Westport, CT 06880

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**Monday 3 August 2026 6:30PM - 8:00PM**

[Free Acupuncture For Active Military, Veterans & First Responders](#)




**WARRIORS FOR WARRIORS  
OFFERS  
ABSOLUTELY FREE**

## ACUPUNCTURE

**FOR ACTIVE DUTY, VETERANS & FIRST RESPONDERS**

Join us for Community Acupuncture (CAV) on the 1st and 2nd Mondays of every month,  
6:30-9:00 PM, starting April 2026. East Lyme Community Center, Senior Center  
(Please note: Sessions will not be held if the building is closed for a holiday.)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US) - Call: 860-739-5102

**No Hassle:**

Walk in during any of the listed hours, no medical history or intake forms required. Please bring a military ID, DD-214, or other official service identification. Services are available exclusively to veterans, active-duty service members, and first responders. Priority will be given to veterans experiencing suicidal thoughts, post-traumatic stress (PTS), or other psychological wounds related to war or service.

**What Do I Need To Know?**

**Veterans, Active Duty and First Responders**

David LoPriore, Sensei, L.Ac., and his expert medical team provide acupuncture treatments for all veterans, active-duty service members, and first responders. Priority care is given to those experiencing suicidal thoughts or post-traumatic stress (PTS).

**No Charge For Service**

All services for veterans, active-duty service members, and first responders are provided at no cost. These treatments are made possible through the generous support of donors from both the public and private sectors. Donations can be made online at the WFW website.

**Professional Treatments**

David LoPriore, Sensei, L.Ac., has been practicing acupuncture and Oriental medicine for more than 35 years, and is highly experienced in treating post-traumatic stress and other veterans' issues. Felicia Baker, L.Ac., has completed a 5,000-hour apprenticeship with LoPriore Sensei and holds a Masters in Acupuncture. Michelle DeChaine, RN is a retired Army Master Sergeant nurse with 35 years' experience.

**Expert Acupuncture: It Works!**

Come relax and rediscover health: body & mind.

- Treatments are very relaxing, calming and offer a great feeling of well-being and resiliency.
- Effective vs. Post-Traumatic Stress, chronic pain, insomnia, and substance/addiction problems.
- Proven to provide relief with anxiety, depression, anger, hyper-vigilance, and more. Helps you re-integrate.
- Excellent vs. TBI/headaches, back, neck and other pain, fatigue, and many functional problems.
- No need to discuss how you feel, fill out lengthy paperwork or change your clothes.

**Get in touch**

Ph : 860.739.5102 | [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

**Find us on-line**

[www.WarriorsforWarriors.US](http://www.WarriorsforWarriors.US)

[Free Acupuncture For Active Military, Veterans & First Responders](#)

1st and 2nd Mondays of every month  
6:30 PM – 9:00 PM

Free Acupuncture for Veterans, Active Duty & First Responders

Expert medical treatments provided at no cost to honor those who serve.

Prioritizing those facing PTS, suicidal thoughts, or psychological wounds. No intake forms, no medical history, and no need to discuss your service. Expert Care for Body & Mind

Led by David LoPriore, Sensei, L.Ac. (35+ years experience), along with Felicia Baker, L.Ac., and Michelle DeChaine, RN (Retired Army MSG).

**Proven effective for:**

- PTS, Anxiety, Depression, and Hyper-vigilance
- Chronic Pain, TBI, Headaches, and Insomnia
- Re-integration and overall resiliency

**Requirements:** Walk-ins welcome. Please bring Military ID, DD-214, or official service ID.

**Contact & Support**

Call: 860-739-5102

Email: [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US)

**Note:** Sessions are canceled if the building is closed for holidays.

**Hosted by:**

[Warriors For Warriors](#)

(860) 739-5102

**Location:**

[East Lyme Community Center](#)

[\(Senior Center\)](#), 37 Society

Road, Niantic, CT 06357

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**Wednesday 5 August 2026 5:30PM**     [Left • Right • Center At American Legion Post 113](#)

**THE AMERICAN LEGION WILL BE HOSTING**  
**80 ESSEX ROAD, OLD SAYBROOK**  
**POST 113**  
**LEFT • RIGHT • CENTER**  
**FIRST WEDNESDAY OF EACH MONTH**  
**TIME: 5:30 PM**  
*The Original*  
**FIRST GAME: WEDNESDAY, MARCH 4<sup>TH</sup>**


**[Left • Right • Center At American Legion Post 113](#) First Wednesday Monthly 5:30PM**

Left • Right • Center (LCR) is a fast-paced, luck-based dice game where players start with an equal number of chips and take turns rolling specially marked dice. Depending on what is rolled, players pass chips to the person on their left, right, place them in the center pot, or keep them. As the game progresses, players can quickly lose all their chips—but they're still in play as long as others have chips to pass. The game continues until one player holds the last remaining chips, winning the center pot.


**Hosted By:** [American Legion Post 113](#) (860) 388-9482

**Location:** 80 Essex Rd, Old Saybrook, CT 06475

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**Wednesday 5 August 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

MEET AT:  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT


TIME:  
5:30 PM (GATHER & HANG OUT)  
KICKSTANDS UP AT 6:00 PM SHARP!  
**DESTINATION: UNKNOWN!**  
RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
AND HEAD BACK TO THE VFW BY 8:00 PM

[Wednesday Night Rides At Suffield VFW](#) Wednesday Nights Weather Permitting Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922



Location: 972 Sheldon St, West Suffield, CT 06093

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**Wednesday 5 August 2026 6:00PM**

**[VFW Post 3336 Summer Cornhole](#)**

 <h2 style="text-align: center;">summer CORNHOLE</h2>  <p style="text-align: center;"><b>Proceeds benefit the East Haddam/Moodus VFW Post 3336</b> GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469</p> <p style="text-align: center;"><b>Mark your calendar:</b> Every Wednesday from June 3 - late Sept 6 pm</p> <p style="text-align: center;"><b>Cash award for winning team</b></p> <p style="text-align: center;"><b>\$20 / person</b></p> <p style="text-align: center;"><b>BYOB</b></p> <p style="text-align: center;"><b>All skill levels welcome</b></p> <p style="text-align: center;"><b>Contact Rebecca for more info: 860-389-7216</b></p>	<p style="text-align: center;"><b><a href="#">VFW Post 3336</a></b></p> <h2 style="text-align: center;"><u>Summer Cornhole</u></h2> <p>Mark your calendar: Every Wednesday from June 3 - late Sept 6 pm</p> <p style="background-color: yellow;"><b>Cash award for winning team</b></p> <p><b>\$20/person</b> BYOB All skill levels welcome</p> <p><b>For more info:</b> Contact Rebecca 860-389-7216</p> <p><b>Hosted By:</b> <a href="#">VFW Post 3336</a> (860) 873-8042 &amp; <a href="#">Grandview Camping</a> (860) 873-3332</p> <p><b>Location:</b> <a href="#">Grandview Camping</a> 89 North Moodus Road Moodus, CT 06469</p>
---	--

Saturday 13 June 2026



# Connecticut Veterans Bulletin

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**Thursday 6 August 2026 3:00PM - 6:00PM** [Homegrown By Heroes Veteran Farmers' Market](#)



**VETERAN GROWN  
VETERAN MADE**



## Veteran Farmers' Market

**THURSDAY, AUGUST 6, 2026  
3PM TO 6PM**  
**DEPARTMENT OF VETERAN AFFAIRS CAMPUS**  
 287 WEST ST, ROCKY HILL, CT 06067

RAIN or SHINE MARKET  
 Featuring a variety of Veteran Grown and Made vendors  
 along with Veteran owned food trucks.

*RipChord, the 102d Army Band of the CT National Guard, will perform from 5-6 pm.*







### VENDOR SIGNUP VETERAN FARMERS AND MAKERS WANTED

- **Deadline to signup is June 30, 2026**
- Limited space is available.
- Vendor spaces are free to Veteran Farmers, Makers, and Food Purveyors.
- Health permit requirements as applicable.
- Outdoor market, if inclement weather market will be held in the Auditorium.
- Insurance coverage required.

**CTVETERANGROWN.ORG**

### [Homegrown By Heroes Veteran Farmers' Market](#)

Thursday, August 6, 2026  
3PM TO 6PM  
RAIN or SHINE MARKET  
Featuring a variety of Veteran Grown and Made vendors along with Veteran owned food trucks.  
[Rip Chord, the 102d Army Band of the CT National Guard](#), will perform from 5-6 pm.

- [VA Veterans Health Administration Connecticut Healthcare System](#)
- [CT Veterans Affairs](#)
- [CT Department Of Agriculture](#)
- [Connecticut Resource Conservation & Development](#)

**VENDOR SIGNUP**  
Veteran Farmers And Makers Wanted  
**Deadline to signup is June 30, 2026**  
Limited space is available.  
**Vendor spaces are free to Veteran Farmers, Makers, and Food Purveyors**  
Health permit requirements as applicable.  
Outdoor market, if inclement weather market will be held in the Auditorium.  
**Insurance coverage required.**  
[CTVETERANGROWN.ORG](#)  
**Hosted by:**  
[Connecticut Resource Conservation & Development](#)  
**Location:** [Department Of Veteran Affairs Campus](#),  
287 West ST, Rocky Hill, CT 06067

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Friday 7 August 2026 By Appointment [Complimentary Hair Cuts For Service Members, Veterans & Their families](#)




## COMPLIMENTARY HAIRCUTS

**FIRST FRIDAY OF  
THE MONTH**

**SIGN UP AT THE  
FRONT DESK!**

**DONATIONS WELCOME**



**HAIRCUTS BY A  
PROFESSIONAL  
STYLIST!**

**BY APPOINTMENT  
ONLY**

**CLEAN HAIR ONLY**

24 STOTT AVE. NORWICH, CT 06360

☎ 860-859-4148    ✉ [tcranfill@escrec.org](mailto:tcranfill@escrec.org)    🌐 [easterseals.com/hartford](http://easterseals.com/hartford)

[Complimentary Hair Cuts For Service Members, Veterans & Their families](#)

Beginning Friday, May 8th: Service Members, Veterans, and their families can now receive a FREE haircut on the first Friday of every month at Veterans Rally Point in Norwich, CT!

Thanks to the generous donation of services from Kristi, members can **schedule an appointment** by signing up at the front desk—call 860-859-4148 or email [tcranfill@escrec.org](mailto:tcranfill@escrec.org)—and enjoy a fresh cut in a welcoming, supportive environment.

#Veterans #EastersealsCREC  
#Haircuts #MilitarySupports  
#FreeHaircut #FreshCuts  
#VeteransRallyPoint

**Hosted by:** [Easterseals Veterans Rally Point](#)  
(860) 859-4148 x1

**Location:** 24 Stott Avenue, Norwich, CT 06360

Saturday 13 June 2026

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**Friday 7 August 2026 6:00PM - 10:00PM**    [10th Anniversary Gala Veterans Strong Community Center](#)

*Serving our local Veterans since 2016!*

**Veterans Strong Community Center, Inc.**  
*Voices of Honor: Honoring All That Have Served*  
a 501(c)(3) non-profit organization

SCAN TO LEARN MORE

*Celebrating*  
**10<sup>TH</sup>**  
**ANNIVERSARY**  
**GALA**  
*A Decade of Service. A Lifetime of Impact.*

**FRIDAY**  
**AUGUST 7, 2026**  
6:00 PM – 10:00 PM

**DOUBLETREE BY HILTON BRISTOL**  
42 Century Dr.  
Bristol, CT

**TICKETS:**  
**\$75**  
PER PERSON

**★ TICKETS ON SALE NOW! ★**

Join us for an elegant evening as we celebrate 10 years of supporting veterans, military families, and our community.

 <b>DINNER &amp; ENTERTAINMENT</b> <small>Enjoy a night of great food and live entertainment.</small>	 <b>SPECIAL PRESENTATIONS</b> <small>Recognizing our mission, milestones, and partners.</small>	 <b>COMMUNITY IMPACT</b> <small>Celebrating the lives we've touched and the future we're building.</small>	 <b>HONORING OUR HEROES</b> <small>A tribute to those who have served and continue to inspire us.</small>
---	---	--	---

**FOR SPONSORSHIP OPPORTUNITIES OR EVENT INFORMATION, PLEASE CONTACT:**  
860-584-6258 | [ddognin@vetstronginc.org](mailto:ddognin@vetstronginc.org) | [www.vetstronginc.org](http://www.vetstronginc.org)

**[10th Anniversary Gala Veterans Strong Community Center](#)**

Friday, August 7, 2026 6-10PM  
VSCC is Celebrating A Decade of Service. A Lifetime of Impact.

[SCAN TO LEARN MORE](#)

★ **TICKETS ON SALE NOW!** ★

**TICKETS: \$75 PER PERSON**

Join us for an elegant evening as we celebrate 10 years of supporting veterans, military families, and our community.

**DINNER & ENTERTAINMENT**

Enjoy a night of great food and live entertainment.

**SPECIAL PRESENTATIONS**

Recognizing our mission, milestones, and partners.

**COMMUNITY IMPACT**

Celebrating the lives we've touched and the future we're building.

**HONORING OUR HEROES**

A tribute to those who have served and continue to inspire us.

**FOR SPONSORSHIP OPPORTUNITIES OR EVENT INFORMATION, PLEASE CONTACT:**

860-584-6258

[ddognin@vetstronginc.org](mailto:ddognin@vetstronginc.org)

[www.vetstronginc.org](http://www.vetstronginc.org)

**Hosted By:**

[Veterans Strong Community Center](#)

(860) 584-6258

Voices of Honor: Honoring All That Have Served

Serving our local Veterans since 2016!

Veterans Strong Community Center, Inc.

a 501(c)(3) non-profit organization

**Location:**

[Double Tree by Hilton Bristol,](#)

42 Century Dr, Bristol, CT 06010

Saturday 13 June 2026



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**Saturday 8 August 2026 2:30PM - 7:30PM** [4th Annual BBQ Clam Bake At Morgan Weir Post 27](#)



**BBQ**

**CLAMBAKE**

**JEFF SUMMA AND THE ROASTERS 3-6:30 PM**

418 Bantam Road, Litchfield, CT

**Tickets:**  
Call or Stop By  
860-567-9930  
RAIN DATE 8/9  
CASH BAR- NO BYOB

[4th Annual BBQ Clam Bake At Morgan Weir Post 27](#)

AUGUST 8, 2026  
2:30-7:30  
RAIN DATE 8/9  
BBQ/CLAMBAKE  
PIG ROAST \* CHICKEN \* STEAMERS & RAW CLAMS  
BURGERS \* HOT DOGS \* SIDES \* DESSERTS  
[JEFF SUMMA AND THE ROASTERS 3-6:30 PM](#)  
CASH BAR-NO BYOB

**Tickets:**  
\$50 Buy Before JULY 1  
\$60 Buy After July 1  
Call or Stop By 860-567-9930  
**Hosted by:** [Morgan Weir American Legion Post 27](#)  
**Location:** 418 Bantam Rd, Litchfield, CT 06759

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**Sunday 9 August 2026 1:01PM Step Off**

**[65th Annual America's V.J. Day Parade](#)**



**AMERICAN LEGION**

AMERICAN LEGION POST 91  
PROUDLY PRESENTS

## AMERICA'S V.J. DAY PARADE


★ ★ ★ 65<sup>TH</sup> ANNUAL ★ ★ ★

**AMERICA 250**

Honoring and paying tribute to the 250<sup>th</sup> Anniversary of this great country and the Greatest Generation who served bravely and honorably in World War II.

**PARADE INFORMATION**

- ★ All participants **MUST** sign in at the registration point, **NOT** at the American Legion Post.
- ★ Please do not report to a staging location without checking in with Registration.
- ★ All participants will be at the staging area by 12:30 P.M.
- ★ **NO CANDY MAY BE THROWN FROM FLOATS OR VEHICLES.** You may have people hand out candy along the parade route.



August 9th, 2026

**SUNDAY  
AUGUST 9, 2026**


**STEP OFF TIME  
1:01 PM  
RAIN OR SHINE**

**MOOSUP, CT  
AMERICA'S V.J. DAY  
PARADE VILLAGE**

**TO PARTICIPATE**

Mail the completed entry form by **July 24, 2026** to:

VJ Day Parade Committee  
American Legion Post 91  
66 Prospect Street  
Moosup, CT 06354



★ **BE PART OF HISTORY. HONOR OUR HEROES.** ★

COME TOGETHER AS WE CELEBRATE FREEDOM & REMEMBER SACRIFICE.

FOR MORE INFORMATION

American Legion Post 91 | 66 Prospect Street, Moosup, CT 06354 | 860-564-8005

## 65th Annual America's V.J. Day Parade

Sunday, August 9, 2026

Step Off: 1:01 PM

Rain or Shine

Theme: America 250  
Honoring the 250th  
Anniversary of America  
and the Greatest  
Generation who served in  
World War II.

Parade through Moosup,  
Connecticut — America's  
V.J. Day Parade Village.

### **For participation information:**

V.J. Day Parade  
Committee, American  
Legion Post 91

860-564-8005

**Entry forms due:** July 24,  
2026

### **Hosted By:**

[American Legion Post 91](#)

[Moosup](#) (860) 564-8005

### **Location:**

Moosup, CT 06354

Saturday 13 June 2026



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**Monday 10 August 2026 6:30PM - 8:00PM**

[Free Acupuncture For Active Military, Veterans & First Responders](#)




**WARRIORS FOR WARRIORS  
OFFERS  
ABSOLUTELY FREE**

## ACUPUNCTURE

**FOR ACTIVE DUTY, VETERANS & FIRST RESPONDERS**

Join us for Community Acupuncture (CAV) on the 1st and 2nd Mondays of every month,  
6:30-9:00 PM, starting April 2026. East Lyme Community Center, Senior Center  
(Please note: Sessions will not be held if the building is closed for a holiday.)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US) - Call: 860-739-5102

**No Hassle:**

Walk in during any of the listed hours, no medical history or intake forms required. Please bring a military ID, DD-214, or other official service identification. Services are available exclusively to veterans, active-duty service members, and first responders. Priority will be given to veterans experiencing suicidal thoughts, post-traumatic stress (PTS), or other psychological wounds related to war or service.

**What Do I Need To Know?**

**Veterans, Active Duty and First Responders**

David LoPriore, Sensei, L.Ac., and his expert medical team provide acupuncture treatments for all veterans, active-duty service members, and first responders. Priority care is given to those experiencing suicidal thoughts or post-traumatic stress (PTS).

**No Charge For Service**

All services for veterans, active-duty service members, and first responders are provided at no cost. These treatments are made possible through the generous support of donors from both the public and private sectors. Donations can be made online at the WFW website.

**Professional Treatments**

David LoPriore, Sensei, L.Ac., has been practicing acupuncture and Oriental medicine for more than 35 years, and is highly experienced in treating post-traumatic stress and other veterans' issues. Felicia Baker, L.Ac., has completed a 5,000-hour apprenticeship with LoPriore Sensei and holds a Masters in Acupuncture. Michelle DeChaine, RN is a retired Army Master Sergeant nurse with 35 years' experience.

**Expert Acupuncture: It Works!**

Come relax and rediscover health: body & mind.

- Treatments are very relaxing, calming and offer a great feeling of well-being and resiliency.
- Effective vs. Post-Traumatic Stress, chronic pain, insomnia, and substance/addiction problems.
- Proven to provide relief with anxiety, depression, anger, hyper-vigilance, and more. Helps you re-integrate.
- Excellent vs. TBI/Headaches, back, neck and other pain, fatigue, and many functional problems.
- No need to discuss how you feel, fill out lengthy paperwork or change your clothes.

**Get in touch**

Ph : 860.739.5102 | [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

**Find us on-line**

[www.WarriorsforWarriors.US](http://www.WarriorsforWarriors.US)

[Free Acupuncture For Active Military, Veterans & First Responders](#)

1st and 2nd Mondays of every month  
6:30 PM – 9:00 PM

Free Acupuncture for Veterans, Active Duty & First Responders

Expert medical treatments provided at no cost to honor those who serve.

Prioritizing those facing PTS, suicidal thoughts, or psychological wounds. No intake forms, no medical history, and no need to discuss your service. Expert Care for Body & Mind

Led by David LoPriore, Sensei, L.Ac. (35+ years experience), along with Felicia Baker, L.Ac., and Michelle DeChaine, RN (Retired Army MSG).

**Proven effective for:**

- PTS, Anxiety, Depression, and Hyper-vigilance
- Chronic Pain, TBI, Headaches, and Insomnia
- Re-integration and overall resiliency

**Requirements:** Walk-ins welcome. Please bring Military ID, DD-214, or official service ID.

**Contact & Support**

Call: 860-739-5102

Email: [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US)

**Note:** Sessions are canceled if the building is closed for holidays.

**Hosted by:**


[Warriors For Warriors](#)

(860) 739-5102

**Location:**

[East Lyme Community Center \(Senior Center\)](#), 37 Society Road, Niantic, CT 06357

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**Wednesday 12 August 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

**MEET AT:**  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

**TIME:**  
5:30 PM (GATHER & HANG OUT)  
KICKSTANDS UP AT 6:00 PM SHARP!

**DESTINATION: UNKNOWN!**  
RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
AND HEAD BACK TO THE VFW BY 8:00 PM

[Wednesday Night Rides At Suffield VFW](#) Wednesday Nights Weather Permitting Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

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**Wednesday 12 August 2026 6:00PM**

**[VFW Post 3336 Summer Cornhole](#)**




## summer CORNHOLE

**Proceeds benefit the East Haddam/Moodus VFW Post 3336**  
GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469

**Mark your calendar:**  
Every Wednesday from June 3 - late Sept  
6 pm



**Cash award for winning team**  
\$20 / person  
BYOB  
All skill levels welcome

**Contact Rebecca for more info: 860-389-7216**

## [VFW Post 3336](#) [Summer](#) [Cornhole](#)

Mark your calendar:  
Every Wednesday from  
June 3 - late Sept  
6 pm

**Cash award for  
winning team**

**\$20/person**

BYOB

All skill levels welcome

**For more info:**

Contact Rebecca

860-389-7216

**Hosted By:**

[VFW Post 3336](#)

(860) 873-8042

& [Grandview Camping](#)

(860) 873-3332

**Location:**

[Grandview Camping](#)

89 North Moodus Road

Moodus, CT 06469

Saturday 13 June 2026



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**Friday 14 August 2026 5:30PM**

[American Legion Post 68 Game Night](#)



GAME  
NIGHT!

FUN

**SECOND FRIDAY OF EACH MONTH  
AT 5:30 PM**

AMERICAN LEGION POST 68

154 Porters Pass, Berlin, CT 06037

BRING A SNACK TO SHARE!

BRING YOUR QUARTERS  
FOR LEFT RIGHT CENTER!

GOOD TIMES &  
LOTS OF LAUGHS!

CONTACT MO FOR QUESTIONS:  
TEXT **860-268-8969**

## American Legion Post 68 Game Night

SECOND FRIDAY OF  
EACH MONTH AT  
5:30 PM

BRING A SNACK TO  
SHARE!

BRING YOUR QUARTERS  
FOR LEFT RIGHT CENTER!  
GOOD TIMES & LOTS OF  
LAUGHS!

**CONTACT MO FOR QUESTIONS:**  
TEXT 860-268-8969

**Hosted by:** [American Legion Post 68  
Berlin](#)

(860) 828-9102

**Location:** 154 Porters Pass,  
Kensington, CT 06037

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Saturday 15 August 2026 8:00AM [Homes For The Brave Presents Step Up For The Brave](#)

## STEP UP FOR THE BRAVE

*Step up to help Veterans experiencing homelessness!*

**STAIR CLIMB CHALLENGE**

**ARENA WALK**

**VIRTUAL STEP CHALLENGE**

SATURDAY, AUGUST 15<sup>TH</sup>, 2026 | SACRED HEART MARTIRE HOCKEY ARENA

**REGISTRATION 8:00 AM | STAIR CLIMB 9:00 AM**

## [Homes For The Brave Presents Step Up For The Brave](#)

Saturday, August 15, 2026

**Registration 8:00AM Stair Climb 9:00AM**

Step up to help veterans experiencing homelessness.

Stair Climb Challenge, Arena Walk, Virtual Step Challenge

Hosted By: [Homes For The Brave](#) (203) 338-0669

Location: [Sacred Heart Martire Hockey Arena](#), 3135 Easton Turnpike, Fairfield, CT 06825

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**Saturday 15 August 2026 8:30AM Registration**     [18th Annual PLAV Post 189 Golf Tournament](#)

[18th Annual PLAV Post 189 Golf Tournament](#)

Saturday  
August 15, 2026  
8:30 AM Registration  
9:30 AM Shotgun Start  
**BBQ and Awards at the post.**  
**OPEN TO THE PUBLIC, TO ALL LEVELS OF GOLFERS.**

Entry forms available at the POST 🏠  
193 East Main St.  
Meriden, CT 06450  
Contact Post for more information  
☎️ (203)237-7492  
**Cost:** \$130 per Golfer  
**Hosted by:** [PLAV Post 189](#)  
(203)237-7492

**Location(s):**  
**Tournament:** [Portland Golf Course West](#), 105 Gospel Ln, Portland, CT 06480  
**BBQ & Awards:**  
193 E Main St, Meriden, CT 06450

Saturday 13 June 2026



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**Wednesday 19 August 2026 8:00AM Check In [William A Soderman Annual Golf Tournament 2026](#)**

WILLIAM A.  
**SODERMAN**  
ANNUAL GOLF TOURNAMENT

*Benefitting*



**HOUSE OF HEROES CONNECTICUT**

**AUGUST 19, 2026**  
REGISTER TODAY!

AT BEAUTIFUL  
**WHEELER Family TRADITIONS**  
Golf Club

  
18 HOLES OF GOLF

  
PRIZES • RAFFLES  
FOOD • FELLOWSHIP

  
SUPPORT OUR NATION'S HEROES

HOSTED BY  
**ANNAWON LODGE NO. 115**  
AF & AM  
CONNECTICUT FREEMASONS

Contact Jerry Nero for Sponsorships and Additional Information 203.415.6443




Use QR Code to Register

**[William A Soderman Annual Golf Tournament 2026](#)**

Wednesday, August 19, 2026  
Check-in at 8:00 AM,  
Shotgun start: 9:00 AM  
Join us for the William A. Soderman Annual Golf Tournament at the beautiful Wheeler Family Traditions Golf Club, located at 37 Harrison Road, Wallingford, CT 06492.

**Benefiting:**  
[House of Heroes Connecticut](#)


Gather your friends, coworkers, and fellow golfers for a day of camaraderie, competition, and community spirit as we honor the legacy of William A. Soderman. Don't miss your chance to enjoy a fantastic day on the greens at one of Connecticut's premier courses!

**Questions:**  
Contact Jerry Nero  
203-415-6443 or email  
[jnero@neroac.com](mailto:jnero@neroac.com)


**Hosted By:**  
[Annawon Lodge 115](#)

**Location:** [Wheeler Family Traditions Golf Club](#),  
37 Harrison Rd,  
Wallingford, CT 06492

Saturday 13 June 2026



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**Wednesday 19 August 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

MEET AT:  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

**TIME:**  
 5:30 PM (GATHER & HANG OUT)  
 KICKSTANDS UP AT 6:00 PM SHARP!  
**DESTINATION: UNKNOWN!**  
 RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
 AND HEAD BACK TO THE VFW BY 8:00 PM

**SUFFIELD VFW RIDERS**

## [Wednesday Night Rides At Suffield VFW](#)

### Wednesday Nights Weather Permitting

Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

Saturday 13 June 2026



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Wednesday 19 August 2026 6:00PM

[VFW Post 3336 Summer Cornhole](#)




## summer CORNHOLE

Proceeds benefit the East Haddam/Moodus VFW Post 3336  
GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469

**Mark your calendar:**  
Every Wednesday from June 3 - late Sept  
6 pm



**Cash award for winning team**

\$20 / person

BYOB

All skill levels welcome

Contact Rebecca for more info: 860-389-7216

VFW Post 3336

## Summer Cornhole

Mark your calendar:  
Every Wednesday from June 3 - late Sept  
6 pm

**Cash award for winning team**

**\$20/person**

BYOB


All skill levels welcome

**For more info:**  
Contact Rebecca  
860-389-7216

**Hosted By:**  
[VFW Post 3336](#)  
(860) 873-8042  
& [Grandview Camping](#)  
(860) 873-3332



**Location:**  
[Grandview Camping](#)  
89 North Moodus Road  
Moodus, CT 06469

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**Wednesday 19 August 2026 Serving Starts 7:00PM**

**[VFW Post 10004 Date Night Steak Night](#)**



**POST 10004**  
263 TAYLOR HILL RD  
JEWETT CITY, CT

## Date Night STEAK NIGHT

JOIN US FOR A DELICIOUS  
EVENING OF GREAT FOOD  
AND GOOD COMPANY.

- ♥ JUNE 17TH
- ♥ JULY 22ND
- ♥ AUGUST 19TH

DINNER INCLUDES:

- RIBEYE STEAK
- BAKED POTATO
- GREEN BEANS
- GARDEN SALAD
- PASTA
- ITALIAN BREAD

**\$30**  
PER PERSON

**SERVING STARTS AT 7:00**

**RESERVATION REQUIRED**  
CALL THE POST TO RESERVE YOUR SPOT

**(860)376-5226**

**[VFW Post 10004 Date Night  
Steak Night](#)**

JUNE 17TH

JULY 22ND

AUGUST 19TH

SERVING STARTS AT 7:00

You've been asking! Bring your better half! Live Music to be announced!

JOIN US FOR A DELICIOUS EVENING OF GREAT FOOD AND GOOD COMPANY.

**DINNER INCLUDES:**

- RIBEYE STEAK
- BAKED POTATO
- GREEN BEANS
- GARDEN SALAD
- PASTA
- ITALIAN BREAD

**\$30 PER PERSON**

**RESERVATION REQUIRED**

Call (860)-376-5226 to make reservations!

**Hosted By:**

[Jewett City VFW Post 10004](#)

**Location:** 263 Taylor Hill Rd,  
Jewett City, CT 06351

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**Saturday 22 August 2026 11:30AM Doors Open**


[VFW Post 1672 BINGO](#)




**Join us for our  
Bingo Marathon Fundraiser  
VFW Post 1672**  
 11. Avery Rd., New Milford, CT.  
**When: August 22, 2026**  
 Doors open: 11am. Bingo Starts: 1pm.  
 Packages: \$40. (this includes 1-12 on, 1 set of speedies, 1 set of specials),  
 Also included is your dinner.  
  
 Come join us for a day of fun, play bingo, try to win a raffle prize, and  
 have some good food.  
  
 For information or to sign up for a reservation contact [Liz Driscoll](#)  
 (203)947-4073  
 Limited seats

**[VFW Post 1672 BINGO](#)**  
 Saturday,  
 August 22, 2026  
 Doors open: 11am.  
 Bingo Starts: 1pm.  
 Join us for our  
 Bingo Marathon  
 Fundraiser  
**Packages: \$40.**  
 (this includes 1-12 on, 1  
 set of speedies, 1 set of  
 specials), Also included is  
 your dinner.  
 Come join us for a day of  
 fun, play bingo, try to win  
 a raffle prize, and have  
 some good food.  
**For information or to  
 sign up for a reservation  
 contact Liz Driscoll**  
 (203)947-4073  
 Limited seats  
**Hosted by:**  
[VFW Post 1672](#)  
 (860) 354-7995  
**Location:** 11 Avery Rd, New  
 Milford, CT 06776

Saturday 13 June 2026



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Wednesday 26 August 2026 5:30PM

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

MEET AT:  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

**TIME:**  
 5:30 PM (GATHER & HANG OUT)  
 KICKSTANDS UP AT 6:00 PM SHARP!  
**DESTINATION: UNKNOWN!**  
 RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
 AND HEAD BACK TO THE VFW BY 8:00 PM

**SUFFIELD VFW RIDERS**

## [Wednesday Night Rides At Suffield VFW](#)

### Wednesday Nights Weather Permitting

Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922


Location: 972 Sheldon St, West Suffield, CT 06093

Saturday 13 June 2026



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**Wednesday 26 August 2026 6:00PM**


**[VFW Post 3336 Summer Cornhole](#)**

 <h2 style="text-align: center;">summer CORNHOLE</h2>  <p style="text-align: center;"><b>Proceeds benefit the East Haddam/Moodus VFW Post 3336</b> GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469</p> <p style="text-align: center; color: blue;"><b>Mark your calendar:</b> Every Wednesday from June 3 - late Sept 6 pm</p>  <p style="text-align: center; color: yellow;"><b>Cash award for winning team</b></p> <p style="text-align: center; color: white;"><b>\$20 / person</b></p> <p style="text-align: center; color: white;"><b>BYOB</b></p> <p style="text-align: center; color: white;"><b>All skill levels welcome</b></p> <p style="text-align: center; color: white;"><b>Contact Rebecca for more info: 860-389-7216</b></p>	<h2 style="color: blue; text-decoration: underline;">VFW Post 3336 Summer Cornhole</h2> <p>Mark your calendar: Every Wednesday from June 3 - late Sept 6 pm</p> <p style="background-color: yellow;"><b>Cash award for winning team</b></p> <p><b>\$20/person</b> BYOB All skill levels welcome</p> <p><b>For more info:</b> Contact Rebecca 860-389-7216</p> <p><b>Hosted By:</b> <a href="#">VFW Post 3336</a> (860) 873-8042 &amp; <a href="#">Grandview Camping</a> (860) 873-3332</p> <p><b>Location:</b> <a href="#">Grandview Camping</a> 89 North Moodus Road Moodus, CT 06469</p>
---	--

Saturday 13 June 2026



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**Saturday 29 August 2026 9:00AM - 11:00AM** [Rise and Dine Buffet Breakfast at Veterans Rally Point](#)



## [Rise and Dine Buffet Breakfast at Veterans Rally Point](#)

Come join us for an amazing breakfast which supports our programs at Veterans Rally Point!!

Last Saturday of every month.  
\$10pp and children under 5 eat free!!


**Hosted by:**  
[Veterans Rally Point](#)  
(860) 859-4148 ext. 1

**Location:**  
24 Stott Ave,  
Norwich, CT 06360


Saturday, August 29, 2026 at 9 AM – 11 AM  
**Rise and Dine Breakfast  
Buffet at Veterans Rally Point**  
Public · Event by Veterans Rally Point

**\$10 Per Person. Children under 5 Free**  
**24 Stott Ave, Norwich, CT 06360**

Saturday 13 June 2026




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**Saturday 29 August 2026 9:00AM - 6:00PM**


[10th Annual Purple Heart Poker Run](#)



Saturday, August 29, 2026 at 9 AM – 6 PM

## 10th Annual Purple Heart Poker Run

Public · Event by Guardians of the Purple Heart

 **Mike's Famous Harley-Davidson New  
London, CT**

951 Bank Street, New London, CT 06320

### [10th Annual Purple Heart Poker Run](#)

Join us for our 10th annual Purple Heart Poker Run!! That's right... 10 years we have been doing this!!!

**Registration and starting location** will be at Mike's Famous Harley Davidson in New London, CT. We will be posting our stops as we get closer to the event so make sure you're [following the event to stay informed](#).

If you no longer ride or don't and want to do the run in your car, truck, low rider, monster truck, clown car, on your scooter...by all means please join us!!

**Hosted by:**

[Guardians of the Purple Heart](#)  
[guardianspurpleheartct@gmail.com](mailto:guardianspurpleheartct@gmail.com)

**Location:** [Mike's Famous Harley Davidson](#),

951 Bank St,  
New London, CT 06320

Saturday 13 June 2026



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**Saturday 29 August 2026 10:00AM - 2:00PM** [Surfside Veterans 2nd Annual Car Show Fundraiser](#)



**Summertime Classic  
CAR SHOW**

**SURFSIDE VETERANS  
SECOND ANNUAL  
CAR SHOW FUND RAISER**

West Haven City Hall  
Community Parking Lot  
**Early Registration \$10 Per Car  
At Event \$20 Per Car**

**August 29, 2026  
10:00am - 2:00pm**

**To register contact - Joe - 475-384-2241**

**Awards - Presented at 1:00 pm  
Food Trucks / Vendors**

[Surfside Veterans 2nd Annual Car Show Fundraiser](#)

August 29, 2026

10:00am - 2:00pm

Summertime Classic  
CAR SHOW

Food Trucks / Vendors

**Early Registration**

\$10 Per Car

**Registration At Event**

\$20 Per Car

**To register contact**

Joe - 475-384-2241

**Awards -**

Presented at 1:00 pm

Hosted by:

[Surfside Veterans](#)

(203) 227-6796

**Location:** [West Haven City Hall Parking Lot,](#)

355 Main St,

West Haven, CT 06516

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**Wednesday 2 September 2026 5:30PM** [Left • Right • Center At American Legion Post 113](#)

**THE AMERICAN LEGION WILL BE HOSTING**  
**80 ESSEX ROAD, OLD SAYBROOK**  
**POST 113**  
**LEFT • RIGHT • CENTER**  
**FIRST WEDNESDAY OF EACH MONTH**  
**TIME: 5:30 PM**  
**FIRST GAME: WEDNESDAY, MARCH 4<sup>TH</sup>**


**[Left • Right • Center At American Legion Post 113](#) First Wednesday Monthly 5:30PM**

Left • Right • Center (LCR) is a fast-paced, luck-based dice game where players start with an equal number of chips and take turns rolling specially marked dice. Depending on what is rolled, players pass chips to the person on their left, right, place them in the center pot, or keep them. As the game progresses, players can quickly lose all their chips—but they're still in play as long as others have chips to pass. The game continues until one player holds the last remaining chips, winning the center pot.


**Hosted By:** [American Legion Post 113](#) (860) 388-9482

**Location:** 80 Essex Rd, Old Saybrook, CT 06475

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**Wednesday 2 September 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

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972 Sheldon St, SUFFIELD, CT

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**DESTINATION: UNKNOWN!**  
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 AND HEAD BACK TO THE VFW BY 8:00 PM

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Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

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**Wednesday 2 September 2026 6:00PM**

**[VFW Post 3336 Summer Cornhole](#)**




## summer CORNHOLE

**Proceeds benefit the East Haddam/Moodus VFW Post 3336**  
GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469

**Mark your calendar:**  
Every Wednesday from June 3 - late Sept  
6 pm



**Cash award for winning team**  
\$20 / person  
BYOB  
All skill levels welcome

**Contact Rebecca for more info: 860-389-7216**

## VFW Post 3336 Summer Cornhole

Mark your calendar:  
Every Wednesday from  
June 3 - late Sept  
6 pm

**Cash award for  
winning team**

**\$20/person**

BYOB

All skill levels welcome

**For more info:**

Contact Rebecca

860-389-7216

**Hosted By:**

[VFW Post 3336](#)

(860) 873-8042

& [Grandview Camping](#)

(860) 873-3332

**Location:**

[Grandview Camping](#)

89 North Moodus Road

Moodus, CT 06469

Saturday 13 June 2026



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Friday 4 September 2026 By Appointment [Complimentary Hair Cuts For Service Members, Veterans & Their families](#)




## COMPLIMENTARY HAIRCUTS

**FIRST FRIDAY OF  
THE MONTH**

**SIGN UP AT THE  
FRONT DESK!**

**DONATIONS WELCOME**



**HAIRCUTS BY A  
PROFESSIONAL  
STYLIST!**

**BY APPOINTMENT  
ONLY**

**CLEAN HAIR ONLY**

24 STOTT AVE. NORWICH, CT 06360

☎ 860-859-4148    ✉ [tcranfill@escrec.org](mailto:tcranfill@escrec.org)    🌐 [easterseals.com/hartford](http://easterseals.com/hartford)

[Complimentary Hair Cuts For Service Members, Veterans & Their families](#)

Beginning Friday, May 8th: Service Members, Veterans, and their families can now receive a FREE haircut on the first Friday of every month at Veterans Rally Point in Norwich, CT!

Thanks to the generous donation of services from Kristi, members can **schedule an appointment** by signing up at the front desk—call 860-859-4148 or email [tcranfill@escrec.org](mailto:tcranfill@escrec.org)—and enjoy a fresh cut in a welcoming, supportive environment.

#Veterans #EastersealsCREC #Haircuts #MilitarySupports #FreeHaircut #FreshCuts #VeteransRallyPoint

**Hosted by:** [Easterseals Veterans Rally Point](#)  
(860) 859-4148 x1

**Location:** 24 Stott Avenue, Norwich, CT 06360

Saturday 13 June 2026



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Saturday 5 September 2026 9:00AM - 11:00AM [Coffee With Veterans American Legion Auxiliary Unit 68](#)



**Coffee  
with  
Veterans**

**9 AM - 11 AM**

**1ST SATURDAY OF EACH MONTH**  
AMERICAN LEGION POST 68 HALL

**COME ENJOY FREE COFFEE, HOT BREAKFAST  
& GOOD CONVERSATIONS!**

*Feel free to bring  
**ONE** guest!*

IF YOU NEED A RIDE PLEASE CONTACT:  
**MO JORDAN**  
860-268-8969  
AMERICANLEGIONAUXPOST68@GMAIL.COM

**154 Porters Pass, Berlin CT 06037**

## [Coffee With Veterans American Legion Auxiliary Unit 68](#)

Coffee With Veterans  
9AM-11 AM  
1ST SATURDAY OF EACH  
MONTH  
COME ENJOY FREE  
COFFEE, HOT BREAKFAST  
& GOOD  
CONVERSATIONS!  
Feel free to bring ONE guest!  
**IF YOU NEED A RIDE  
PLEASE CONTACT:**

MO JORDAN  
860-268-8969  
[AMERICANLEGIONAUXPOST68@GMAIL.COM](mailto:AMERICANLEGIONAUXPOST68@GMAIL.COM)  
**Hosted by:**  
[American Legion Auxiliary Unit 68](#)  
(860) 828-9102  
**Location:**  
[AMERICAN LEGION POST 68 HALL](#)  
154 Porters Pass, Berlin CT 06037

Saturday 13 June 2026



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**Monday 7 September 2026 6:30PM - 8:00PM**
[Free Acupuncture For Active Military, Veterans & First Responders](#)




**WARRIORS FOR WARRIORS**  
 OFFERS  
 ABSOLUTELY FREE  
**ACUPUNCTURE**  
 FOR ACTIVE DUTY, VETERANS & FIRST RESPONDERS

Join us for Community Acupuncture (CAV) on the 1st and 2nd Mondays of every month,  
 6:30-9:00 PM, starting April 2026. East Lyme Community Center, Senior Center  
 (Please note: Sessions will not be held if the building is closed for a holiday.)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US) - Call: 860-739-5102

### No Hassle:

Walk in during any of the listed hours, no medical history or intake forms required. Please bring a military ID, DD-214, or other official service identification. Services are available exclusively to veterans, active-duty service members, and first responders. Priority will be given to veterans experiencing suicidal thoughts, post-traumatic stress (PTS), or other psychological wounds related to war or service.

### What Do I Need To Know?

#### Veterans, Active Duty and First Responders

David LoPriore, Sensei, L.Ac., and his expert medical team provide acupuncture treatments for all veterans, active-duty service members, and first responders. Priority care is given to those experiencing suicidal thoughts or post-traumatic stress (PTS).

#### No Charge For Service

All services for veterans, active-duty service members, and first responders are provided at no cost. These treatments are made possible through the generous support of donors from both the public and private sectors. Donations can be made online at the WFW website.

#### Professional Treatments

David LoPriore, Sensei, L.Ac., has been practicing acupuncture and Oriental medicine for more than 35 years, and is highly experienced in treating post-traumatic stress and other veterans' issues. Felicia Baker, L.Ac., has completed a 5,000-hour apprenticeship with LoPriore Sensei and holds a Masters in Acupuncture. Michelle DeChaine, RN is a retired Army Master Sergeant nurse with 35 years' experience.

### Expert Acupuncture: It Works!

Come relax and rediscover health: body & mind.

- Treatments are very relaxing, calming and offer a great feeling of well-being and resiliency.
- Effective vs. Post-Traumatic Stress, chronic pain, insomnia, and substance/addiction problems.
- Proven to provide relief with anxiety, depression, anger, hyper-vigilance, and more. Helps you re-integrate.
- Excellent vs. TBI/Headaches, back, neck and other pain, fatigue, and many functional problems.
- No need to discuss how you feel, fill out lengthy paperwork or change your clothes.

#### Get in touch

Ph : 860.739.5102 | [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

#### Find us on-line

[www.WarriorsforWarriors.US](http://www.WarriorsforWarriors.US)

### [Free Acupuncture For Active Military, Veterans & First Responders](#)

1st and 2nd Mondays of every month  
6:30 PM – 9:00 PM

Free Acupuncture for Veterans, Active Duty & First Responders

Expert medical treatments provided at no cost to honor those who serve.

Prioritizing those facing PTS, suicidal thoughts, or psychological wounds. No intake forms, no medical history, and no need to discuss your service. Expert Care for Body & Mind

Led by David LoPriore, Sensei, L.Ac. (35+ years experience), along with Felicia Baker, L.Ac., and Michelle DeChaine, RN (Retired Army MSG).

#### Proven effective for:

- PTS, Anxiety, Depression, and Hyper-vigilance
- Chronic Pain, TBI, Headaches, and Insomnia
- Re-integration and overall resiliency

**Requirements:** Walk-ins welcome. Please bring Military ID, DD-214, or official service ID.

#### Contact & Support

Call: 860-739-5102

Email: [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US)

**Note:** Sessions are canceled if the building is closed for holidays.


#### Hosted by:

[Warriors For Warriors](#)  
(860) 739-5102

#### Location:

[East Lyme Community Center \(Senior Center\)](#), 37 Society Road, Niantic, CT 06357

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**Wednesday 9 September 2026 5:30PM**

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

MEET AT:  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

**TIME:**  
 5:30 PM (GATHER & HANG OUT)  
 KICKSTANDS UP AT 6:00 PM SHARP!  
**DESTINATION: UNKNOWN!**  
 RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
 AND HEAD BACK TO THE VFW BY 8:00 PM

**SUFFIELD VFW RIDERS**

## [Wednesday Night Rides At Suffield VFW](#)

### Wednesday Nights Weather Permitting

Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

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**Wednesday 9 September 2026 6:00PM**

**[VFW Post 3336 Summer Cornhole](#)**



## summer CORNHOLE



Proceeds benefit the East Haddam/Moodus VFW Post 3336  
GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469

Mark your calendar:

Every Wednesday from June 3 - late Sept

6 pm

Cash award for winning  
team

\$20 / person

BYOB

All skill levels welcome



Contact Rebecca for more info: 860-389-7216

**VFW Post 3336**

**Summer  
Cornhole**

Mark your calendar:  
Every Wednesday from  
June 3 - late Sept  
6 pm

Cash award for  
winning team

**\$20/person**  
BYOB  
All skill levels welcome

**For more info:**  
Contact Rebecca  
860-389-7216

**Hosted By:**  
[VFW Post 3336](#)  
(860) 873-8042  
& [Grandview Camping](#)  
(860) 873-3332

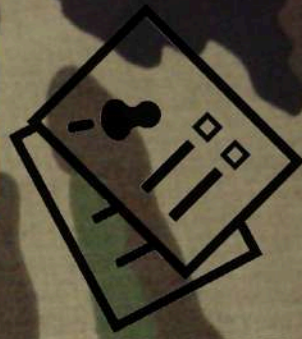
**Location:**  
[Grandview Camping](#)  
89 North Moodus Road  
Moodus, CT 06469

Saturday 13 June 2026



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**Monday 14 September 2026 6:30PM - 8:00PM**
[Free Acupuncture For Active Military, Veterans & First Responders](#)




**WARRIORS FOR WARRIORS  
OFFERS  
ABSOLUTELY FREE**

## ACUPUNCTURE

**FOR ACTIVE DUTY, VETERANS & FIRST RESPONDERS**

Join us for Community Acupuncture (CAV) on the 1st and 2nd Mondays of every month,  
6:30-9:00 PM, starting April 2026. East Lyme Community Center, Senior Center  
(Please note: Sessions will not be held if the building is closed for a holiday.)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US) - Call: 860-739-5102

### No Hassle:

Walk in during any of the listed hours, no medical history or intake forms required. Please bring a military ID, DD-214, or other official service identification. Services are available exclusively to veterans, active-duty service members, and first responders. Priority will be given to veterans experiencing suicidal thoughts, post-traumatic stress (PTS), or other psychological wounds related to war or service.

### What Do I Need To Know?

#### Veterans, Active Duty and First Responders

David LoPriore, Sensei, L.Ac., and his expert medical team provide acupuncture treatments for all veterans, active-duty service members, and first responders. Priority care is given to those experiencing suicidal thoughts or post-traumatic stress (PTS).

#### No Charge For Service

All services for veterans, active-duty service members, and first responders are provided at no cost. These treatments are made possible through the generous support of donors from both the public and private sectors. Donations can be made online at the WFW website.

#### Professional Treatments

David LoPriore, Sensei, L.Ac., has been practicing acupuncture and Oriental medicine for more than 35 years, and is highly experienced in treating post-traumatic stress and other veterans' issues. Felicia Baker, L.Ac., has completed a 5,000-hour apprenticeship with LoPriore Sensei and holds a Masters in Acupuncture. Michelle DeChaine, RN is a retired Army Master Sergeant nurse with 35 years' experience.

### Expert Acupuncture: It Works!

Come relax and rediscover health: body & mind.

- Treatments are very relaxing, calming and offer a great feeling of well-being and resiliency.
- Effective vs. Post-Traumatic Stress, chronic pain, insomnia, and substance/addiction problems.
- Proven to provide relief with anxiety, depression, anger, hyper-vigilance, and more. Helps you re-integrate.
- Excellent vs. TBI/Headaches, back, neck and other pain, fatigue, and many functional problems.
- No need to discuss how you feel, fill out lengthy paperwork or change your clothes.

#### Get in touch

Ph : 860.739.5102 | [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

#### Find us on-line

[www.WarriorsforWarriors.US](http://www.WarriorsforWarriors.US)

### [Free Acupuncture For Active Military, Veterans & First Responders](#)

1st and 2nd Mondays of every month  
6:30 PM – 9:00 PM

Free Acupuncture for Veterans, Active Duty & First Responders

Expert medical treatments provided at no cost to honor those who serve.

Prioritizing those facing PTS, suicidal thoughts, or psychological wounds. No intake forms, no medical history, and no need to discuss your service. Expert Care for Body & Mind

Led by David LoPriore, Sensei, L.Ac. (35+ years experience), along with Felicia Baker, L.Ac., and Michelle DeChaine, RN (Retired Army MSG).

#### Proven effective for:

- PTS, Anxiety, Depression, and Hyper-vigilance
- Chronic Pain, TBI, Headaches, and Insomnia
- Re-integration and overall resiliency

**Requirements:** Walk-ins welcome. Please bring Military ID, DD-214, or official service ID.

#### Contact & Support

Call: 860-739-5102

Email: [WFWCAV@gmail.com](mailto:WFWCAV@gmail.com)

Online: [WarriorsForWarriors.US](http://WarriorsForWarriors.US)

**Note:** Sessions are canceled if the building is closed for holidays.

#### Hosted by:

[Warriors For Warriors](#)

(860) 739-5102


#### Location:

[East Lyme Community Center](#)


[\(Senior Center\)](#), 37 Society

Road, Niantic, CT 06357

Saturday 13 June 2026



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Wednesday 16 September 2026 5:30PM

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**

## WEDNESDAY NIGHT RIDES.

(WEATHER PERMITTING)

MEET AT:  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

TIME:  
5:30 PM (GATHER & HANG OUT)  
KICKSTANDS UP AT 6:00 PM SHARP!  
**DESTINATION: UNKNOWN!**  
RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
AND HEAD BACK TO THE VFW BY 8:00 PM

**SUFFIELD VFW RIDERS**

## [Wednesday Night Rides At Suffield VFW](#)

### Wednesday Nights Weather Permitting

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Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

Saturday 13 June 2026



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**Wednesday 16 September 2026 6:00PM**

**[VFW Post 3336 Summer Cornhole](#)**

## summer CORNHOLE

**Proceeds benefit the East Haddam/Moodus VFW Post 3336**  
GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469

**Mark your calendar:**  
Every Wednesday from June 3 - late Sept  
6 pm



**Cash award for winning team**  
\$20 / person  
BYOB  
All skill levels welcome

**Contact Rebecca for more info: 860-389-7216**

## [VFW Post 3336](#) [Summer](#) [Cornhole](#)

Mark your calendar:  
Every Wednesday from  
June 3 - late Sept  
6 pm

**Cash award for  
winning team**

**\$20/person**

BYOB

All skill levels welcome

**For more info:**

Contact Rebecca

860-389-7216

**Hosted By:**

[VFW Post 3336](#)

(860) 873-8042

& [Grandview Camping](#)

(860) 873-3332

**Location:**

[Grandview Camping](#)

89 North Moodus Road

Moodus, CT 06469

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**Saturday 19 September 2026 4:30AM Check-In**

[14th Annual Hike to Remember](#)



**Hike To Remember**  
**Not To be Forgotten**

**HIKE XIV**

9.19.26

.....  
**CALLING ALL RESERVE, GUARD, ACTIVE DUTY, AND VETERANS**  
.....

**WHERE:** 980 CHESTNUT HILL RD.  
S. GLASTONBURY, CT 06073

**WHEN:** SEPTEMBER 19, 2026  
CHECK-IN 0430 | STEP OFF 0530

**\$50 ENTRY || DONATIONS WELCOME**

All active military and veterans are invited to sign up for the 22k.  
Hikers must have served in one of the branches of the U.S. Armed Forces.

**TO REGISTER VISIT:**  
**MCLDET40.ORG**



[14th Annual Hike to Remember](#)

Saturday, September 19, 2026  
Check-In 4:30 AM step-off 5:30AM  
(9:50 AM community viewing at the town fountain, 11:45 AM finish line welcome)


Join the Marine Corps League Peter P. Monaco Jr. Detachment 40 for a 22-kilometer hike dedicated to building support networks, inspiring camaraderie, and combating Veteran suicide. Veterans and current service members of all branches are invited to hike. Friends, family, and community supporters are matching that energy at the viewing points and the finish line. This year's goal is to register 250 hikers and raise \$30,000 to provide vital resources for service members and their families in times of need. Overflow parking is available at Hopewell School.

**Contact:**  
[peterpmonacojr@gmail.com](mailto:peterpmonacojr@gmail.com)  
or **Register online at**  
[hiketorememberx.itsyourrace.com](http://hiketorememberx.itsyourrace.com)

**Hosted by:** [Marine Corps League Peter P. Monaco Jr. Detachment 40](#)

**Location:** [Veterans Hall of Glastonbury](#),  
980 Chestnut Hill Rd, South Glastonbury, CT 06073  
(Community viewing at the Glastonbury Center Fountain, intersection of Hebron Ave and Main St)

Saturday 13 June 2026



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**Monday 21 September 2026 9:00AM** [Greens For Good 2026 Charity Golf Event](#)



## GREENS for GOOD 2026

Lake of Isles Golf Club

*Join Us*

### SEPTEMBER 21, 2026

**LAKE OF ISLES**

1 CLUBHOUSE DRIVE | NORTH STONINGTON, CT

*Scramble Format*

*On-Course Raffles*

*Online & Live Auction!*

For More Information:  
[FortunatoConstruction.com/GreensForGood](http://FortunatoConstruction.com/GreensForGood)

PROCEEDS TO BENEFIT



**WORK VESSELS FOR VETS**  
EQUIPPING VETERAN ENTERPRISES

**\$58,000**

RAISED IN

2025!

**Greens For Good 2026 Charity Golf Event**

Registration is now open for our annual Greens for Good Charity Golf Event and Auction! Join us on Monday, September 21, 2026 at Lake of Isles for a great day golf, networking, and giving back – all in support of an incredible cause. **All proceeds from the event will benefit [Work Vessels for Veterans, Inc.](#)**


**"Equipping Veteran Entrepreneurs"**- an organization dedicated to providing veterans with the tools and equipment they need to build careers and regain independence. We were truly astounded by the support from so many generous attendees and sponsors last year, and we're excited to make this year's event even more impactful!

**Register** Visit [www.fortunatoconstruction.com/greensforgood](http://www.fortunatoconstruction.com/greensforgood) to secure your foursome, explore sponsorship opportunities, or make a donation. We can't wait to see you on the course!

**Hosted by:** [Fortunato Construction](#)

**Location:** [Lake of Isles](#)  
1 Clubhouse Drive  
North Stonington,  
Connecticut, 06359

Saturday 13 June 2026



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Wednesday 23 September 2026 5:30PM

[Wednesday Night Rides At Suffield VFW](#)



**ATTENTION BIKERS!**  
**WEDNESDAY NIGHT RIDES.**  
(WEATHER PERMITTING)

MEET AT:  
**SUFFIELD VFW POST 9544**  
972 Sheldon St, SUFFIELD, CT

TIME:  
5:30 PM (GATHER & HANG OUT)  
KICKSTANDS UP AT 6:00 PM SHARP!  
**DESTINATION: UNKNOWN!**  
RIDE FOR AN HOUR  
**STOP FOR A COLD ONE**  
AND HEAD BACK TO THE VFW BY 8:00 PM

## [Wednesday Night Rides At Suffield VFW](#)

### Wednesday Nights Weather Permitting

Break up your week with a nice ride with friends. Destination Unknown. WEATHER PERMITTING) MEET AT: SUFFIELD VFW POST 9544. TIME: 5:30 PM (GATHER & HANG OUT) KICKSTANDS UP AT 6:00 PM SHARP! DESTINATION: UNKNOWN! RIDE FOR AN HOUR. STOP FOR A COLD ONE AND HEAD BACK TO THE VFW BY 8:00 PM

Hosted by: [Suffield VFW Post 9544](#) (860) 668-4922

Location: 972 Sheldon St, West Suffield, CT 06093

Saturday 13 June 2026



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**Wednesday 23 September 2026 6:00PM**

**[VFW Post 3336 Summer Cornhole](#)**

 <h2 style="text-align: center;">summer CORNHOLE</h2>  <p style="text-align: center;"><b>Proceeds benefit the East Haddam/Moodus VFW Post 3336</b> GrandView Camping, 89 N Moodus Rd, Moodus, CT 06469</p> <p style="text-align: center;"><b>Mark your calendar:</b> Every Wednesday from June 3 - late Sept 6 pm</p> <p style="text-align: center;"><b>Cash award for winning team</b></p> <p style="text-align: center;"><b>\$20 / person</b></p> <p style="text-align: center;"><b>BYOB</b></p> <p style="text-align: center;"><b>All skill levels welcome</b></p> <p style="text-align: center;"><b>Contact Rebecca for more info: 860-389-7216</b></p>	<h2 style="text-align: center;"><u><a href="#">VFW Post 3336</a></u> <u>Summer</u> <u>Cornhole</u></h2> <p>Mark your calendar: Every Wednesday from June 3 - late Sept 6 pm</p> <p style="background-color: yellow;"><b>Cash award for winning team</b></p> <p><b>\$20/person</b> BYOB All skill levels welcome</p> <p><b>For more info:</b> Contact Rebecca 860-389-7216</p> <p><b>Hosted By:</b> <a href="#">VFW Post 3336</a> (860) 873-8042 &amp; <a href="#">Grandview Camping</a> (860) 873-3332</p> <p><b>Location:</b> <a href="#">Grandview Camping</a> 89 North Moodus Road Moodus, CT 06469</p>
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Saturday 13 June 2026



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**Friday 25 September 2026 6:30PM Doors Open [Mystery Train A Jerry Garcia Band Project](#)**



## [Mystery Train A Jerry Garcia Band Project](#)

Friday  
September 25, 2026  
6:30 PM Doors Open  
7PM Show

### **Featuring**

[Mystery Train Band](#)

### **Tickets**

\$10 Advance  
\$15 At The Door  
A Elliptical Production

### **Sponsored By:**

[Westport VFW Post 399](#)

(203) 227-6796

### **Location:**

465 Riverside Ave,  
Westport, CT 06880

Saturday 13 June 2026

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**Saturday 26 September 2026 10:00AM Doors Open**      [22nd Annual Connecticut Fallen Heroes Memorial Tribute](#)

  
 HONOR • REMEMBER • RESPECT  
 FALLEN HEROES

★★★ **22<sup>nd</sup>** ★★★  
**CONNECTICUT**  
**FALLEN HEROES**  
 — MEMORIAL TRIBUTE —

**SATURDAY SEPTEMBER 26, 2026**  
 43 CANDEE ROAD, PROSPECT, CONNECTICUT - HOLIDAY HILL  
*Free and open to the public. Doors open at 10 a.m.*

 ★ U.S. ARMY SGT Jack Zarifian 19 - Bridgeport, CT	 ★ U.S. ARMY SP4 Wayne S. Guenther Jr. 22 - Southington, CT	 ★ U.S. ARMY SGT Thomas Daniel Tighe 21 - Milford, CT
--	---	---

— LIVES REMEMBERED ARE NEVER LOST —  
 ☎ 203.218.2367    ✉ [mmastroni@ctfallenheroes.org](mailto:mmastroni@ctfallenheroes.org)    📘 CTFallenHeroes

THANK YOU TO OUR SPONSORS  




The Connecticut Fallen Heroes Foundation is a 100% volunteer organization  
 dedicated to always remembering those who made the ultimate sacrifice in service to our country.

[22nd Annual Connecticut Fallen Heroes Memorial Tribute](#)

Mark Your Calendars!  
 Saturday, September 26th, 2026  
 Doors open at 10 a.m.

**Free and open to the public.**

- ★ U.S. ARMY  
SGT Jack Zarifian 19  
Bridgeport, CT
  - ★ U.S. ARMY  
SP4 Wayne S. Guenther Jr. 22  
Southington, CT
  - ★ U.S. ARMY  
SGT Thomas Daniel Tighe 21  
Milford, CT
- LIVES REMEMBERED ARE NEVER LOST

**THANK YOU TO OUR SPONSORS**

- [Pat Destito](#)
- [ALLTOWN fresh.](#)
- [SHELTON EXCHANGE CLUB](#)
- #ctfallenheroes #CTFallen #fallenheroes #CTHeroes
- #fallenheroestribute #holidayhill #prospectct
- #Connecticut

**Hosted by:**


[Connecticut Fallen Heroes Foundation](#)  
[mmastroni@ctfallenheroes.org](mailto:mmastroni@ctfallenheroes.org)

(203) 218-2367

The Connecticut Fallen Heroes Foundation is a 100% volunteer organization dedicated to always remembering those who made the ultimate sacrifice in service to our country.

**Location:** [HOLIDAY HILL](#),  
 43 Candee Rd, Prospect, CT 06712

Saturday 13 June 2026



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**Monday 28 September 2026 8:00AM Registration**

[V.E.T.S. 2026 GOLF CLASSIC](#)



**DONATE TO SUPPORT V.E.T.S.**  
Help us reach our event goal of \$100,000 to support our programs

**REGISTER NOW**

Register today and reserve your spot in the tournament.

**BECOME A SPONSOR**

Looking to sponsor this tournament? Click Here!

**WELCOME TO THE V.E.T.S.  
2026 GOLF CLASSIC**

Join us for a day of camaraderie, competition, and community!

**[V.E.T.S. 2026 GOLF CLASSIC](#)**

Monday,  
September 28, 2026  
8:00AM Registration

WELCOME TO THE V.E.T.S. 2026 GOLF CLASSIC  
Veterans Equine Therapeutic Services is proud to announce the 3rd Annual V.E.T.S. Golf Classic on Monday, September 28, 2026 at Foxwoods Lake of Isles Golf Course.


Join us for a day on the green in support of our mission to serve veterans through equine therapy. Your participation helps provide healing, connection, and hope to those who have served.

[Register Here](#)  
<https://www.vetsctgolf.org/>


**Hosted by:**  
[V.E.T.S. Veterans Equine Therapeutic Services](#)  
(860) 235-7872

**Location:** [Lake of Isles](#)  
1 Clubhouse Drive  
North Stonington,  
Connecticut, 06359  
Phone: 8884753746  
<https://www.lakeofisles.com/>

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Wednesday 30 September 2026 5:30PM

[Wednesday Night Rides At Suffield VFW](#)



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(WEATHER PERMITTING)

MEET AT:  
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**SUFFIELD VFW RIDERS**

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**For more info:**

Contact Rebecca

860-389-7216

**Hosted By:**

[VFW Post 3336](#)

(860) 873-8042

& [Grandview Camping](#)

(860) 873-3332

**Location:**

[Grandview Camping](#)

89 North Moodus Road

Moodus, CT 06469

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Friday 2 October 2026 By Appointment

[Complimentary Hair Cuts For Service Members, Veterans & Their families](#)




## COMPLIMENTARY HAIRCUTS

**FIRST FRIDAY OF THE MONTH**

**SIGN UP AT THE FRONT DESK!**

**DONATIONS WELCOME**



**HAIRCUTS BY A PROFESSIONAL STYLIST!**

**BY APPOINTMENT ONLY**

**CLEAN HAIR ONLY**

24 STOTT AVE. NORWICH, CT 06360

☎ 860-859-4148    ✉ [tcranfill@escrec.org](mailto:tcranfill@escrec.org)    🌐 [easterseals.com/hartford](http://easterseals.com/hartford)

[Complimentary Hair Cuts For Service Members, Veterans & Their families](#)

Beginning Friday, May 8th: Service Members, Veterans, and their families can now receive a FREE haircut on the first Friday of every month at Veterans Rally Point in Norwich, CT!

Thanks to the generous donation of services from Kristi, members can **schedule an appointment** by signing up at the front desk—call 860-859-4148 or email [tcranfill@escrec.org](mailto:tcranfill@escrec.org)—and enjoy a fresh cut in a welcoming, supportive environment.

#Veterans #EastersealsCREC #Haircuts #MilitarySupports #FreeHaircut #FreshCuts #VeteransRallyPoint

**Hosted by:** [Easterseals Veterans Rally Point](#)  
(860) 859-4148 x1

**Location:** 24 Stott Avenue, Norwich, CT 06360

Saturday 13 June 2026

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Saturday 3 October 2026 6:00PM Doors Open [SAL Squadron 196 Comedy Fundraiser Event 2026](#)





**Grab your tickets before they're gone!**

**CROWD FUNDING**

**RAFFLE PRIZES**

**SAL SQUADRON 196**  
*and Connecticut Comedy For Cash*  
**presents A Night of Comedy**  
**at American Legion East Shore Post 196**  
**25 Merwin Ave, Milford, CT**  
**Saturday, October 3rd**  
**6PM - Doors | 7PM - Comedy Show**  
**\$30 Tickets - Cash Bar - BYOF (bring your own food)**  
**For tickets or additional info contact:**  
**SAL SQUADRON 196**  
**203-874-9822 Email: [info@milfordctvets.org](mailto:info@milfordctvets.org)**  
**or Michael Merola 203-385-2484**  
**[merolamichael@sbcglobal.net](mailto:merolamichael@sbcglobal.net)**

**ConnComedy.Com**  
*For the BEST in Comedy Night Fundraising*



**[SAL Squadron 196 Comedy Fundraiser Event 2026](#)**

Saturday, October 3rd  
6PM - Doors | 7PM - Comedy Show  
GIVE LAUGH

Grab your tickets before they're gone!

- RAFFLE PRIZES
- CROWD FUNDING

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- Cash Bar -
- BYOF (bring your own food)

**\$30 Tickets**

**For tickets or additional info contact:**

SAL SQUADRON 196  
203-874-9822 Email: [info@milfordctvets.org](mailto:info@milfordctvets.org)  
or Michael Merola 203-385-2484  
[merolamichael@sbcglobal.net](mailto:merolamichael@sbcglobal.net)

**Presented By:**  
[SAL Squadron 196](#)  
(203) 874-9822  
& [Comedy For Cash](#)  
[ConnComedy.Com](http://ConnComedy.Com)

For the BEST in Comedy Night Fundraising

**Location:** 25 Merwin Ave, Milford, CT 06460

Saturday 13 June 2026



# Connecticut Veterans Bulletin

Information By Veterans For Veterans  
Bringing Veterans Together



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**Saturday 17 October 2026 8:00AM Check In**

[Irreverent Warriors Silkies Hike 2026](#)



**[Irreverent Warriors Silkies Hike 2026](#)**

SILKIES HIKEs ARE FOR VETERANS, ACTIVE DUTY, NATIONAL GUARD AND RESERVISTS ONLY:

Looking for a day filled with humor, camaraderie, and military-grade banter? Look no further! Irreverent Warriors Silkies Hikes are where you'll meet your next BFF (seriously, LOL). This is not your typical hike—it's a roughly 22-kilometer urban adventure packed with fun games, social stops every hour or so, and a tribe of veterans who know how to blend humor with healing.

Whether you're here to reconnect, laugh, or just wear short shorts (because Silkies, duh), this hike is for YOU.

**Registration:**  
<https://irreverentwarriors.donordrive.com/Connecticut26>

**Contact:** [Eric Schess](mailto:eric.schess@irreverentwarriors.com)  
[norwich@irreverentwarriors.com](mailto:norwich@irreverentwarriors.com)

**Hosted by:** [Irreverent Warriors Connecticut](#) (860) 384-5626

**Location:** [Mohegan Sun Winter Lot](#), Uncasville, CT 06382

Saturday 13 June 2026

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**Saturday 17 October 2026 8:30AM**

[Tunnel to Towers 5k Run/Walk Event 2026](#)

**Tunnel to Towers Foundation**  
T2T.ORG

Saturday, October 17th, 2026  
Never Forget Ceremony: 8:30AM  
Race Start Time: 9:00AM  
Port 5 National Association of Naval Veterans -  
69 Brewster Street, Bridgeport, CT 06605


## [Tunnel to Towers 5k Run/Walk Event 2026](#)

Saturday, October 17th, 2026 Never Forget Ceremony: 8:30AM. Race Start Time: 9:00AM  
 Our 2026 Tunnel to Towers 5k Run/Walk Event is now online! Sign up now to take advantage of lower pricing for early sign up! <https://runwalkbridgeport.t2t.org/>


**Presented by:** [Tunnel to Towers Foundation](#)

**Location:** [Port 5 National Association of Naval Veterans](#) 69 Brewster Street, Bridgeport, CT 06605

Saturday 13 June 2026



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Friday 6 November 2026 By Appointment [Complimentary Hair Cuts For Service Members, Veterans & Their families](#)





## COMPLIMENTARY HAIRCUTS

**FIRST FRIDAY OF  
THE MONTH**

**SIGN UP AT THE  
FRONT DESK!**

**DONATIONS WELCOME**



**HAIRCUTS BY A  
PROFESSIONAL  
STYLIST!**

**BY APPOINTMENT  
ONLY**

**CLEAN HAIR ONLY**

24 STOTT AVE. NORWICH, CT 06360

☎ 860-859-4148    ✉ [tcranfill@escrec.org](mailto:tcranfill@escrec.org)    🌐 [easterseals.com/hartford](http://easterseals.com/hartford)

[Complimentary Hair Cuts For Service Members, Veterans & Their families](#)

Beginning Friday, May 8th: Service Members, Veterans, and their families can now receive a FREE haircut on the first Friday of every month at Veterans Rally Point in Norwich, CT!

Thanks to the generous donation of services from Kristi, members can **schedule an appointment** by signing up at the front desk—call 860-859-4148 or email [tcranfill@escrec.org](mailto:tcranfill@escrec.org)—and enjoy a fresh cut in a welcoming, supportive environment.

#Veterans #EastersealsCREC #Haircuts #MilitarySupports #FreeHaircut #FreshCuts #VeteransRallyPoint

**Hosted by:** [Easterseals Veterans Rally Point](#)  
(860) 859-4148 x1

**Location:** 24 Stott Avenue, Norwich, CT 06360

Saturday 13 June 2026



# Connecticut Veterans Bulletin

Information By Veterans For Veterans  
Bringing Veterans Together



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Friday 4 December 2026 By Appointment [Complimentary Hair Cuts For Service Members, Veterans & Their families](#)




## COMPLIMENTARY HAIRCUTS

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**Location:** 24 Stott Avenue, Norwich, CT 06360



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## Post Your Military/Veteran Related Event In CVB'S Connecticut Veterans Calendar Publication.

# Posting Guidance

### CONNECTICUT VETERANS BULLETIN,

Requests for postings are not guaranteed to make the next edition and must meet minimum requirements for inclusion.

1. Requests must be received no later than Monday 5:00PM, preceding the next edition, in order to be eligible for publication in the next edition. Requests received after 5:00PM Monday will be included in the following week's edition.
2. Post Requests can be made by clicking the [Submit-Your-Listing](#) link.
  - All Posting requests **MUST INCLUDE**;
    - The Date and time of the event
    - The title of the event
    - The coordinator's name or Coordinating organization name
    - Contact information
    - Event details
    - \*Individual, organization or program benefiting by the donation proceeds
      - (*\*mandatory if donations are solicited. Not required otherwise*)
    - A promotional Image. (You may request a CVB generated image)
  - Optional inclusions;
    - Links to a website, Facebook page/group, event link, ticket link, more information.